

Rev. Kathleen Owens is leading service at Hillcrest today.

Rev. Ian W. Riddell is participating in service at Hillcrest today.

Clases de Meditación de Insight San Diego en South Bay

Insight San Diego ofrecerá un curso de meditación en español a partir del 7 de febrero y durante cinco semanas continuas. En South Bay de 7:30 pm—9:00 pm. Para más información, [contactar a Carrie Tamburo](#).

Creative Activity

Sunday, February 25, after service, South Bay. Let's come together after worship on Sunday to make some crafts in the social hall. We'll make and decorate bookmarks to keep, exchange with each other, or give as gifts. All ages welcome!

South Bay Neighborhood Group

March 4, after service, South Bay. Everyone is invited to attend this potluck gathering. The South Bay Neighborhood group is a great way to build community. Save the date for our upcoming gatherings, and stay tuned for more details. Upcoming gatherings: May 6, July 1, September 2, and November 4.

Big Questions

Big Questions: Theological Explorations in Community. Thursday, March 8, 6:30 pm, South Bay. February's question to discuss is "Is violence or the threat of violence ever appropriate to promote political/social change?"

Chula Vista Folksong Circle Meet-up

March 11 (2nd Sundays) 6 to 8:30 pm, South Bay, 970 Broadway, CV. Bring your acoustic instrument, and/or voices. We use folksong book, *Rise Up Singing*, for an informal, fun evening. Contact Mikail Collins at 619-621-0996, or Connie Mack.

South Bay Wisdom Circle

We meet on the third Wednesday of every month from 6:15 pm—8:15 pm in the Social Hall. [Email Intern Minister Sadie Lansdale](#) if interested.

Chi Gung at South Bay with Lolly Brown

Thursdays at 9 am, South Bay. Incense Chi Gung is easy to learn and can be practiced by people of any age or condition, in standing, sitting, or prone positions. The exercise uses breath, movement, postures, and meditation techniques.



First Unitarian Universalist Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103

South Bay: 970 Broadway Chula Vista, CA 91911

619-298-9978

Visit www.firstuusandiego.org for more information

Welcome / Bienvenida-o

First Unitarian Universalist Church

of San Diego

Worshipping in Hillcrest at 9:30 and 11:30 am
and in the South Bay at 9:30 am for Bilingual Services



Sunday Multigenerational Worship Service

“What’s in a Cup of Coffee?”

“¿Qué hay en una taza de café?”

Rev. Tania Márquez, *Assistant Minister*

Sunday, February 25, 2018 at 9:30 am

*Create community, nurture spiritual growth, heal the world.
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

“Only as far as I seek can I go, Only as deep as I look can I see...”

“Solo tan lejos como busque puedo ir, solo tan profundo
como busque puedo ver.”

~ Karen Raun

Gathering Bell / Llamado a congregación

Gathering Music / Música de inicio

“I Walk the Unfrequented Road”

Music: John Wyeth's Repository of Sacred Music, Part II, 1813

Words: Frederick Lucian Hosmer

Rebeka Piccolo, *songleader*

Lorelei Garner, *pianist/vocalist*

Aaron Irwin, *percussionist*

Welcome and Announcements / Bienvenida y anuncios

Opening Song / Canto inicial

1000 Morning Has Come

Opening Words / Palabras de inicio

Church Hymn / Himno de la iglesia

Church Aspiration and Kindling of the Chalice / Aspiraciones de la iglesia y encendido del cáliz

Welcome Your Neighbor / Darse la bienvenida

Time for All Ages

Affirmation / Afirmación

Generosity Offering / Ofrenda

Music / Música

34 “Libertad”

Meditation

Meditation Song / Canto de meditación

24 “Tengo sed de ti”

Message

“What’s in a Cup of Coffee?”

“¿Qué hay en una taza de café?”

Rev. Tania Márquez, *Assistant Minister*

Closing Song/ Canto de cierre

“My Life Flows On in Endless Song”

Blessing and Extinguishing the Chalice / Benedicción y apagar del cáliz

Postlude / Postludio

Reflection / Reflexión

How will you look for the connections beyond the surface?

¿Cómo buscarás las conexiones más allá de la superficie?

**Assistive listening devices are available at the back of the worship space for people who need assistance with hearing as well as interpretation services.