

Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- 1. The inherent worth and dignity of every person;
- 2. Justice, equity, and compassion in human relations;
- 3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
- 4. A free and responsible search for truth and meaning;
- 5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
- 6. The goal of world community with peace, liberty, and justice for all;
- 7. Respect for the interdependent web of all existence of which we are a part;
- 8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

March's Monthly Worship Theme: Transformation

Hillcrest Campus Location 4190 Front Street San Diego, CA 92103 619-298-9978

Hillcrest Services 10 am Sundays

March 3 "The Gifts of Transformation"

Rev. Kristen Kuriga, Assistant Minister.

March 10 "Risking Transformation"

Rev. Justine Sullivan, Lead Minister

March Generosity Offering UU Justice Ministry of California

Throughout the month of March our offering is being received in support of the UU Justice Ministry of California (UUJMCA). Their mission is to advance justice in our state by cultivating and connecting leaders and communities, and by empowering the public voice of those who share UU values and principles. In April, UUJMCA will be partnering with Casa de Luz and UU Refugee and Immigrant Services and Education (UURISE) to offer a border pilgrimage and home build. Our offering will go towards the supplies needed to build a home for a family in Tijuana. You can learn more about the pilgrimage *HERE*. You can donate at church or on our *website*, under gift designation select "Generosity."

South Bay Campus Location 970 Broadway, Suite 104 Chula Vista, CA 91911 619-271-5017

South Bay Services 10 am Sundays

March 3 "Comfortable in Your Shell"

Swamini Adityananda Saraswati, Intern Minister

March 10 "The Gifts of Transformation"

Rev. Kristen Kuriga, Assistant Minister

Journey Toward Wholeness (JTW) What Can I Do? "The often misunderstood legacy of the Black Panther Party"

In the 1960s civil rights movement, some concluded that non-violence and the focus on integration had failed — their cry was "Black Power" rather than "We Shall Overcome." One of the most prominent of these groups was the Black Panther Party, and it was also one of the most misunderstood and vilified by the white establishment. Watch this excellent ten-minute clip from the PBS Newshour at:

PBS NewsHour | The often misunderstood legacy of the Black Panther Party | Season 2024 | KPBS

What's Happening?

It's time to get together!

Registration is open for our Pacific Western Regional Assembly this April 19th and 20th! Attend either in person, at First Universalist in Denver, or remotely. We are planning a family friendly event and children are welcome. This is a great chance to connect with our larger faith and connect with new and old friends.

Stay up to date on all the PWR RA Plans *HERE*.

2-20-24 Board Meeting Review and Digest

- Heard the update about progress on the South Bay Property acquisition
- Approved Radical Welcoming Program coming to First UU!
- Our Sustainable Future Rev. Justine will be forming the core team to begin this work.

Our Church Library

An effort to reorganize and revitalize our church library is beginning to take shape. There is a lot that needs to be done. If you can help out, your assistance will be greatly appreciated. To learn more, send an email to <u>Jim Davis</u> or a text message to (573) 619-2126..

GA 2024 Coming Right Up — June 20-23

UUA General Assembly will be all virtual this year and Article II will be the hot topic for consideration (among other issues). We are asking for members to fill 10 delegate slots for First UU.

If you only want to attend business sessions, you are asked just for a donation to defray GA expenses. If you want to attend all sessions and programming, you must pay full registration fee. Full online registration includes access to the business sessions and on-demand programming including featured speakers, and major workshops. If you register before March 15, the fee is \$280. Between March 15 — May 15, \$315 and after May 15, \$400. It pays to register early! More information at www.uua.org/qa/registration

Only delegates can vote on business items. To be a delegate from First UU (with either registration), our church must provide credentials to you. An application form with requirements is available on the church website or please contact <code>johnschaibly@gmail.com</code>. Church reimbursement will not be available this year for GA expenses.

We're Hiring!

We're hiring for a fulltime Membership and Social Justice Coordinator. Here is a *link* to the position description and how to apply. Please share with your networks or anyone you think might be interested in applying. Questions? Contact Rev. Kristen Kuriga, *kristen@firstuusandiego.org*, 619-398-4435.

How to Call Into a Zoom Meeting

Call into a Zoom by phone at 1-669-900-6833.

Seeking Board of Trustees Candidates

Please consider becoming a candidate for a Board of Trustees position that begins in July. Four church members, including one with a financial background, are being sought for Trustee-at-Large positions to work with five incumbent Board members. The Board provides congregational oversight and direction as per our policy governance guidelines. Informational forums about the Trustee positions are coming soon. Email nomcom@firstuusandiego.org or call 858-449-0431.

First UU Hosts Interfaith Homeless Shelter March 10-24

This winter/spring our congregation will again host the Interfaith Shelter at our congregation. We will provide shelter for up to 12 guests and breakfast, lunch and dinner for two weeks, from March 10-24. During this time, the common room and room 113 on the Hillcrest Campus will be our guests' home.

Volunteers provide potluck evening meals, serve as greeters, overnight hosts, and can help with a variety of small projects, including: washing bedding, organizing laundry, shopping for food and supplies, and set-up and clean-up of the shelter. We also need daytime volunteers for shifts on weekend days.

Check out our **frequently asked questions sheet**.

For more information or to sign up, contact Alex Bates-Lamparella, Shelter Project Coordinator:

SJET@firstuusandiego.org

Laura Ball: earlyworm@sbcglobal.net, 619-548-3231

Transforming Conflict Learning Series

What's your relationship with conflict? As a congregation, we want to learn how to engage with conflict in loving and covenantal ways. Join us for a learning series on the book *Transforming Conflict: The Blessings of Congregational Turmoil* by Terasa Cooley. Copies of the book are available at church or you can purchase a copy here: https://a.co/d/e0INIEv

We explored chapters one & two at our first session during the Fifth Tuesday Board Meeting in January. With over 30 members attending, we agreed we want to continue this work together. Mark your calendar and join us for the below zoom sessions where we will read, reflect, and practice new skills. You are welcome to join us even if you couldn't make the first session. Before each session, please read the chapters and bring a quote with you to share. Each session will be on zoom and will be co-facilitated by Rev. Justine Sullivan and Rev. Kristen Kuriga: https://zoom.us/j/7434659479

- Session 2: Chapters 3-4, 2/27, 6:30 pm 8 pm
- Session 3: Chapters 5-6, 3/12, 6:30 pm 8 pm
- Session 4: Chapters 7-8, 3/26, 6:30 pm 8 pm
 - Session 5: Chapters 9-10, 4/9, 6:30 pm 8 pm

Contact **Rose** to add your group's info to the Window!

What's Happening?

Celebrate the Coming of Spring with a Dip

of Ice Cream, that is. The youth and Friends of de Benneville Pines will be holding the March Ice Cream Social in Bard Hall after the service Sunday, March 3. Help send a youth to camp this summer. Cash only.

JTW & Racialized Identities Awareness Book Group

March 1, Friday, 6:30 pm — 8 pm, Room 323. Susan Straight's novel *Mecca* will be discussed prior to her Author Talk on Saturday, March 16 at 7:30 pm at First UU. All are welcome to join the Racialized Identities Book Group discussion. If interested contact *Louise Titlow*.

Hillcrest In-Person Social Hour

March 3, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

march 3, Sundays, 11 am, *bit.ly/FirstUUSocialHour*, Meeting ID 824 042 297. Password: FUUSD.

Board Chat

March 3, Sunday, 12:30 pm, bit.ly/FirstUUBoardChat.

Hillcrest Song Circle

March 3, first Sundays, 2 pm — 4 pm, Room 323. As always, bring your guitar/and or voice. This is a fun chance to sing—we are not a choir. For information contact wombated@gmail.com or cmack5913@gmail.com.

First UU SD presents A Celebration of Song

March 3, Sunday, 4 pm, Meeting House. Join us as our church's musical ensembles share music to uplift and inspire. The concert will feature Las Campanas Handbell Ensemble, the South Bay Singers, the JUUL Tones, the Women's Choir, and the Chalice Choir. Refreshments will be served at intermission; concluding before 6 pm.

Open Heart Sangha

March 3, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, <u>margewur@gmail.com</u>.

Women's Choir

March 4, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women who create community through joyful, spirit-filled singing. No experience required.

Chalice Choir

March 6, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest musical ensemble.

Memory Matters Gathering

March 8, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email hybertsen@att.net for the link.

Register for All Church Camp

Join us for All Church Camp at de Benneville Pines May 31 — June 2! For more information and to register, visit: www.firstuusandiego.org/all-church-camp.html.

Women Together Meeting

March 9, second Saturdays, 12 pm — 2 pm, Bard Hall. Come visit old friends, meet new friends, and experience sharing with a caring group of women. New members welcome. This month we'll contribute a dinner for the Interfaith Shelter on March 21. Several volunteers have already signed up. Contact <u>obata.claudia@gmail.com</u>.

Dances of Universal Peace

March 9, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

March 9, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

Rainbow Action Group's Koffee Klatch

March 10, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Cosmos

March 10, second Sundays, 1 pm - 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact *James Long*.

Coping With Chronic Conditions Support Group March 11, 2nd and 4th Mondays, 1:30 pm — 3 pm, zoom. Contact *Chris Smith* prior to attending 619-300-7477.

BIPOC Centered Environmental Equity

March 11, Sunday, 3:30 pm, <u>bit.ly/1stUUClimateJustice</u>. Two local BIPOC-centered groups will discuss their current programs aimed at achieving environmental justice. Eddie Price, CEO of the <u>Urban Sustainability Coalition</u> and Sister Marie Muhammad, COO of <u>I Am Green</u> will join the Climate Justice Team to explain how we can be allies in this important work.

Caregivers/Allies Support Group

March 11, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact *Les Vivian*.

Neighborhood Group without Borders

March 13, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch. Chat, play games, plant succulents, whatever we feel like doing. Coffee, water, and beverages will be provided. Text RSVP to 619-987-6234.

Our Grief Journeys

March 14, second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller and *Karen Thurston*.

What's Happening?

Book Club

March 14, second Thursdays, 6 pm, Zoom. We will be discussing *Lincoln in the Bardo* by George Saunders, on April 11 we will discuss *Mecca* by Susan Straight. Contact *Minastaylor@gmail.com* for info.

Finance Committee Meeting

March 14, Thursday, 6:30 pm, link in the members area of the *website*. Non-committee members do not take part in discussions or have a vote.

Adult RE: Governance

March 15, Friday, 6:30 pm — 9 pm, Zoom. DLFF, Tony Bianca, will explore the policies, practices and procedures that form the governance structure of our congregation. This event is free and open to the public but registration is required to receive the Zoom link for the evening. To register, visit: *form.iotform.com/221945094745160*

Estate Planning Documents

March 16, Saturday, 10 am, Bard Hall and https://bit.ly/UUSeniors. Richard Scott Stewart, Esq., a local attorney specializing in elder law, will lead a discussion on wills, trusts, and other legal documents for estate planning. Hosted by UU Seniors.

Spiritual Agnostics Film Study & Discussion Group

March 17, Sunday, 11:30 am, Room 323. We will be watching "Our Brand Is Crisis," starring Sandra Bullock, Billy Bob Thornton, and Joaquim de Alameda (about U.S. Corp. G.C.S.'s involvement in the 2002 Bolivian Presidential Election).

Board Meeting

March 19, third Tuesdays, 6:30 pm, Bard Hall & online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the *website*.

Men's Fellowship 4th Monday Meeting

March 25, Monday, 6 pm, Common Room. Reconnect with old friends, meet new ones and to learn what we do. (We welcome men who identify as straight, gay or transgender.)

South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

South Bay Wisdom Circle

March 10, Sunday, 11:30 am, South Bay Worship Hall. Join us for inspiring conversations and fellowship. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. The South Bay Wisdom Circle will be facilitated by our Intern Minister, Swamini Adityananda Saraswati. For more information: swamini@firstuusandiego.org.

Family & Lifespan

Sunday RE

This Sunday, March 3, we'll offer our usual three Sunday RE Groups for children and youth: PreK - 1st; 2nd - 5th, and Jr & Sr High School during the 10 am service.

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm. Room 114b was impacted by the recent rainstorm. If you are interested in attending young adult group contact Young Adult Coordinator, *Lara Anderson* for guidance on temporary meeting locations.

Register for All Church Camp

We hope you can join us for All Church Camp at de Benneville Pines May 31 — June 2! For more information and to register, visit:

https://www.firstuusandiego.org/all-church-camp.html

Social Justice

Climate Action: Get Rooftop Solar Growing Again Bowing to lobbying by for-profit utilities, the CPUC gutted California's net metering rules in 2023, resulting in less affordable rooftop solar. Now rooftop solar starts are down over 77% and 17,000 solar jobs have been lost. State legislators are pushing back with a suite of bills which would get rooftop solar growing again. Learn more and ask your state legislators to support these bills *HERE*.

UU Justice Ministry of California Border Pilgrimage

"Building Homes, Creating Community" House Build Project. April 4 — 7, 2024. In partnership with Casas de Luz & UU Refugee & Immigrant Services and Education (UURISE), we are excited to offer an in-person immersion experience for UUs and UU-aligned individuals interested in engaging with the realities of immigration at the California border. We will be staying at Casa Hogar La Gloria, a local orphanage, where we will be provided dinner and breakfast each day. From Casa Hogar La Gloria, we will make our way back and forth from the home build site and Border Church at Friendship Park. Registration is free but please don't hesitate to make a financial contribution if you can. Youth and Adults are welcome to attend the Pilgrimage (Youth will need a chaperone during the Pilgrimage). To learn more: uujmca.org/building-homes-creating-community/



South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact **foodpantry@firstuusandiego.org** or 619-271-5017.

Food Pantry Needs Your Grocery Bags!

The pantry can use the plastic grocery bags you're collecting! And we always need easy-open no-cook food, hygiene items, and adult incontinence supplies. Drop off in Hillcrest on Sunday morning in the Meeting House.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with **foodpantry@firstuusandiego.org**.

Week at a Glance Calendar

Friday, March 1, 2024

JTW & Racialized Identities Awareness Book Group

March 1, Friday, 6:30 pm — 8 pm, Room 323. Susan Straight's novel *Mecca* will be discussed prior to her Author Talk on Saturday, March 16 at 7:30 pm at First UU. All are welcome to join the Racialized Identities Book Group discussion. If interested contact *Louise Titlow*.

Saturday, March 2, 2024

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. *foodpantry@firstuusandiego.org*.

Sunday, March 3, 2024

Worship Service & Livestream

In person or online at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Celebrate the Coming of Spring with a Dip

of Ice Cream, that is. The youth and Friends of de Benneville Pines will be holding the March Ice Cream Social in Bard Hall after the service Sunday, March 3. Help send a youth to camp this summer. Cash only.

Virtual Social Hour

Sundays, 11 am, *bit.ly/FirstUUSocialHour*, Meeting ID 824 042 297. Password: FUUSD.

Board Chat

March 3, first Sundays, 12:30 pm, *bit.ly/FirstUUBoardChat*, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

March 3, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. <u>Wombated@gmail.com</u> or <u>cmack5913@gmail.com</u>.

First UU SD presents A Celebration of Song

March 3, Sunday, 4 pm, Meeting House. Join us as our church's musical ensembles share music to uplift and inspire. Refreshments will be served at intermission.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. *margewur@qmail.com*.

Monday, March 4, 2024

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, March 5, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm. Contact *Lara* for location info.

Wednesday, March 6, 2024

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, March 7, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. *foodpantry@firstuusandiego.org*.

Upcoming Events

Memory Matters Gathering

March 8, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email hybertsen@att.net for the link.

Women Together Meeting

March 9, second Saturdays, 12 pm — 2 pm, Bard Hall, (not the Common Room). Contact Claudia *obata.claudia@gmail.com*.

Dances of Universal Peace

March 9, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

March 9, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Rainbow Action Group's Koffee Klatch

March 10, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

Cosmos

March 10, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact <u>James Long</u> for information.

Coping With Chronic Conditions Support Group

March 11, Mondays (second & fourth), 1:30 pm — 3 pm, Zoom. Contact Chris Smith at 619-300-7477 or *email*.



Front Street Productions Community Concert Series

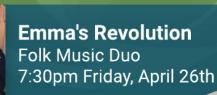
Tamara Haskin Acclaimed Soprano 7:30pm Saturday, February 24th Spring/ Summer 2024

Susan Straight Author Talk & Book Signing 7:30pm Saturday, March 16th

Onsite book THE BOOK CATAPULT

Free concerts and events in our acousticallyoptimized auditorium

Enjoy incredible music in a familyfriendly setting.





Legendary Folk Singer/Songwriter With Tammy Hall and Jan Martinelli 5pm Sunday, June 16th





First Unitarian Universalist Church of San Diego 298 W Arbor Street, San Diego, CA 92103 (619) 298-9978

Funded by the Outreach and Growth Fund

Free parking in our lot



Register for your FREE seats at FrontStreetProductions.org

POSTMASTER: Please send address changes to The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego 4190 Front Street, San Diego, CA 92103-2098 Phone: 619-298-9978, Fax: 619-298-9997 E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*Rev. Kristen Kuriga, *Assistant Minister*Swamini Adityananda Saraswati, *Intern Minister*Rev. Lone Broussard, *Affiliate Minister*Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, Music Director Andrea Spiero, JUUL Tones Ensemble Director Tony Bianca, Handbell Program Director Tomás Acosta, Collaborative Pianist

Staff:

Robie Evans, Director of Operations
Tony Bianca, Director of Lifespan Faith Formation
Rose Littler-Riedel, Communications Coordinator & Chaplain Intern
Lara Anderson, Youth and Young Adult Coordinator
Jazmine Ramanathan, Administrative Assistant
Kate Collier, Program Assistant
Corina Macias, South Bay Ministry Assistant
Pam Bates, Scheduler
Alex Bates-Lamparella, Shelter Project Coordinator
Ray Evans, Facilities Manager
Connie Hayes, Controller / Bookkeeper
Mark Epler, Event Coordinator

Board of Trustees

Everardo Aguilar, **President**Valerie Jaques, **Vice President**Sue Marberry, **Treasurer**Karen Lamphere, **Secretary**Leland Beck, Rosalba Ciampi,
Steve Howard, and Gay Hybertsen **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org Scheduling of Church Property: schedule@firstuusandiego.org The Window (newsletter): window@firstuusandiego.org First Church Web Site: website@firstuusandiego.org http://www.firstuusandiego.org (Main site) http://www.firstuusandiego.org/uus-of-the-south-bay

(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego 4190 Front Street, San Diego, California 92103 619-298-9978 • mail@firstuusandiego.org www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay 970 Broadway, Suite 101 & 104, Chula Vista, California, 91911 619-271-5017 • uusouthbay@firstuusandiego.org www.firstuusandiego.org/uus-of-the-south-bay Campus Hours: Sunday for Service or By Arrangement