

MIDLIFE CROSSROADS: LIBERATION FROM OUR GENDER ROLES THROUGH DREAMS & STORIES .



Save the Dates! Friday, February 24 & Saturday, February 25, 2012.

The [UU Men's Fellowship](#) will sponsor a series of talks by Allan Chinen, author of *Beyond the Hero: Classic Stories of Men in Search of Soul, Waking the World: The Heroic Feminine*, and *Once Upon a Midlife*

On Friday, February 24, 2012 at 7 PM -- an introductory session and

On Saturday, February 25 - Dr. Chinen will also guide an all-day** program about ***Liberation from our Gender Roles through Dreams and Stories***

Friday night \$15/Saturday \$50

Earlybird Registration closes 2/1/12 - \$50 (\$10/40) total

Check the [UUMF page](#)* on the First UU Website for updates!

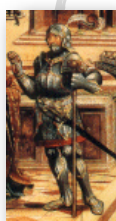
Join us for one or both....more info at UUMF table

or contact

Michael Dorfi at mdorfi@cox.net



HEALING



BEYOND BETRAYAL



FOOL



VITALITY



TAKING & GIVING



Allan B. Chinen, M.D. is Clinical Professor of Psychiatry at the University of California, San Francisco, in private practice in San Francisco, and an author of numerous [books](#). He has lectured extensively and presented numerous workshops on the role of myths, fairy tales and legends on our life stories--the scripts we live out.

* - UUMF page - <http://www.firstuusandiego.org/mens-fellowship>

** - Lunch on Saturday is included!



MIDLIFE CROSSROADS: LIBERATION FROM OUR GENDER ROLES THROUGH DREAMS & STORIES .

Join the UUMF for our inaugural **UUMF Program Enrichment Fund** * lecture series - an evening of stories that illuminate male and female roles, then question, evaluate and perhaps liberate us from gender stereotypes. We've invited noted Professor of Psychiatry Allan B Chinen of the University of California, San Francisco to lead us in this exploration. He has championed the Jungian notion of how myths and stories, many with deep enduring appeal, can teach us and shape the view of ourselves and our relationships. Through Allen's lively storytelling, we will explore and question why these stories traveled through the ages and how they have served us, and how they hinder and confuse us. Whether this is your first event exploring these notions, or whether you've spent time pondering these ideas, we hope you'll find this a stimulating, thought provoking and emotionally engaging dialog.

There will be two sessions: A Friday night introductory lecture from 7 - 9:30pm, and continue the discussion on Saturday from 9 am -3 pm, in workshops and small groups, exploring and questioning our individual responses. The UUMF tradition uses chanting, drumming and small group sharing to help us through this process. The session is open to all men and women who seek a deeper understanding of the stories that shape our lives, in hopes that the stories and myths will liberate our souls and fulfill our dreams.

FROM DR. CHENIN'S [WEBSITE](#)

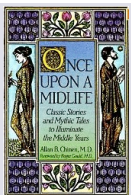
MIDLIFE is not a matter of age, but a stage of life. It is a time when the stories that inspired our youth—our dreams of finding true love, fame or fortune—come to a close. That finish may be triumphant, like making one's first million dollars. Or it might arrive with failure and crisis—a painful divorce, being “downsized” at work, struggling with a dreadful illness. More often, the youthful dreams end quietly, with an ordinary marriage, rather than ecstatic romance; or being promoted at work—but without \$1 million in stock options.

When our youthful stories run out, what do we do next? This is the proverbial midlife passage—after old hopes, dreams and scripts have faded away, but before new ones have arisen.

MYTHS—and folkstories in general—are the genes of human culture, and like DNA in chromosomes, contain highly compressed information essential to human life. Folktales function in this way because they are passed from person to person, century to century, culture to culture. In a process akin to natural selection, only stories with deep, enduring appeal reach us. These survivors have stood the test of time. They are the heirlooms of the human family, preserved because they are the most precious.

Experience is better than explication, so I present a middle tale, specifically addressing **men's & women's** issues at midlife. I break up the story into episodes, with questions and comments in between—the questions will help you apply the insights to your life.

<http://www.thestoryteller.net>



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* - **UUMF Enrichment Fund** - The UUMF Men's Group has been generously endowed by past members to expand its role as a San Diego mens' resource - our mission is to support men in the quest for lives of compassion, integrity, responsibility, and balance.

