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Announcements

Annual Reports Are Due May 17!

It's time for preparation and submission of your Ministry Team / Affiliate Group / Committee reports for our 2023 - 2024 Annual Report. Click here for your report instructions and template. Refer to our 2023 Annual Report here, submit your reports no later than Friday, May 17 to Rose Riedel at rose@firstuusandiego.org.

D4\$ Bidding Begins Sunday, May 5!

D4\$ 2024 Summer/Fall Auction is here and it's time to bid! The auction commences Sunday, May 5th in person following service at Hillcrest and will continue through May 19. Here's the link to our <u>D4\$ webpage</u>. If you remember your bidding number from past auctions, it's the same one! You can register and review the catalog at our <u>Auction website</u>. Please make sure you're registered! We appreciate your participation in this important fundraiser and church community-building project. If you have any questions, email <u>Dave Hunt</u> or <u>Robie Evans</u>.

Welcoming Our New Membership & Social Justice Coordinator!

We are excited to welcome Valeria Aguilar as our new Membership & Social Justice Coordinator.

Valeria will begin in this full-time role with the church on Tuesday, May 14.

Read more about Valeria in the full version of the Window.

Lay-Led Summer Services in July and August - Need Leaders

Over the summer months, your ministers will be taking time off, and there is an opportunity for members and friends of First UU to lead worship services. This is your chance to share that which makes you come alive! Please let Rev. Justine or Rev. Kristen know if you are interested in participating in a summer worship service.

Delegates Needed!

We would like eight more delegates for General Assembly - ZOOM only, June 20-23. First UU is offering full reimbursement of fees to delegates. Fill out the application form at: https://bit.ly/FUUDelegates.

Register for All Church Camp

Join us for All Church Camp at de Benneville Pines May 31 — June 2! For more information and to register, visit: www.firstuusandiego.org/all-church-camp.html.

What's Happening?

The Racialized Identities Awareness Book Group

May 3, Friday, 6:30 pm — 8 pm, Room 323. *Hotel on the Corner of Bitter and Sweet* by Jamie Ford will be discussed. Please come and join us, and contact Louise Titlow if you're interested.

Hillcrest In-Person Social Hour

Sundays, following worship, Hillcrest Patio.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

Animal Ministry

May 5, first Sundays, 11:45 am, Peace Garden. Come and join us as we continue to develop our Animal Memorial Garden, which will be a place for us all to remember and honor our beloved animal friends.

Board Chat

May 5, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

May 5, first Sundays, 2 pm - 4 pm, Common Room. This is a fun chance to sing, we are not a choir.

Open Heart Sangha

Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. Contact Marge, margewur@gmail.com for information.

Women's Choir

May 6, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women. No experience required.

Neighborhood Groups without Borders

May 8, second Wednesdays, 11 am - 1 pm, 4349 Adams Ave, 92116. Susan Riegel-Harding invites you to a brown bag lunch at her home. Text RSVP to 619-987-6234 to reserve one of 14 spaces each month.

Chalice Choir

May 8, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest musical ensemble. All God's critters got a place in the choir - come and take yours! No prior singing experience is required.

Our Grief Journeys

May 9, second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss. For information contact karenthurst@gmail.com.

Book Club

May 9, Thursday, 6 pm, Zoom. Our next two books: *Curious Incident of the dog in the Nighttime* by Mark Hadon, scheduled for 5/9, *Their Eyes Were Watching God* by Zora Hurston for 6/13. minastaylor@gmail.com.

Memory Matters Gathering

May 10, second and fourth Fridays, 10 am — 11:30 am, online. Email hybertsen@att.net for the link.

Women Together Meeting

May 11, second Saturdays, 12 pm — 2 pm, Common Room. Join us to share joys, concerns, and friendship. For more information contact Claudia at obata.claudia@gmail.com.

Dances of Universal Peace

May 11, second Saturdays, 4 pm − 6 pm, Bard Hall.

Kirtan Chanting

May 11, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

Rainbow Action Group's Koffee Klatch

My 12, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Cosmos

May 12, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact James Long.

What Would Happen if President Biden Declared a National Emergency for the Climate?

May 12, Sunday, 3:30 pm, https://bit.ly/ERClimate. The Biden administration recently announced that declaration of a National Climate Emergency is being considered. Climate activist Jon Findley will present the case for declaring a National Climate Emergency, and the implications of such a declaration.

Coping With Chronic Conditions Support Group

May 13, 2nd and 4th Mondays, 1:30 pm, bit.ly/CopingCCGroup.

Caregivers/Allies Support Group

May 13, 2nd Mondays, and 4th Tuesdays, 4 pm — 5:30 pm, online. For information contact Les Vivian.

Philippine Partner Church

May 18, Saturday, 10 am, Bard Hall and https://bit.ly/UUSeniors. Church members Liz Jones and Rich Zemlin will share their experiences visiting our partner church and review our current projects with the church.

Waking from the Dream of Zionism

May 19, Sunday, 11:30 am, Common Room. Please join the Palestine-Israel Justice Team of First UU for a talk by Rabbi Alexis Pearce, Spiritual Services Director for Wesley Palms retirement community and former Rabbi of Congregation Dor Hadash. Pizza will be provided. Questions? Email us at pi.justice.team@gmail.com.

Spiritual Agnostics Film Study and Discussion Group

May 19, Sunday, 11:30, Room 323. The film will be: "Journey Into Buddhism; Vajara Sky Over Tibet" from The Acclaimed Yatra Trilogy of John Bush.

Board Meeting

May 21, Tuesday, 6:30 pm, online. Open to congregants. Link in the website member area.

Front Street Productions Presents!

May 25, Saturday, 7:30 pm, Meeting House. Front Street Productions presents "Chiméra Ensemble" orchestra concert. You will hear well known classics along with music by Latin American composers. You must register to attend this open-seating show through Eventbrite. For information contact Robie Evans.

Men's Fellowship 4th Monday Meeting & Potluck

May 27, Monday, 6 pm, Common Room. Newcomers are welcome and they only need to bring an appetite.

Please contact Les Vivian, lesvivian@gmail.com, with questions.

South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for worship every Sunday at 10 am.

Sunday Morning Volunteer Sign-up at South Bay

We are signing up Sunday morning volunteers at South Bay for roles like serving as a greeter, providing social hour, getting trained as a worship associate, or learning how to be a technology volunteer. Sign up HERE

South Bay Singers Rehearsals

May 5 & May 12, Sundays, after service, 11:45 am, South Bay Campus. Do you love to sing? Join the South Bay Singers for upcoming rehearsals led by Tomás Acosta. All are welcome!

South Bay Leadership Meeting

May 15, Wednesday, 6:30 pm — 8 pm, on zoom https://zoom.us/j/7434659479. Join us to reflect on our next steps together as a community. Some topics include our location search, summer worship services, volunteer sign-up for Sunday morning, and outreach events for the summer & fall.

South Bay Wisdom Circle

May 19, Sunday, after service, 11:30 am — 1 pm, South Bay Worship space. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. For more information: swamini@firstuusandiego.org.

Summer Spiritual Workshops at South Bay

Over the summer (July & August), we will be offering Spiritual Workshops on Sunday mornings at South Bay during our regular worship time. Do you have a spiritual practice that you would like to share with others?

Contact Rev. Kristen to learn more or sign up: kristen@firstuusandiego.org.

Family & Lifespan

Sunday Religious Education

On May 5th we'll have our usual three groups during the Sunday Service: PreK - 1st; 2nd - 5th; and Jr & Sr High.

Parents' Lounge

Sunday, May 5, after Service, Room 323. Gather for community, conversation and support with other parents.

Youth and Young Adults

are going to Mesa Rim for indoor rock climbing on May 8th. Contact lara@forstuusandiego.org to join.

Burrito Project

May 23, Thursday, 5 pm — 8 pm starting in the Common Room. Join the Young Adults to make and distribute burritos to those experiencing food insecurity. Email lara@forstuusandiego.org for info and to join.

Youth Book Club

May 26, Sunday, after service, 11 am — 1:30 pm, Room 114A. For our next youth book club meeting we'll be discussing "One of Us is Lying." For info and to participate email lara@firstuusandiego.org.

Burrito Project

Join the Young Adults to make and distribute burritos to those experiencing food insecurity on the last Thursday of the month at 5 pm in the Common Room. Email lara@forstuusandiego.org for info and to join.

Social Justice

Climate Action: Reduce Plastic Waste

A new study has shown that 50% of the branded plastic found in rivers, the ocean, and on land comes from just 56 companies. The top polluters are Coca-Cola, Pepsi, Nestle, Danone, and Altria. Pressure on these companies has the potential to significantly reduce plastic waste. Learn more HERE.

Our Larger Faith

Diverse Revolutionary Unitarian Universalist Multicultural Ministries

invites you to our Spring Retreat "Echoes of Belonging: Home, Connection, and Spiritual Sustenance" - A Bay Area DRUUMM gathering for BIPOC Unitarian Universalists. RSVP: https://bit.ly/baydruumm

South Bay Food Pantry

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? The South Bay Food Pantry wants to help! Feel free to let a minister or staff person know, or leave a voicemail: (619) 271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact us <a href="mailto:footput:contact-us-footput:contac

Shopping Idea: Buy Two, Donate One

Most of what food banks provide doesn't help if you don't have a stove or a fridge. Our "no-cook" bags are stocked with easy-open pop-top soups and stews, protein bars and drinks, tuna, and peanut butter that come from you. Hillcrest has a bin as you enter the Meeting House or leave at South Bay.

Want a Pantry Job That's Only Two Hours a Month?

Sign up to distribute diapers at South Bay one Sunday morning a month. You'll work with an experienced team to provide these essential baby supplies to needy families. Contact Rhea Kuhlman, rheakuhlman2@gmail.com

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.