

## Announcements

**Rev. Kathleen Owens is leading worship at Hillcrest today.**

**Rev. Tania Márquez is on vacation.**

**Stevie Carmody is attending worship at Hillcrest today.**

### **La Posada Potluck**

Saturday, December 22, 5 pm — 7 pm, South Bay Campus. In the Mexican and Mexican-American Christmas traditions, La Posada remembers the journey of Mary & Joseph, and the refuge and hospitality they found along the way. We'll share a worshipful potluck meal, celebrating themes of hospitality and arrival. Bring your favorite seasonal dish!

### **Chi Gung at South Bay with Lolly Brown**

Thursdays, 9 am, South Bay. Incense Chi Gung is easy to learn and can be practiced by people of any age or condition, in standing, sitting, or prone positions. The exercise uses breath, movement, postures, and meditation techniques.

### **Gift cards**

Gift cards will be on sale every week during December. Get your holiday gifts and stocking stuffers for family, friends, teachers, or for yourself. If we don't have what you want, chances are we can order it for you from several hundred vendors! Each week the names of all those who spend at least \$100 will be entered into a drawing for a bonus \$10 card. Gift cards will be coming to South Bay!

### **South Bay All-Church Art Participation Event!**

Sunday January 6, 10:30 am — 1 pm, South Bay Campus rear parking area. Create your "River of Life" brick, which will become a permanent part of the footpath in our Hillcrest Memorial Garden. Work directly with artist Jerry Thiebolt. This is a multigenerational event – create as a family, as a church group or committee. All materials necessary to create your brick are supplied. Make your "stamp" for future generations to enjoy!

### **Chula Vista Folksong Circle Meet-up**

January 13, (second Sundays), 6 pm — 8:30 pm, South Bay. Bring your acoustic instrument and/or your voice. We have song books and use the folksong books, Rise Up Singing and Rise Again. You may teach or perform a song, or request one from our songbooks. For more information call Mikail Collins 619-621-0996 or Connie Mack 619-857-6744. You may also visit Chula Vista Folksong Circle on the Meet-up website and sign up.

# Welcome / Bienvenida-o First Unitarian Universalist Church of San Diego

Worshipping in Hillcrest at 9:30 and 11:30 am  
and in the South Bay at 9:30 am for Bilingual Services



Sunday Multigenerational Worship Service

**“The Hope of Kindness”  
“La esperanza de la bondad”**

Rev. Ian W. Riddell, *Minister of Music and Worship Arts*

Sunday, December 16, 2018 at 9:30 am



**First Unitarian Universalist Church of San Diego**

Hillcrest: 4190 Front St. San Diego, CA 92103

South Bay: 970 Broadway Chula Vista, CA 91911

619-298-9978

Visit [www.firstuusandiego.org](http://www.firstuusandiego.org) for more information

*Create community, nurture spiritual growth, heal the world.*

*Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

“Meanwhile, we practice endless kindness in all things, not as an example for others, but as a healing balm to our own brokenness.”

“Mientras tanto, practicamos la bondad infinita en todas las cosas, no como un ejemplo para los demás, sino como un bálsamo sanador para nuestro propio quebrantamiento.”

— Rosemary Bray McNatt

## **Gathering Bell / Llamado a congregación**

### **Gathering Music / Música de inicio**

“Come, Sing a Song with Me” — *Carolyn McDade*

~ Alex Mack & Rebeka Piccolo, *songleaders*

~ Lorelei Garner, *pianist*

## **Welcome and Announcements / Bienvenida y anuncios**

### **Opening Song**

# 1008 “When Our Heart is in a Holy Place”

### **Opening Words**

— Rev. Ian W. Riddell, *Minister of Music and Worship Arts*

— Julie Schauble-Nguyen, *Worship Associate*

## **Church Hymn / Himno de la iglesia**

### **Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz**

## **Welcome Your Neighbor / Darse la bienvenida**

### **Story for All Ages**

### **Affirmation / Afirmación**

### **Generosity Offering / Ofrenda**

### **Offering Music / Música Ofrenda**

#1031 “May I Be Filled With Loving Kindness”

## **Meditation**

### **Meditation Music**

#21 “Ven, Espíritu de Amor”

### **Message**

“The Hope of Kindness / La esperanza de la bondad”

— Rev. Ian W. Riddell, *Minister of Music and Worship Arts*

### **Closing Song**

#1057 “Go Lifted Up”

## **Extinguishing the Chalice and Blessing / Benedicción**

### **Postlude / Postludio**

“Nothing More” — *Alternate Routes*

### **Reflection Question**

How will you prepare yourself to give kindness to the world?

¿Cómo te prepararás para dar bondad al mundo?

\*\*Assistive listening devices are available at the back of the worship space for people who need assistance with hearing as well as interpretation services.