

2014 Sermon and Class Links

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[Final Coffee Conversations: Evil, Hitler, and Our First Principle, Rev Dr Arvid Straube, Apr 9 2014 class](#)
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[We All Need a Little Help, Adam Dyer, Intern Minister, September 7 sermon](#)

[One Truth, Many Names: The Intersection of Hinduism and UUism, Rev Kathleen Owens, September 14 sermon](#)

[The Great End in Religious Instruction, Rev Kathleen Owens, September 21 sermon \(Honoring Liz Jones, DRE\)](#)

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[Living in Chaos, Rev Kathleen Owens, October 5 sermon](#)

Christianity's Rise, Pt I – Pre-Paul, Rev Kathleen Owens, Jan 2 2014 class

- Video excerpts <http://vimeo.com/83553955>
- Handout <http://bit.ly/1dPpHdV>
- Daily Life in Ancient Rome: The People and the City at the Height of the Empire, Jerome Carcopino <http://amzn.to/1koUlul>
- The Jewish Annotated New Testament; Amy-Jill Levine and Marc Avi Brettler, editors, <http://amzn.to/1bOztbs>
- The Birth of Christianity: Discovering What Happened in the Years Immediately After the Execution of Jesus, John Dominic Crossan <http://amzn.to/1geoXPd>
- World Religions Today; John Esposito, Darrell Fasching and Todd Lewis, editors <http://amzn.to/KB9sXw>

Generosity: A Full Heart and Open Hands, Rev Dr Arvid Straube, Jan 5 2014 sermon

- Video <http://vimeo.com/83630421>
- Centering Thought and Order of Service <http://bit.ly/1cO84Xh>

Coffee Conversations: Maps of The Soul, Pt I – The Hero's Journey, Rev Dr Arvid Straube, Jan 8 class

- Video excerpts <http://vimeo.com/83824401>
- Jung, Archetypes and Collective Conscience <http://www.butler-bowdon.com/carl-jung-archetypes-collective-unconscious>
- Explore the world of archetypes (which are you?) <https://www.archetypes.com/archepedia>
- 12 Common Archetypes http://www.soulcraft.co/essays/the_12_common_archetypes.html
- Man and His Symbols, Carl Jung
 - Amazon <http://amzn.to/1IJQyM1>
 - Audio, Pt I <http://www.youtube.com/watch?v=wAOs0UVbBZc>
 - Audio, Pt II <http://www.youtube.com/watch?v=vRTCnKkv7jU>
 - About (Psychology Today) <http://www.psychologytoday.com/blog/hide-and-see/201204/jung-the-man-and-his-symbols>
- The Shadow, Carl Jung <http://www.uky.edu/~aubel2/eng104/dreams/pdf/jung-shadow.pdf>
- Joseph Campbell and Bill Moyers, The Power of Myth (excerpts and trailers) <http://billmoyers.com/spotlight/download-joseph-campbell-and-the-power-of-myth-audio/>
- The Stages of the Hero's Journey http://members.tripod.com/~ma_belle69/stages.html
- A Hero with a Thousand Faces, Joseph Campbell <http://www.amazon.com/Thousand-Faces-Collected-Joseph-Campbell/dp/1577315936>
- A Hero's Journey, Joseph Campbell <http://amzn.to/1fk7KHF>
- Hero's Journey Study Guide (pdf) <http://www.alemany.org/ourpages/auto/2008/5/15/1210884934476/The%20Hero.pdf>
- Apotheosis http://www.apocprod.com/Pages/Hero/Hero_Diagram_Pages/apotheosis.htm
- Sacred Marriage http://www.apocprod.com/Pages/Hero/Hero_Diagram_Pages/sacred_marriage.htm
- Father Atonement http://www.apocprod.com/Pages/Hero/Hero_Diagram_Pages/father_atonement.htm
- The Trickster in African American Literature <http://nationalhumanitiescenter.org/tserve/freedom/1865-1917/essays/trickster.htm>

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- Myth and Ritual in Christianity, Alan Watts (amazon) <http://www.amazon.com/Myth-Ritual-Christianity-Alan-Watts/dp/0807013757>

Christianity's Rise, Pt II – Roman Empire, Rev Kathleen Owens, Jan 9 2014 class

- Video excerpts <http://vimeo.com/83974563>
- Handout <http://bit.ly/1dl4bE1>
- Daily Life in Ancient Rome: The People and the City at the Height of the Empire, Jerome Carcopino <http://amzn.to/1koUlul>
- The Jewish Annotated New Testament; Amy-Jill Levine and Marc Avi Brettler, editors, <http://amzn.to/1bOztbs>
- The Birth of Christianity: Discovering What Happened in the Years Immediately After the Execution of Jesus, John Dominic Crossan <http://amzn.to/1geoXPd>
- World Religions Today; John Esposito, Darrell Fasching and Todd Lewis, editors <http://amzn.to/KB9sXw>
- Origins of Christianity <http://www.winternet.com/~swezeyt/bible/origins/originsMain.htm>
- Feminine Fertility Goddess. A Marble Statue (image) <http://www.worldofstock.com/slides/ASC2410.jpg>
- Raphael, School of Athens (painting image) http://commons.wikimedia.org/wiki/File:Raphael_School_of_Athens.jpg
- Pharisees, Sadducees & Essenes <http://bit.ly/HwW59n>
- Pharisees, Sadducees, Essenes, Zealots <http://bit.ly/19kB4Zg>
- Samaritans <http://en.wikipedia.org/wiki/Samaritans>
- Hellenistic Jews (Hellenism) <http://www.jewishencyclopedia.com/articles/7535-hellenism>
- Philo of Alexandria <http://www.iep.utm.edu/philo/>
- The Kingdom of God Movement (Kingdom Theology) http://en.wikipedia.org/wiki/Kingdom_theology
- Epicurus and Epicureanism <http://www.epicurus.net/>
- Reading the Bible Again for the First Time, Marcus Borg <http://www.pinterest.com/pin/327707310356790799/>
- Zealot: The Life and Times of Jesus of Nazareth, Reza Aslan <http://www.pinterest.com/pin/327707310357378453/>
- The Five Gospels: What Did Jesus Really Say, Jesus Seminar <http://www.pinterest.com/pin/327707310355089494/>
- Additionally:
 - Oasis Classes, San Diego <https://www.oasisnet.org/Cities/West/SanDiegoCA/Classes.aspx>
 - Osher Lifelong Learning Institute (SDSU) <http://www.ces.sdsu.edu/osher>

Bending the Arc, Rev Dr Frank Placone-Willey, Summit UU Fellowship, Guest Pulpit, Jan 12 2014 sermon

What's the point? What are you going to do with you?

- Video <http://vimeo.com/84264238>
- Centering Thought and Order of Service <http://bit.ly/1agEiyd>
- "There is a vitality ...", Letter from Martha Graham to Agnes de Mille <http://marthagrahamletter.blogspot.com/>

Coffee Conversations: Maps of The Soul, Pt II – The Wizard of Oz, Rev Dr Arvid Straube, Jan 15 class

- Video excerpts <http://vimeo.com/84368302>
- Images <http://bit.ly/19t07vW>
- Wizard of Oz, 75th Anniversary Movie Trailer (youtube) <http://www.youtube.com/watch?v=ws2t52NHZUA>
- The Wonderful Wizard of Oz, L Frank Baum (summary, with links to full chapters) <http://etc.usf.edu/lit2go/158/the-wonderful-wizard-of-oz/>

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- L Frank Baum's Editorials on the Sioux Nation <http://bit.ly/1b6uasb>
- L Frank Baum bio (wiki) http://en.wikipedia.org/wiki/L._Frank_Baum
- Jean Houston.org <http://www.jeanhouston.org/>
- The Wizard of Us: Transformational Stories, Jean Houston (amazon) <http://www.amazon.com/The-Wizard-Us-Transformational-Lessons/dp/1582703795>
- The Wizard of Us, Jean Houston (audio interview, prx) <http://www.prx.org/pieces/96214>
- Jean Houston (HuffPost blogs) <http://www.huffingtonpost.com/dr-jean-houston/>
- Symbolism of the Wizard of Oz <http://wickedtour.net/symbolism-of-the-wizard-of-oz>
- Don't Believe Everything You Think (book review and summary) http://metapsychology.mentalhelp.net/poc/view_doc.php?type=book&id=3614
- Don't Believe Everything You Think, Lee Brice, Country Western Song (youtube) <http://www.youtube.com/watch?v=5cr4oYF7QAE>
- Neuroplasticity <http://en.wikipedia.org/wiki/Neuroplasticity>
- Cognitive Psychology http://www.scholarpedia.org/article/Cognitive_psychology
- Buddha's Brain, Rick Hanson (book) <http://www.pinterest.com/pin/327707310355116637/>
- Mindful Muscle: awareness begins in the heart <http://www.mindfulmuscle.com/heart-has-consciousness-knows-before-brain/>
- Enneagram, nine types <http://www.9types.com/>
- Little Gidding, TS Eliot (poem) <http://www.columbia.edu/itc/history/winter/w3206/edit/tseliotlittlegidding.html>

Christianity's Rise, Pt III – Transformation, Rev Kathleen Owens, Jan 16 2014 class

- Video excerpts <http://vimeo.com/84523798>
- Handout <http://bit.ly/1eFSmQX>
- The Scofield Bible (Amazon) <http://amzn.to/KBYvEZ>
- Analyzing Scofield <http://www.gospeltruth.net/scofield.htm>
- The HarperCollins Study Bible <http://amzn.to/1aJDfU4>
- The Concise Dictionary of Christian Theology <http://amzn.to/LDyPrx>
- John Dominic Crossan's 'blasphemous' portrait of Jesus (CNN) <http://www.cnn.com/2011/LIVING/02/27/Jesus.scholar/>
- Marcus Borg and John Dominic Crossan on the Christian understanding of Jesus' death <http://bit.ly/LDzucu>
- When Jesus Became God, Rubenstein <http://www.pinterest.com/pin/327707310355098034/>
- The Council of Jerusalem (48CE) http://en.wikipedia.org/wiki/Council_of_Jerusalem
- Books of Act 15 (NKJV) <http://www.biblegateway.com/passage/?search=Acts+15&version=NKJV>
- The Constantine Vision, The Battle of Milvian Ridge <http://bit.ly/1hKrulw>
- The Edict of Milan (Tolerance)
 - (in Christian History) <http://www.christianitytoday.com/ch/1990/issue28/2809.html>
 - (text of) <http://www.fordham.edu/halsall/source/edict-milan.asp>
- Theodosius (wiki bio) http://en.wikipedia.org/wiki/Theodosius_I
- Theodosius and the 3rd Ecumenical Council 381 CE <http://bit.ly/1dHbQ55>
- Christian persecution of paganism under Theodosius (wiki) <http://bit.ly/1e0TtOF>
- Separation of church and state (history of) http://en.wikipedia.org/wiki/Separation_of_church_and_state
- Augustine of Hippo <http://www9.georgetown.edu/faculty/jod/augustine/>
- Organization and Hierarchy of Autocephalous Orthodox Churches, centered at Constantinople <http://bit.ly/Mh9Rzi>
- Charts of Christian History Handout <http://bit.ly/1dw7wZT>
- A Chronology of the Arian Controversy <http://bit.ly/1iBa91f>

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Beyond Diversity, Rev Marisol Caballero, 1st UU Church, Austin; Guest, Jan 19 2014 sermon

Is your spiritual imperative blind?

- Video <http://vimeo.com/84541705>
- Centering Thought and Order of Service <http://bit.ly/1dA31jF>
- DRUUM (Diverse and Revolutionary UU Ministry) website <http://druumm.onefireplace.org/>
- DRUUM/ARE Conference <http://www.roarwithsoul.com/>
- Poet, Christopher D. Sims <http://about.me/christopherdsims>
- On the Question of Race, Alicia Chambers (Poem) <http://techart.msu.edu/racequestion.html>
- A Campus More Colorful Than Reality, NPR <http://n.pr/1aBXm6y>
- "... if you wish to love me ...", JooYoung Choi (blog, scroll to end of Feb 20, 2010 entry) <http://jooyoungchoi.wordpress.com/2010/page/2/>
- Defining Racism, from "Why Are All The Black Kinds Sitting Together in The Cafeteria?", Beverly Tatum (pdf) <http://bit.ly/1mrhVuL>
- Anti-Racist Cookbook, Parker and Chambers <http://www.beyonddiversity.org/anti.html>
- Beyond Diversity Org <http://www.beyonddiversity.org/index.html>
- Definition of Womanist, Alice Walker <http://bit.ly/1dlJywT>

The Future of Liberal Religion, Rev Dr Arvid Straube, Jan 26 2014 sermon

There's nothing challenging about having deep thoughts all by yourself. What kind of religious community do you yearn for?

- Video <http://vimeo.com/85301123>
- Centering Thought and Order of Service <http://bit.ly/1garoq3>
- House of Sinner and Saints from "Seeing the Underside and Seeing God", Nadia Bolz-Weber with On Beings' Krista Tippett at the Wild Goose Festival (complete vimeo video) <https://vimeo.com/73913123>
- Meditation: "God, lover of us all ..." Lala Winkley <http://bit.ly/1crGWcK>
- Spiritual But Not Religious? Please Stop Boring Me, Lillian Daniel, blog <http://huff.to/1lkN7Od>
- Spirit, Oprah <http://www.oprah.com/spirit.html>
- Oprah Winfrey Network: (episode) Oprah and Karen Armstrong: Losing Faith, Finding God <http://bit.ly/1f9NQMk>
- "Intense spirituality in our loves ...", Christian Wiman, (interview, poems, essays) On Being <http://bit.ly/LICmLn>
- Unitarian College, Oxford <http://www.unitarian-college.org.uk/selection.htm>
- First Church Mission, Aspiration, Principles, and Sources <http://www.firstuusandiego.org/Default.aspx?shortcut=principles-sources>
- Benediction: "Be ours a religion ...", Theodore Parker <http://www.uua.org/worship/words/readings/21514.shtml>

Our Response to Religion's Demise, Rev Kathleen Owens, Feb 2 2014 sermon

What connections have you made that help you thrive in this community?

- Video <http://vimeo.com/85764723>
- Centering Thought and Order of Service <http://bit.ly/Liu2eP>
- Daily Life in Ancient Rome: The People and the City at the Height of the Empire, Jerome Carcopino <http://amzn.to/1koUlul>
- A House for Hope <http://www.pinterest.com/pin/327707310355098113/>
- The Essenes <http://www.essenesspirit.com/>
- Essenes (wiki) <http://en.wikipedia.org/wiki/Essenes>

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Coffee Conversations: Maps of The Soul, Pt III – The Tarot Deck, Rev Dr Arvid Straube, Feb 5 class

- Video excerpts <http://vimeo.com/86162041>
- Images: Rider Waite Tarot Deck Major Arcana (all) <http://bit.ly/1jh7WIA>
- Passages, Predictable Crises of Adult Life: Gail Sheehy <http://www.amazon.com/Passages-Predictable-Crises-Adult-Life/dp/0553271067>
- Inner Work, Outer Work: Adler and Jung <http://bit.ly/1gcXsX2>
- Books by Jacob Needleman, Philosopher <http://www.amazon.com/Jacob-Needleman/e/B001HCZV7W>
- Excerpt from A Return to Love: Reflections on the Principles of A Course in Miracles by Marianne Williamson <http://www.spiritualityandpractice.com/books/excerpts.php?id=13844>
- Tarot numerology and symbology <http://4815162342execute.wordpress.com/lost-themes/numerology/>
- The Fool's Walk, The Major Arcana http://www.eosdev.com/Illustrations_Quotes/Cyndi/cafeeos_poems_foolswalk.htm
- The Minor Arcana Storyline http://www.aeclectic.net/tarot/learn/minor_arcana_storyline.shtml
- An Analysis of Tarot Cards <http://www.sacred-texts.com/eso/sta/sta31.htm>
- Tarot Card Meaning reference Charts <https://www.whitewick.co.uk/tarot-card-meaning-reference-charts.html>
- Tarot Card Meanings <http://www.biddytarot.com/tarot-card-meanings/major-arcana/>, specifically Death Card (flag) <http://www.biddytarot.com/tarot-card-meanings/major-arcana/death/>
- Misc articles on Tarot, from Patheos <http://www.patheos.com/blogs/godandthemachine/category/tarot/>
- Learning The Tarot, An Online Course <http://www.learn.tarot.com/>
- Kohlberg's Three Levels and Six Stages of Moral Reasoning <http://www.education.com/reference/article/kohlbergs-moral-reasoning/>
- Two Theories of Moral Development compared (Kohlberg and Bronfenbrenner) <http://web.space.ship.edu/cgboer/genpsymoraldev.html>
- Stages of Faith Development, James Fowler <http://faculty.plts.edu/gpence/html/fowler.htm>
- Axis mundi http://en.wikipedia.org/wiki/Axis_mundi
- Jung's
 - Concept of Collective Unconsciousness http://www.carl-jung.net/collective_unconscious.html and
 - On Archetypes and Collective Unconsciousness http://www.jung.org/Pres_itr.htm
- "... arrive where we started ...", The Little Gidding, TS Eliot <http://www.columbia.edu/itc/history/winter/w3206/edit/tseliotlittlegidding.html>

So, You Don't Want To Meditate?, Rev Dr Arvid Straube, Feb 9 2014 sermon

You are not your thoughts; you don't need most of them anyway. It's not endless time, but timelessness. What keeps you living in the present?

- Video <http://vimeo.com/86377169>
- Centering Thought and Order of Service <http://bit.ly/1eyUDBa>
- Readings:
 - The Poems of Denise Levertov <http://www.chriscorrigan.com/parkinglot/levertov.htm>
 - "My Fiftieth Year ...", Vacillation (4th stanza), WB Yeats <http://classiclit.about.com/library/bl-etexts/wbyeats/bl-wbye-vac.htm>
- Research on Meditation http://en.wikipedia.org/wiki/Research_on_meditation
- The Power of Now: A Guide to Spiritual Enlightenment, Eckhart Tolle <http://www.pinterest.com/pin/327707310355823137/>
- Noticing When Your Thoughts Argue With Reality, Byron Katie http://www.gratefulness.org/readings/bk_noticing.htm

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Share the Love – Universalist Style, Rev Kathleen Owens, Feb 16 2014 sermon

How does love for yourself, others, and this world shine through you?

- Video <http://vimeo.com/86851016>
- Centering Thought and Order of Service <http://bit.ly/1jFYtLd>
- Survivors of Torture, the story of Thabit, <http://www.kpbs.org/news/2012/jun/26/rising-number-torture-survivors-san-diego-are-chil/>
- Readings:
 - Paul's 1st Letter to The Corinthians <http://ebible.org/WEB/1Cor.htm>
 - Coretta Scott King Quotes http://thinkexist.com/quotes/coretta_scott_king/
 - MLK, " ... inescapable network of mutuality ...", from Letter from Birmingham Jail http://www.africa.upenn.edu/Articles_Gen/Letter_Birmingham.html
- Love American Style theme song
 - Audio, The Cowsills <http://www.youtube.com/watch?v=w3DpTs-iV7U>
 - Lyrics http://www.lyricsfreak.com/c/cowsills/love+american+style_20639802.html
- Where has all the romance gone, Chris Erskine, LA Times <http://articles.latimes.com/2014/feb/07/home/la-hm-0208-erskine-20140208>
- 12 Years a Slave (IMDB) <http://www.imdb.com/title/tt2024544/>
- Christian Universalism <http://www.auburn.edu/~allenkc/chr-univ.html>
- Universal Reconciliation <http://www.theopedia.com/Universalism>
- House for Hope, Buehrens and Parker <http://www.pinterest.com/pin/327707310355098113/>
- Hymn #126: Come, Thou Fount of Every Blessing
 - (text lyrics), http://en.wikipedia.org/wiki/Come_Thou_Fount_of_Every_Blessing
 - Mumford & Sons <http://www.youtube.com/watch?v=zNzO6LCyilY>
 - Mormon Tabernacle Choir <http://www.youtube.com/watch?v=gPKpkrqBwNs>
- SDOP / PICA Patient Health Improvement Initiative <http://www.piconetwork.org/issues/health>
- Our Response to Religion's Demise, Rev Kathleen Owens, Feb 2 2014 sermon video <http://vimeo.com/85764723>
- First Church Aspiration <http://www.firstuusandiego.org/principles-sources>
- First Church Covenant of Good relations <http://www.firstuusandiego.org/covenant-of-good-relations>
- Standing on the Side of Love (Lyrics) <http://www.uua.org/re/tapestry/youth/chorus/workshop7/workshopplan/handouts/173823.shtml>

Death and What Comes Afterward, Rev Dr Arvid Straube, Feb 23 2014 sermon

What will be your legacy?

- Video <http://vimeo.com/87529446>
- Centering Thought and Order of Service <http://bit.ly/1fnBlxH>
- Readings on Death <http://bit.ly/1jrLXfP>
- Golf in Heaven joke <http://www.jokes.net/istheregolfinheaven.htm>
- Beliefs about life and death in UUism (UUA) <http://www.uua.org/beliefs/welcome/life/index.shtml>
- What dreams may come: Where should we assign the burden of proof for ideas about the afterlife? (UU World) <http://uuworld.org/ideas/articles/162471.shtml>
- Universal Reconciliation http://en.wikipedia.org/wiki/Universal_reconciliation
- Near death experiences grounded in science <http://bit.ly/1hjoXPg> and <http://bit.ly/1k63kFM>
- Scientific proof of reincarnation, Dr Ian Stephanson <http://reluctant-messenger.com/reincarnation-proof.htm>
- Near death experiences and the afterlife <http://www.near-death.com/>
- The Tibetan Book of the Dead and Near Death Experiences <http://www.near-death.com/experiences/buddhism01.html>
- The Tibetan Book of the Dead (online, complete) http://reluctant-messenger.com/Tibetan-Book-Dead_Evans-Wentz.htm
- Buddhist Books of the Dead <http://www2.lib.virginia.edu/exhibits/dead/otherworld.html#budd>
- Do not squander your life <http://palliativejournal.stanford.edu/?p=1579>

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- Blessing: "What has become of ...", from Song of Myself (stanza 6), Walt Whitman
<http://www.poetryfoundation.org/poem/174745>

Coffee Conversations: Maps of The Soul, Pt IV – The Zen Ox-herding Pictures, Rev Dr Arvid Straube, Feb 26 class

- Video excerpts <http://vimeo.com/89352703>
- Images <http://bit.ly/N4eFrM>
- The Ox-Herding Pictures, from The Manual of Zen Buddhism <http://www.sacred-texts.com/bud/mzb/oxherd.htm>
- Satori in Zen Buddhism (Tripod) <http://sped2work.tripod.com/satori.html>
- Types of Buddhism <http://www.artelino.eu/en/articles/buddhism/199-types-of-buddhism.html>
- Buddhist Schools and Lineages <http://www.buddhanet.net/e-learning/history/schools.htm>
- The decline of Buddhism in India (wiki) http://en.wikipedia.org/wiki/Decline_of_Buddhism_in_India
- Bodhidharma, the father of Zen <http://www.buddhanet.net/e-learning/history/bodhidharma.htm>
- Taoism <http://www.patheos.com/Library/Taoism.html>
- Practicing Zen <http://antaiji.dogen-zen.de/eng/adult0.shtml>
- Shikantaza Zazen (Sitting) <http://shambhalasun.com/sunspace/?p=17050>
- Mt Baldy Zen Center <http://www.mbzc.org/about/>
- James Ford's Books on Amazon <http://amzn.to/1fTTlv5>
- Buddha's Brain, Rick Hanson
 - Book <http://www.pinterest.com/pin/327707310355116639/>
 - Website <http://www.rickhanson.net/rick-hanson>
- Neuroplasticity <https://www.stanford.edu/group/hopes/cgi-bin/wordpress/2010/06/neuroplasticity/>
- The Cloud of Unknowing, a Spiritual Classic (book)
<http://www.pinterest.com/pin/327707310355255766/>
- Interior Castle, St Teresa of Avila (book) <http://www.pinterest.com/pin/327707310355255773/>

Celebrating Carnival, Rev Kathleen Owens, Mar 2 sermon

Reflection question: How do you celebrate this world?

- Video <http://vimeo.com/88020676>
- Centering Thought and Order of Service <http://bit.ly/1fwHxit>
- Reading: Bathing the Newborn (poem), Sharon Olds <http://bit.ly/1hUWq1v>
- The Festival of Lupercalia <http://en.wikipedia.org/wiki/Lupercalia>
- The Early History of Lent, Baylor Univ
<http://www.baylor.edu/content/services/document.php/193181.pdf>
- Carnival Origins <http://www.carnivalineducation.com/node/29>
- The Traditions of Mardi Gras <http://www.novareinna.com/festive/mardi.html>
- Pancake Day (or Shrove Tuesday) http://en.wikipedia.org/wiki/Shrove_Tuesday
- For those with orthorexia, diet can never be 'pure' enough, Mary McVean (LA Times)
<http://articles.latimes.com/2014/feb/14/health/la-he-orthorexia-20140215>
- Orthorexia: An Obsession with eating pure (Academy of Dieticians and Dietetics)
<http://www.eatright.org/Public/content.aspx?id=6442471029>
- UU Principles and Sources <http://www.firstuusandiego.org/principles-sources>
- Theology Ablaze, Tom Owen-Towle (book) <http://www.pinterest.com/pin/327707310357809550/>

How To Enjoy Life, Rev Dr Arvid Straube, Mar 9 sermon

Reflection question: What keeps you from enjoying Sabbath?

- Video <http://vimeo.com/89138201>
- Centering Thought and Order of Service <http://bit.ly/1fMmNcA>
- Readings:
 - The Violence of Overwork, Thomas Merton
<http://www.itineriscoaching.com/2012/11/02/the-violence-of-overwork-thomas-merton/>
 - That Passeth All Understanding, Denise Levertov
<http://www.wisdomportal.com/Gratitude/DeniseLevertov-Gratitude.html>

2014 Sermon and Class Links

- Two kinds of righteousness http://en.wikipedia.org/wiki/The_two_kinds_of_righteousness
- Tithing and Keeping the Sabbath, from Blessing The World: What Can Save Us Now, Rebecca Parker <http://bit.ly/1cUVdEc>
- Time to Stop, Wayne Muller <http://localcircles.org/2011/07/25/time-to-stop-by-wayne-muller/>
- “Today I’m going to pamper my soul ...”, Rabbi Zalman Schachter-Shalomi <http://edrowell.typepad.com/noodlestatic/quotable/>
- The Busy Trap, Tim Kreider <http://currents.michaelsampson.net/2012/08/tim-isnt-too-busy.html>
- Connected, But Alone, Sherry Turkle (NPR) <http://www.npr.org/2013/08/16/172988165/are-we-plugged-in-connected-but-alone>
- Meditation: Quite Time (poem), Nancy Wood <http://www.etsyearth.com/2010/01/quiet-times.html>

The Travels and Theology of Paul, Pt I: The Man, The Call, Rev Kathleen Owens, Mar 13 2014 class

- Video excerpts <http://vimeo.com/89361429>
- Handout <http://bit.ly/1ixdddK>
- Referenced Books:
 - The Jewish Annotated New Testament <http://www.pinterest.com/pin/327707310357318983/>
 - The Harper Collins Study Bible <http://www.pinterest.com/pin/327707310357957287/>
 - Paul Was Not a Christian: The Original Message of a Misunderstood Apostle, Pamela Eisenbaum <http://www.pinterest.com/pin/327707310357957320/>
 - Paul and the Faithfulness of God, NT Wright <http://www.pinterest.com/pin/327707310357957346/>

Repentance Without Guilt: The Art of Starting Over, Rev Dr Arvid Straube, Mar 16 sermon

Reflection question: What, in your experience, is the difference between guilt and repentance?

- Video <http://vimeo.com/89571010>
- Centering Thought and Order of Service <http://bit.ly/PBuKGU>
- Two kinds of righteousness http://en.wikipedia.org/wiki/The_two_kinds_of_righteousness
- Protestantism and The Protestant Ethic <http://workethic.coe.uga.edu/hpro.html>
- Repentance word origin http://en.wikibooks.org/wiki/Hebrew_Roots/The_original_foundation/Repentance
- First Church Ministry Teams <http://www.firstuusandiego.org/groups>

Coffee Conversations: Maps of The Soul, Pt V – Men’s Journey, Women’s Journey, Rev Dr Arvid Straube, Mar 19 class

- Video excerpts <http://vimeo.com/89963912>
- He: Understanding Masculine Psychology, Robert Johnson <http://amzn.to/1djRC8I>
- She: Understanding Feminine Psychology, Robert Johnson <http://amzn.to/1kYHGRD>
- Owing Your Own Shadow: Understanding the Dark Side of the Psyche, Robert Johnson <http://amzn.to/1fVybXq>
- San Diego Friends of Jung <http://www.jungsandiego.com/Welcome.html>
- Chrétien de Troyes http://en.wikipedia.org/wiki/Chr%C3%A9tien_de_Troyes and <http://www.princeton.edu/~lancelot/romance.html>
- Four Arthurian Romances, Chrétien de Troyes (download) <http://www.gutenberg.org/ebooks/831>
- Fisher King http://en.wikipedia.org/wiki/Fisher_King
- Percival <http://en.wikipedia.org/wiki/Percival>
- The Individuation Process
 - Stage One: The Shadow <http://www.mythsdreamssymbols.com/shadow.html>
 - Stage Two: The Anima, Animus <http://www.mythsdreamssymbols.com/animaanimus.html>
 - Stage Three: Mana Personalities <http://www.mythsdreamssymbols.com/mana.html>
 - Stage Four: The Self <http://www.mythsdreamssymbols.com/Self.html>
- The Myth of Psyche and Eros <http://webpace.ship.edu/cgboer/psyche.html>
- Numerology and the Hebrew Mind <http://faculty.lasierra.edu/~wclarke/nhmx.pdf>
- OASIS classes, San Diego <https://www.oasisnet.org/Cities/West/SanDiegoCA.aspx>

2014 Sermon and Class Links

- Osher Lifelong Learning Intsitute (SDSU) <http://www.ces.sdsu.edu/osher>

The Travels and Theology of Paul, Pt II: The Travels and Controversies, Rev Kathleen Owens, Mar 20 2014 class

- Video excerpts <http://vimeo.com/89973959>
- Galatians 1: 13-17 <https://www.biblegateway.com/passage/?search=Galatians%201:13-17>
- Chronology and Maps of Apostle Paul's Journeys and Epistles <http://www.matthewmcgee.org/paultime.html>

The Borderlands, Elizabeth Bukey, Intern, Mar 23 sermon

Reflection question: Where are the borderlands in your life?

- Video <http://vimeo.com/89866307>
- Centering Thought and Order of Service <http://bit.ly/1dxQCYU>
- Basilica of Our Lady of San Juan del Valley <http://www.olsibasilica.org/about-us/history>
- Theology and Antiracism — Latino and Latina Perspectives, excerpted from an essay by Patricia Jimenez <http://bit.ly/1rjQWnk>
- Crossing Borders, Rev Peter Morales (UUA President) <http://www.uuworld.org/ideas/articles/188373.shtml>
- Toward Multiracial/Multicultural Worship and Communities, Rev Jacqui Lewis (pdf) <http://bit.ly/1hTSEFi>
- Borderlands / La Frontera: The New Mestiza, Gloria E Anzaldúa (book) <http://www.pinterest.com/pin/327707310358013753/>

Final Coffee Conversations: How to Keep The Sabbath, Rev Dr Arvid Straube, Mar 26 2014 class

- Video excerpts <http://vimeo.com/90360041>
- Creating Sabbath Amid The Noise (NYT Article) http://www.nytimes.com/2010/07/18/fashion/18Cultural.html?pagewanted=all&_r=0
- The History of The Sabbath, JN Andrews (pdf) http://www.sabbathtruth.com/portals/20/documents/History_of_the_Sabbath.pdf
- The Power of Vulnerability, Brené Brown (TED Talk) http://www.ted.com/talks/brene_brown_on_vulnerability
- Tithing and Keeping the Sabbath, from Blessing The World: What Can Save Us Now, Rebecca Parker <http://bit.ly/1cUVdEc>
- How To Enjoy Life, Rev Dr Arvid Straube, Mar 9 sermon video <http://vimeo.com/89138201>
- Ten Reason Why Children and Adults Need Vitamin N, Richard Louv <http://richardlouv.com/blog/Ten-Reasons-Why-Children-and-Adults-Need-Vitamin-N/>
- Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder, Richard Louv (book) <http://www.pinterest.com/pin/327707310358055573/>
- The Nature Principle: Reconnecting with Life in a Virtual Age, Richard Louv (book) <http://www.pinterest.com/pin/327707310358055585/>

The Travels and Theology of Paul, Pt III: The Theology, Rev Kathleen Owens, Mar 27 2014 class

- Video excerpts <http://vimeo.com/90383635>
- Handout <http://bit.ly/1jDZhkP>
- Referenced Books:
 - The Jewish Annotated New Testament <http://www.pinterest.com/pin/327707310357318983/>
 - The Harper Collins Study Bible <http://www.pinterest.com/pin/327707310357957287/>
 - Paul Was Not a Christian: The Original Message of a Misunderstood Apostle, Pamela Eisenbaum <http://www.pinterest.com/pin/327707310357957320/>
 - Paul and the Faithfulness of God, NT Wright <http://www.pinterest.com/pin/327707310357957346/>
- St. Paul's Writing Style <http://bit.ly/1dBfLHK>
- Galatians 1:1-7 <http://www.biblegateway.com/passage/?search=Galatians+1%3A1-7>

2014 Sermon and Class Links

- The School of Athens, Raphael (painting) http://en.wikipedia.org/wiki/The_School_of_Athens
- The Story of The Jews, with Simon Schama (PBS) <http://www.pbs.org/wnet/story-jews/>
- Galatians 3: 23-26 <http://bit.ly/1ilz3tN>
- Galatians 2:1-10 <http://bit.ly/1hF0bXd>
- 1 Thessalonians 4:3-7 <http://bit.ly/1ilzCDX>
- 1 Thessalonians 4:13-18 <http://bit.ly/1ftD5lV>
- Parousia <http://en.wikipedia.org/wiki/Parousia>
- "I was not; I was ..." Epicurus <http://bit.ly/1dUO1sg>
- 1 Corinthians 13 <http://bit.ly/1rLPIkV>
- 1 Corinthians 14:34-36 <http://bit.ly/1i1NMOu>
- 1 Corinthians 11:4-5 <http://bit.ly/1g80iJF>
- Philippians 2:5-8 <http://bit.ly/1s3hF1>
- Paul and Sex (draft notes) <http://bit.ly/1h3Cerz>
- Romans <http://bit.ly/1g80yIG>
- Roman Road to Salvation <http://www.teenmissions.org/resources/roman-road-to-salvation/>
- What's Wrong With the "Romans Road" to Salvation? <http://www.postost.net/2012/05/what-s-wrong-romans-road-salvation>

Prayer? ... Yes, I Said Prayer, Rev Dr Arvid Straube, Mar 30 sermon

Reflection question: Do you pray? Why or why not? If you do, what does it look like?

- Video <http://vimeo.com/90486977>
- Centering Thought and Order of Service <http://bit.ly/PYpNbA>
- Kate Braestrup (web site) <http://www.katebraestrup.com/>
- Here if You Need Me, Kate Braestrup <http://www.pinterest.com/pin/327707310356400427/>
- Beginner's Grace, Bringing Prayer Into Your Life, Kate Braestrup <http://www.pinterest.com/pin/327707310356297462/>
- Profession of Faith: Statement of Human Obligation, Simone Weil <http://www.pbs.org/wgbh/questionofgod/voices/weil.html>
- "My Legs Were Praying": Theology & Politics in Abraham Joshua Heschel <https://theshalomcenter.org/node/174>
- Spiritual Practices of St. Francis of Assisi <http://www.thefranciscanfriars.org/book/export/html/100>
- The stillness with Stephen Mitchell, religious translator (LA Times) <http://articles.latimes.com/2009/apr/12/entertainment/ca-stephen-mitchell12>
- "... man's persistent desire to improve his strategic position...", in Two Modes of Scientific Explanation, Carl Hempel
- "... all desire is ...", from Addiction and Grace, Gerald May <http://www.dailyom.com/library/000/001/000001697.html>
- "... we do not know how to pray as we ought ...", Romans 8:26 <http://www.biblegateway.com/passage/?search=Romans+8:26>
- The Agnostics Prayer, Zelazny http://homepages.inf.ed.ac.uk/rmayr/zelazny_agnostic.html
- The Summer Day, Mary Oliver (poem) <http://writersalmanac.publicradio.org/?date=2008%2F06%2F30>
- The Prayer of St. Francis http://en.wikipedia.org/wiki/Prayer_of_Saint_Francis
- God Makes the Rivers Flow : An Anthology of the World's Sacred Poetry and Prose, Eknath Easwaran <http://www.pinterest.com/pin/327707310358083875/>

Final Coffee Conversations: Addiction, Recovery, and God Talk, Rev Dr Arvid Straube, Apr 2 2014 class

- Video excerpts <http://vimeo.com/92653259>
- Carl Jung on Alcoholism <http://www.sober.org/CarlJung.html>
- The Oxford Group (wiki) http://en.wikipedia.org/wiki/Oxford_Group
- What is the Oxford Group, Oxford University Press http://siestakeybeachmeeting.com/index_htm_files/What_Is_The_Oxford_Group.pdf
- Alcoholics Anonymous

2014 Sermon and Class Links

- Wiki http://en.wikipedia.org/wiki/Alcoholics_Anonymous
- website <http://www.aa.org>
- an international mutual aid fellowship founded in 1935 by Bill Wilson and Dr. Bob Smith
- AA Slogans <http://aaslogans.com/>
- The Big Book of AA (complete, online) http://www.aa.org/bigbookonline/en_tableofcnt.cfm
- The 12 Steps of AA http://www.aa.org/en_pdfs/smf-121_en.pdf
- Addiction and Grace, Gerald May <http://www.pinterest.com/pin/327707310356296928/>
- UU Addictions Ministry <http://www.uuaddictionsministry.org/>
- The 7/12 Connection: The Principles of Unitarian Universalism and The 12 Steps of Alcoholics Anonymous and Other Recovery Programs, Julie Sullword
<http://www.uuaddictionsministry.org/7.12.Workbook.pdf.docx.pdf>
- UU Principles and Sources <http://www.uua.org/beliefs/principles/>
- Twelve Steps: Seven Principles <http://www.uuworld.org/2000/0100feat1.html>
- The (UUA) Addiction Ministry Handbook
<http://www.uuabookstore.org/productdetails.cfm?PC=564>
- Alternative Resources <http://www.uuaddictionsministry.org/newcomers.php>
- SMART Recovery - Self Management for Addiction Recovery <http://www.smartrecovery.org/>
- One Breath at a Time: Buddhism and the Twelve Steps, Kevin Griffin
<http://www.kevingriffin.net/html/book-onebreath.html>
- The Spirituality of Addiction and Recovery , Kevin Griffin and Susan Cheever (from onbeing)
<http://www.onbeing.org/program/spirituality-addiction-and-recovery/229>
- A Burning Desire: Dharma God and the Path of Recovery, Kevin Griffin
<http://www.pinterest.com/pin/327707310358294438/>

Final Coffee Conversations: Evil, Hitler, and Our First Principle, Rev Dr Arvid Straube, Apr 9 2014 class

- Video (excerpts) <http://vimeo.com/92787556>
- Sympathy for the Devil, Rolling Stones
 - lyrics http://www.lyricsfreak.com/r/rolling+stones/sympathy+for+the+devil_20117881.html
 - performing, youtube <http://www.youtube.com/watch?v=LI8WGX3afDs>
- Zoroastrianism, good and evil <http://www.farvardyn.com/zoroaster3.php>
- The Babylonian Captivity (Exile)
https://www.princeton.edu/~achaney/tmve/wiki100k/docs/Babylonian_captivity.html
- Jewish Suffering and the Problem of Evil
<http://www.patheos.com/Library/Judaism/Beliefs/Suffering-and-the-Problem-of-Evil.html>
- Origin of Satan, Elaine Pagels <http://www.pinterest.com/pin/327707310357470026/>
- About Lucifer <http://www.redicecreations.com/specialreports/2005/11nov/lucifer.html>
- Origins of the Devil <http://www.redicecreations.com/specialreports/2006/01jan/devil.html>
- Satan in Judaism
http://www.myjewishlearning.com/beliefs/Theology/Suffering_and_Evil/satan.shtml
- Essene Jewish Sect <http://en.wikipedia.org/wiki/Essenes>
- The Devil's appearance in popular culture
<http://ferrebeekeeper.wordpress.com/2011/10/31/when-did-the-devil-obtain-his-appearance/>
- Dehumanization: The Lucifer Effect <http://www.lucifereffect.com/dehumanization.htm>
- Alexander Solzhenitsyn, on good and evil
http://www.goodreads.com/author/quotes/10420.Aleksandr_Solzhenitsyn
- Original Sin http://www.theopedia.com/Original_sin
- Banality of Evil, Hannah Arendt
 - About <http://www.neh.gov/humanities/2014/marchapril/feature/the-trial-hannah-arendt>
 - Movie http://www.rottentomatoes.com/m/hannah_arendt/
 - ... and the New Yorker Mag
<http://www.newyorker.com/online/blogs/backissues/2013/05/hannah-arendt-and-the-new-yorker.html>

2014 Sermon and Class Links

- Eichmann in Jerusalem: A Report on the Banality of Evil (book)
<http://www.pinterest.com/pin/327707310358306147/>
- Reviews (extensive info) <http://www.nybooks.com/articles/archives/2013/nov/21/arendt-eichmann-new-truth/>
- Darth Vader: The Tragic Man Behind the Mask (NPR)
<http://www.npr.org/templates/story/story.php?storyId=19141349>
- Buddha: The Poisons of the Mind <http://ichinensanzen.ca/the-three-poisons-ignorance-greed-and-anger/>
- The Sociopath Next Door, Martha Stout
 - book <http://www.pinterest.com/pin/327707310358306239/>
 - interview <http://www.interviewmagazine.com/culture/conscience-lack-of#>
- Adolf Hitler: How Could a Monster Succeed in Blinding a Nation?, Alice Miller
http://www.naturalchild.org/alice_miller/adolf_hitler.html
- The First Principle of Unitarian Universalism <http://www.pinterest.com/pin/327707310358285529/>
- Likeness to God, William Ellery Channing <http://www.americanunitarian.org/likeness.htm>

Easter Homily, Rev Dr Arvid Straube, Apr 20 Easter service

Reflection question: What needs to come back to life for you?

- Video <http://vimeo.com/92472737>
- Centering Thought and Order of Service <http://bit.ly/1f06YKc>
- House of Sinner and Saints from "Seeing the Underside and Seeing God", Nadia Bolz-Weber with On Beings' Krista Tippett at the Wild Goose Festival (complete vimeo video)
<https://vimeo.com/73913123>
- The Flower Communion, A Ceremony of Celebration <http://bit.ly/es1ub7>
- Norbert Čapek (bio) <http://uudb.org/articles/norbertcapek.html>
- Norbert Čapek, Meditation in Dresden <http://www.youtube.com/watch?v=8RpcUY8aL9M>

The Wisdom of Your Body, Rev Dr Arvid Straube, Apr 27 sermon

Reflection question: How in touch are you with the messages of your body?

- Video <http://vimeo.com/93096925>
- Centering Thought and Order of Service <http://bit.ly/1oGs6Me>
- Ideas of Body and Soul <http://www.philosophy-religion.org/bible/immortality-resurrection.htm>
- Body and Soul (Jewish) <http://bit.ly/1fmAv6O>
- On Mortification, from Perennial Philosophy, Aldus Huxley
<http://www.walkingtowardstheLight.org/quote-aldous-huxley-mortification-perennial-philosophy/>
- Acupuncture and Chi <http://www.southampton.ac.uk/~maa1/chi/taichi/acupuncture.htm>
- Prana, life force <http://en.wikipedia.org/wiki/Prana>
- Learning to Heal Body and Mind from Mexico's Shamans <http://chronicle.com/article/Learning-to-Heal-BodyM/46957/>
- Human Potential Movement http://en.wikipedia.org/wiki/Human_Potential_Movement
- Placebo Effect: A Cure in the Mind (Scientific American)
<http://www.scientificamerican.com/article/placebo-effect-a-cure-in-the-mind/>
- Practical Steps for Transforming Physical Pain Into Spiritual Growth, Shinzen Young
<http://www.shinzen.org/Articles/artPain.htm>
- The Navajo Way Prayer and Blessing: Walking in Beauty
<https://groups.google.com/forum/#!topic/holistic-quantum-relativity-hqr/v14g8zeATTM>

Final Coffee Conversations: What is the Soul?, Rev Dr Arvid Straube, Apr 30 2014 class

- Video (excerpts) <https://vimeo.com/93685999>
- Soul, etymology http://www.etymonline.com/index.php?term=soul&allowed_in_frame=0
- You Have a Soul, Rev Arvid Straube May 4 sermon video <https://vimeo.com/93911635>
- Transmigration of Souls <http://encyclopedia2.thefreedictionary.com/transmigration+of+souls>
- Transmigration or Resurrection: A Hindu Perspective http://veden-akademie.de/index.php?article_id=156&clang=1

2014 Sermon and Class Links

- Buddhism: is there an internal soul (<http://www.budsas.org/ebud/whatbudbeliev/115.htm>)
- Buddhism: Anatta or soul-lessness <http://www.buddhanet.net/nutshell09.htm>
- Jewish Views of Afterlife <http://bit.ly/1o0zbsW>
- Ancient Theories of The Soul <http://plato.stanford.edu/entries/ancient-soul/>
- The Vedanta Hindu Concept of Reincarnation <http://www.vedanta-seattle.org/articles/hindu-concept-of-reincarnation/>
- What do we mean by “Mind-Body-Soul-Spirit”? <http://www.enlightened-spirituality.org/Body-Mind-Soul-Spirit.html>
- Care of the Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life, Thomas Moore <http://www.pinterest.com/pin/327707310358418333/>
- Soul Life: An Interview with Thomas Moore <http://bit.ly/1ITi5uS>
- The Collective Unconscious http://www.carl-jung.net/collective_unconscious.html
- The Path of the Soul through the Writings of Carl Jung <http://pathofsoul.org/category/the-soul/>
- “... the soul is also shy ...” Parker Palmer <http://onespiritinterfaith.org/october-4-parker-palmer/>

You Have a Soul ... But It's Not What You Think, Rev Dr Arvid Straube, May 4 sermon

- Reflection question: What is your soul telling you?
- Video <https://vimeo.com/93911635>
- Centering Thought and Order of Service <http://bit.ly/1ev5vyl>
- Opening Words: Invocation, May Sarton (poem) http://www.languageisavirus.com/may-sarton/read_invocation.php
- Care of the Soul, Thomas Moore <http://www.pinterest.com/pin/327707310358418333/>
- Soul Life: An Interview with Thomas Moore <http://bit.ly/1ITi5uS>
- A formula for suffering <http://drnoethe.com/blog/2010/03/19/a-formula-for-suffering-part-1/>
- Emotions as equations <http://www.theguardian.com/lifeandstyle/2012/jan/27/change-your-life-emotions-as-equations>
- Quotes, Parker Palmer http://www.goodreads.com/author/quotes/55813.Parker_J_Palmer
- Choose to Bless the World, Rebecca Parker (poem) <http://www.people.ku.edu/~tkrieshok/pre846/bless.htm>
- Blessing: Philippians 4 <http://www.biblegateway.com/passage/?search=Philippians+4>

Final Coffee Conversations: Spiritual Temperaments, Rev Dr Arvid Straube, May 7 2014 class

- Video (excerpts) <http://vimeo.com/94718767>
- Myers-Briggs Type Indicator (wiki http://en.wikipedia.org/wiki/Myers-Briggs_Type_Indicator)
- Personality test based on Carl Jung's and Isabel Briggs Myers' type theory <http://www.humanmetrics.com/cgi-win/jtypes2.asp>
- Enneagram, personality types <http://www.enneagraminstitute.com/>
- Discovering The Enneagram: An Ancient Tool a New Spiritual Journey, Richard Rorh <http://amzn.to/1laoNf3>
- The World's Religions, Huston Smith <http://www.pinterest.com/pin/327707310355260054/>
- Wisdom of Faith with Huston Smith, a Bill Moyers Special (youtube) <http://www.youtube.com/playlist?list=PL632450C6AD01D530>
- “yoga”, etymology http://www.etymonline.com/index.php?term=yoga&allowed_in_frame=0
- The Four Paths of Yoga
 - <http://www.yogajournal.com/basics/157> and
 - <http://www.swamij.com/four-paths-of-yoga.htm>
- Moral and Ethical Ideas for Hindus <http://koausa.org/hindudharma/8.html>
- Atman and Brahman <http://www.world-religions-professor.com/atman-brahman.html>
- Brahman, Atman, and Moksha: The Supreme Spirit, the True Self, and Liberation (pdf) http://www.walkden.uk.com/files/7213/1711/9376/Hinduism_-_Brahman_and_Atman.pdf
- Pure Land Buddhism (bbc) http://www.bbc.co.uk/religion/religions/buddhism/subdivisions/pureland_1.shtml
- Japam (chanting, continuous repetition) <http://dhyanam.wordpress.com/2008/06/19/japam/>
- Bhagavad Gita (complete, on line, with commentaries) <http://www.bhagavad-gita.us/>

2014 Sermon and Class Links

- Yoga Sutras of Patanjali (complete, on line) <http://www.sacred-texts.com/hin/yogasutr.htm>

The Dew of Compassion, Rev Kathleen Owens, May 11 sermon

- Reflection question: What is a compassionate act for you?
- Video <http://vimeo.com/95558398>
- Centering Thought and Order of Service <http://bit.ly/1mEISuD>
- The Tear (full poem), Lord Byron <http://mural.uv.es/cuello/tearbyronrevised.htm>
- Luke 10:25-37: The Parable of the Good Samaritan
<http://www.biblegateway.com/passage/?search=Luke+10%3A25-37>
- What is the meaning of the Parable of the Good Samaritan? <http://www.gotquestions.org/parable-Good-Samaritan.html>
- The Jewish Annotated New Testament <http://www.pinterest.com/pin/327707310357318983/>
- The Parable of the Good Samaritan, The Jewish Annotated New Testament <http://bit.ly/SQJWSe>
- The Courage to Be Vulnerable, Brené Brow (on being) <http://www.onbeing.org/program/brene-brown-on-vulnerability/4928>
- The Safe Way To Share Your Shame Story (... “sacrificing your authenticity” ...), Brené Brown (huffpost) http://www.huffingtonpost.com/2013/11/20/brene-brown-shame_n_4282679.html
- Story, “ ... it was my honor you were defending ... ”:
 - “Forgiveness and Apology” (story text, variation) <http://bit.ly/1I02Z4b> or
 - Doorways to the Soul : 52 Wisdom Tales from Around the World, Elisa Davy Pearmain <http://www.pinterest.com/pin/327707310358467977/>
- UU 7th Principle <http://www.pinterest.com/pin/327707310358285505/>
- 10 Ways to Practice Compassion, Annika Martins <http://goodlifezen.com/10-ways-to-practice-compassion/>
- Training the Compassion Muscle <http://neuroconscience.com/2013/05/23/can-compassion-be-trained-like-a-muscle/>
- Games and Economic Behavior (“Community”/“Stock Market”) (harvard edu) <http://scholar.harvard.edu/files/jmollers/files/1-s2.0-s0899825612000802-main.pdf>
- What is Compassion? Why Practice Compassion? (berkeley) <http://greatergood.berkeley.edu/topic/compassion/definition>
- Three Insights from the Cutting Edge of Compassion research (berkeley) http://greatergood.berkeley.edu/article/item/three_insights_from_the_cutting_edge_of_compassio_n_research

Final Coffee Conversations: A Short History of Christianity, Rev Dr Arvid Straube, May 14 2014 class

- Video (excerpts) <http://vimeo.com/95565467>
- A Short History of Christianity, Martin Marty <http://www.pinterest.com/pin/327707310358512457/>
- The Fundamentalism Project, Martin Marty
 - Too Bad We're So Relevant <http://www.illuminos.com/mem/selectPapers/fundamentalismProject.html>
 - The Future of World Fundamentalisms <http://www.illuminos.com/mem/selectPapers/futureFundamentalisms.html>
- The Council of Jerusalem (wiki) http://en.wikipedia.org/wiki/Council_of_Jerusalem
- Destruction of the Temple (wiki) [http://en.wikipedia.org/wiki/Siege_of_Jerusalem_\(70_AD\)](http://en.wikipedia.org/wiki/Siege_of_Jerusalem_(70_AD))
- Was Jesus a Hillelite Pharisee? <http://www.british-israel.us/11.html>
- Eucharist (wiki) <http://en.wikipedia.org/wiki/Eucharist>
- Catechumen (wiki) <http://en.wikipedia.org/wiki/Catechumen>
- The Beginnings of Christianity <http://www.earlychristianhistory.info/histch.html>
- The Foundations of the Christian Church <http://www.earlychristianhistory.info/church.html>
- Gnosticism <http://gnosis.org/gnintro.htm>
- The Nag Hammadi Library (complete, on line) <http://gnosis.org/naghamm/nhl.html>
- A Short Guide to Ancient Heresies http://www.ignatiusinsight.com/features2005/kwhthd_ancntheresies_july05.asp

2014 Sermon and Class Links

- The Roman Empire Adopts Christianity <http://www.jewishhistory.org/the-roman-empire-adopts-christianity/>
- Desert Fathers (wiki) http://en.wikipedia.org/wiki/Desert_Fathers
- The City of God, Augustine
 - Wiki [http://en.wikipedia.org/wiki/City_of_God_\(book\)](http://en.wikipedia.org/wiki/City_of_God_(book))
 - Summary <http://www.christianbooksummaries.com/library/v4/cbs0424.pdf>
- Adam, Eve, and the Serpent, Elaine Pagels <http://www.pinterest.com/pin/327707310356504957/>
- Revelations : Visions, Prophecy, and Politics in the Book of Revelation, Elaine Pagels <http://www.pinterest.com/pin/327707310358512605/>
- Doctrine of Original Sin (wiki) http://en.wikipedia.org/wiki/Original_sin
- St Patrick (wiki) http://en.wikipedia.org/wiki/Saint_Patrick
- The Order of St Benedict <http://www.osb.org/gen/benedictines.html>
- Saving Paradise: How Christianity Traded Love of This World for Crucifixion and Empire: Rita Nakashima Brock, Rebecca Ann Parker <http://www.pinterest.com/pin/327707310355053247/>
- Sermon on the Saving Paradise at All Soul's Unitarian Church, Rebecca Ann Parker (youtube) <http://www.youtube.com/watch?v=F8CX5ymq2BM&list=PL9E7D2E9B4F96B4EF>
- Substitutionary Atonement (wiki) http://en.wikipedia.org/wiki/Substitutionary_atonement
- Gospel of Thomas
 - Wiki http://en.wikipedia.org/wiki/Gospel_of_Thomas
 - Text of, on line <http://gnosis.org/naghamm/gosthom.html>
- Forced Conversions http://bio.sunyorange.edu/updated2/creationism/bad%20religion/3_forced_conversion.htm
- Apotheosis (wiki) <http://en.wikipedia.org/wiki/Apotheosis>
- Anselm of Canterbury (wiki) http://en.wikipedia.org/wiki/Anselm_of_Canterbury
- Peter Abelard, 12th c philosopher/theologian <http://plato.stanford.edu/entries/abelard/>
- Iconoclasm (wiki) <http://en.wikipedia.org/wiki/Iconoclasm>
- Indulgences (Catholic Encyclopedia) <http://www.newadvent.org/cathen/07783a.htm>
- Martin Luther (wiki) http://en.wikipedia.org/wiki/Martin_Luther
- Anabaptist <http://www.britannica.com/EBchecked/topic/22160/Anabaptist>
- The Seven Sacraments <http://www.americancatholic.org/features/special/default.aspx?id=29>
- Socinians (17th c “Unitarians”) <http://www.britannica.com/EBchecked/topic/551850/Socinian>
- Michael Servetus
 - Wiki http://en.wikipedia.org/wiki/Michael_Servetus
 - Institute <http://www.miguelservet.org/servetus/web.php>
 - Burned for heresy <http://www.christianity.com/church/church-history/timeline/1501-1600/michael-servetus-burned-for-heresy-11629984.html>
 - Out of the Flames: The Remarkable Story of a Fearless Scholar, a Fatal Heresy, and One of the Rarest Books; Goldstone <http://www.pinterest.com/pin/327707310355098043/>
- John Knox, Scottish, Protestant Reformation (wiki) http://en.wikipedia.org/wiki/John_Knox
- Church of Scotland
 - Wiki http://en.wikipedia.org/wiki/Church_of_Scotland
 - Website <http://www.churchofscotland.org.uk/>
- Puritanism <http://www.history.com/topics/puritanism>
- Calvin on Predestination <http://www.theologian-theology.com/theologians/john-calvin-predestination/>
- Church of England
 - Wiki http://en.wikipedia.org/wiki/Church_of_England
 - Website <http://www.churchofengland.org/>
 - History of <http://www.churchofengland.org/about-us/history.aspx>

2014 Sermon and Class Links

Final Coffee Conversations: Arguing With the New Atheists, Rev Dr Arvid Straube, May 21 2014 class

- Video (excerpts) <http://vimeo.com/96427175>
- The Atheist Apocalypse (comix) <http://www.viruscomix.com/page433.html>
- The Four Horsemen of the Atheist Apocalypse http://www.jewcy.com/jewish-arts-and-culture/four_horsemen_new_atheism
- The Blank Slate, The Noble Savage, and The Ghost in The Machine http://tannerlectures.utah.edu/_documents/a-to-z/p/pinker00.pdf
- The Mystery of Consciousness, Sam Harris <http://www.samharris.org/blog/item/the-mystery-of-consciousness>
- Can The Mind Exist Without The Brain (huffpost) http://www.huffingtonpost.com/scott-mendelson-md/can-the-mind-exist-withou_b_409691.html
- The Courage to Be, Paul Tillich <http://www.pinterest.com/pin/327707310358612711/>
- God as the Ground of Being: Tillich and Buddhism in Dialogue: The impact of Paul Tillich's theology on a Christian - Buddhist dialogue, Jeffrey Small <http://www.pinterest.com/pin/327707310358612690/>
- Under the Banner of Heaven, The Storu of Violent Faith, John Krakauer <http://www.pinterest.com/pin/327707310358612729/>
- War is A Force The Gives Us Meaning, Chris Hedges <http://www.pinterest.com/pin/327707310358612761/>
- Charter for Compassion, Karen Armstrong <http://charterforcompassion.org/>
- Does tolerance disarm religious liberals? (UU World, on Sam Harris' End of Faith) <http://www.uuworld.org/ideas/articles/5817.shtml>
- Post-Modernism, Realism, and The problem of Identity (Stanford, pdf) <http://www.stanford.edu/~pmoya/DiasporaMediatore.pdf>
- Faith in god is down to your genes (VMAT2 and Hamer) <http://www.medicalnewstoday.com/releases/16378.php>
- The God Gene: How Faith Is Hardwired into Our Genes, Dean H. Hamer <http://www.pinterest.com/pin/327707310358612924/>
- The God Gene (short analysis) http://dwax.org/2007/05/25/book_chapter_the_god_gene/
- A Shift to Humility: Resilience and Expanding the Edge of Change, Andrew Zolli (on being interview) <http://www.onbeing.org/program/a-shift-to-humility-andrew-zolli-on-resilience-and-expanding-the-edge-of-change/5501>
- Religion for Atheists: A Non-believer's Guide to the Uses of Religion, Alain de Botton <http://www.pinterest.com/pin/327707310358612901/>
- Without Gods, Alain de Botton's 'Religion for Atheists' (nyt book review) http://www.nytimes.com/2012/03/18/books/review/alain-de-bottons-religion-for-atheists.html?pagewanted=all&_r=0
- Atheism starts its own church: is it a religion now (salon) http://www.salon.com/2013/09/22/atheism_starts_its_megachurch_is_it_a_religion_now/
- Do atheists need their own church? (religion news) <http://www.religionnews.com/2013/11/25/atheists-need-church-sunday-assembly-prompts-controversy/>
- Stages of Faith, James Fowler <http://faculty.plts.edu/gpence/html/fowler.htm>
- A Brief History of Everything, Ken Wilber <http://www.pinterest.com/pin/327707310355715259/>
- Integral Spirituality: A Startling New Role for Religion in the Modern and Postmodern World, Ken Wilber <http://www.pinterest.com/pin/327707310355715259/>
- Grace and Grit: Spirituality and Healing in the Life and Death of Treya Killam Wilber, Ken Wilber <http://www.pinterest.com/pin/327707310358612971/>
- Active Hope (website) <http://www.activehope.info/joanna-macy.html>
- Active Hope: How to Face the Mess We're in without Going Crazy, Joanna Macy (book) <http://www.pinterest.com/pin/327707310358612980/>

2014 Sermon and Class Links

- Council of All Beings, Joanna Macy (essay)
<http://www.joannamacy.net/resources/deepecology/111-joanna-macy-council-of-all-beings-july2002.html>

Final Coffee Conversations: Spiritual Practice and The Brain, Rev Dr Arvid Straube, May 28 2014 class

- Video (excerpts) <http://vimeo.com/97168972>
- Buddha's Brain, the practical neuroscience of happiness, love, and wisdom; Rick Hanson
<http://www.pinterest.com/pin/327707310355116637/>
- Rick Hanson Blog <http://www.rickhanson.net/>
- How God Changes Your Brain: Breakthrough Findings from a Leading Neuroscientist, Andrew Newberg M.D. <http://www.pinterest.com/pin/327707310358613577/>
- The God-Shaped Brain: How Changing Your View of God Transforms Your Life, Timothy Jennings M.D. <http://www.pinterest.com/pin/327707310358613609/>
- Meditation in Action, Shinzen Young <http://www.shinzen.org/>
- Buddhist Brain, "The Science of Enlightenment, the Enlightenment of Science", Shinzen Young (pdf) <http://www.shinzen.org/The%20Buddhist%20Brain.pdf>
- What is Mindfulness, Shinzen Young (pdf)
http://www.shinzen.org/Articles/WhatIsMindfulness_SY_Public.pdf
- Your Brain on Meditation (Yoga Journal) <http://www.yogajournal.com/health/2601>
- Ken Wilber blog <http://www.kenwilber.com/blog/list/>
- Integral Life (web site) <http://integrallife.com/>
- Our brain's negativity bias (Psychology Today)
<http://www.psychologytoday.com/articles/200306/our-brains-negative-bias>
- The First and Second Dart (excerpted from Hanson's Buddha's Brain)
<http://www.futurehealth.org/populum/page.php?f=The-First-and-Second-Dart-by-Rick-Hanson-PH-D-100610-242.html>
- The Importance of Gratitude, Rick Hanson <http://www.rickhanson.net/happy/importance-gratitude-gladness-happy-life>
- Emotion Regulation in Everyday Life (Gross, Richards, and John)
<http://media.rickhanson.net/Papers/EmotRegDaily%20Life.pdf>
- A Tale of Two Wolves http://www.naticokeindians.org/tale_of_two_wolves.cfm
- Did survival of the fittest make us competitive and aggressive? (article) <http://bit.ly/1u60N0t>
- The Rapture in Buddhist Meditation <http://wisdomquarterly.blogspot.com/2010/05/rapture-rising-to-fourth-density.html>
- Working With Difficulties, Tara Brach <http://www.tarabrach.com/articles/RAIN-WorkingWithDifficulties.html>

The Price of Renewal, Rev Kathleen Owens, June 1 sermon

- Reflection question: How are you renewed?
- Video <http://vimeo.com/97354632>
- Centering Thought and Order of Service <http://bit.ly/1gJUTzA>
- There's a Hole in My Sidewalk, Portia Nelson (poem) <http://bit.ly/1u60N0t>
- Sacred Hoops: : Spiritual Lessons of a Hardwood Warrior, Phil Jackson
<http://www.pinterest.com/pin/327707310358646243/>
- Sacred Hoops (slide summary) <http://www.slideshare.net/stephenschiete/sacred-hoops>
- The Triangle Offense,
 - Basics <http://thetriangleoffense.blogspot.com/p/triangle-offense-basics.html>
 - Wiki http://en.wikipedia.org/wiki/Triangle_offense
- Reading: The Free Mind, from "Spiritual Freedom", William Ellery Channing
<http://uuchristian.org/Articles/Freedom.html>
- A Bigger "Yes", Steven Covey <http://www.goodreads.com/quotes/133606-you-have-to-decide-what-your-highest-priorities-are-and>

2014 Sermon and Class Links

- Sabbath: Finding Rest, Renewal, and Delight in Our Busy Lives, Wayne Muller <http://www.pinterest.com/pin/327707310358646379/>
- Slotha Yoga (poem) <http://afabwint.ning.com/profiles/blogs/slotha-yoga>
- Unplug for the weekend <http://bemorewithless.com/digitaldetox/>

Choosing Joy, Rev Dr Arvid Straube, June 8 sermon

- Reflection question: How will you cultivate more joy in your life?
- Video <http://vimeo.com/97677552>
- Centering Thought and Order of Service <http://bit.ly/1tOR24R>
- Buddha's Brain, the practical neuroscience of happiness, love, and wisdom; Rick Hanson <http://www.pinterest.com/pin/327707310355116637/>
- Rick Hanson Blog <http://www.rickhanson.net/>
- Our brain's negativity bias (Psychology Today) <http://www.psychologytoday.com/articles/200306/our-brains-negative-bias>
- A monk's meditations on the pursuit of happiness (wicked world syndrome), Ricard http://www.nytimes.com/2006/06/30/arts/30iht-idside1.2089375.html?pagewanted=all&_r=0
- Human Kindness Foundation, Bo Lozoff <http://www.humankindness.org/>

Out of the Shell, Elizabeth Bukey, Intern, June 15 sermon

- Reflection question: What calls you out of your shell?
- Video <http://vimeo.com/98463332>
- Centering Thought and Order of Service <http://bit.ly/1q5zu6Q>
- Quiet: The Power of Introverts in a World That Can't Stop Talking, Susan Cain
 - book <http://www.pinterest.com/pin/327707310358762604/>
 - NPR Interview <http://www.npr.org/2012/01/30/145930229/quiet-please-unleashing-the-power-of-introverts>
- The Power of Vulnerability, Brené Brown (TED Talk) http://www.ted.com/talks/brene_brown_on_vulnerability
- Squamish Story: Raven, The Brave Warrior (alternate version) <http://www.firstpeople.us/FP-HTML-Legends/Raven-TheBraveWarrior-Unknown.html>

The Secret of Life, Rev Dr Arvid Straube, June 22 (final) sermon

- Reflection question: What is the secret of your life?
- Video <http://vimeo.com/99383216>
- Centering Thought and Order of Service <http://bit.ly/1pJrO88>
- Readings
 - 1 Corinthians 13 <https://www.biblegateway.com/passage/?search=1+Corinthians+13>
 - 1 John 4 <https://www.biblegateway.com/passage/?search=1+John+4>
- Siri answers: "What's the meaning of life?" <http://marccortez.com/2011/10/14/the-meaning-of-life-according-to-siri-a/>
- What do Religious Liberals Believe, Waldemar Argow (book) <http://www.pinterest.com/pin/327707310358875796/>
- Love Itself, Leonard Cohen
 - (youtube) <http://www.youtube.com/watch?v=vxyqhyhSEXc>
 - (lyrics) <http://www.metrolyrics.com/love-itself-lyrics-leonard-cohen.html>
- Greek words for love <http://www.yesmagazine.org/happiness/the-ancient-greeks-6-words-for-love-and-why-knowing-them-can-change-your-life>
- Bernini's Teresa of Avila in Prayer (statue image) <http://media-cache-ak0.pinimg.com/236x/85/91/05/8591056ceff471f5d919ddac2768205b.jpg>

2014 Sermon and Class Links

Humanist Heroes Who Didn't Know They Were Either, Rev Jim Grant and Kristen Kuriga, June 29 sermon

- Reflection question: How does humanism encourage us to act on our values to help heal the world?
- Video <http://vimeo.com/99572966>
- Centering Thought and Order of Service <http://bit.ly/TLJsNI>
- Humanist Manifestos
 - (1933) I http://americanhumanist.org/humanism/Humanist_Manifesto_I
 - (1973) II http://americanhumanist.org/humanism/Humanist_Manifesto_II
 - (2003) III: A successor to the Humanist Manifesto of 1933, Humanism and Its Aspirations http://americanhumanist.org/humanism/Humanist_Manifesto_III
- Humanist Declarations
 - (1980) A Secular Humanist Declaration <http://www.secularhumanism.org/index.php/11>
 - (2000) A Humanist Manifesto: Call for a New Planetary Humanism <http://www.secularhumanism.org/index.php/1169>
 - (2002) The Amsterdam Declaration <http://iheu.org/humanism/the-amsterdam-declaration/>
- The American Humanist Association <http://americanhumanist.org/humanism/>
- The International Humanist and Ethical Union <http://iheu.org/>
- The Story of the Village of Le Chambon sur Lignon, France, and Pastor André Trocmé
 - <http://www.yadvashem.org/yv/en/righteous/stories/trocme.asp>
 - Weapons of the Spirit (documentary) <http://www.imdb.com/title/tt0100905/>
- SOLACE at First Church <http://www.firstuusandiego.org/solace>
- New SOLACE Project Offers Visitors To Immigrants Held In Detention (news article) http://www.imperialbeachnewsca.com/news/article_0e7015d6-5601-11e2-bbef-001a4bcf887a.html
- Watchdog: Feds Are Muzzling Us for Reporting Alleged Immigrant Detainee Sex Abuse, Mother Jones <http://www.motherjones.com/politics/2014/03/ice-sexual-abuse-immigrant-detention-oversight>
- The Secret of Life, Rev Dr Arvid Straube, June 22 (final) sermon <http://vimeo.com/99383216>

For Love of Country, Rev Kathleen Owens, July 6 sermon

- Reflection question: In what kind of country..., county..., city do you want to live?
- Video <http://vimeo.com/100061916>
- Centering Thought and Order of Service <http://bit.ly/1o18oWw>
- 50 Years Ago, Freedom Summer Began By Training For Battle, Hansi Lo Wang (NPR, Frontiers of Race, Culture and Ethnicity) <http://n.pr/1ozo7S2>
- The Declaration of Independence <http://www.archives.gov/exhibits/charters/declaration.html>
- Our Declaration: A Reading of the Declaration of Independence in Defense of Equality, Danielle Allen (book) <http://www.pinterest.com/pin/327707310358951833/>
- The Constitution <http://www.archives.gov/exhibits/charters/constitution.html>
- UUA GA 2014 Ware Lecture, Sister Simone Campbell <http://www.uua.org/economic/ga/295423.shtml>
- Headlines for June 11 (...student killed...) <http://www.democracynow.org/2014/6/11/headlines>
- LA Times, articles on gun control <http://www.latimes.com/topic/social-issues/gun-control/T14053000-topic.html>
- Why 90,000 Children Flooding Our Border Is Not an Immigration Story (NationalJournal) <http://bit.ly/1je2pUL>
- San Diego Organizing Project <http://www.sdop.net/>
- Civil Rights Act of 1964 (wiki) http://en.wikipedia.org/wiki/Civil_Rights_Act_of_1964
- "... the central task of a religious community ..." Mark Morrison-Read <http://www.uuworld.org/spirit/articles/151762.shtml>

2014 Sermon and Class Links

Calm in the Storm, Elizabeth Bukey, Summer Assistant Minister July 13 sermon

- Reflection question: What helps you find calm?
- Video <https://vimeo.com/100660920>
- Centering Thought and Order of Service <http://bit.ly/1k6qMPa>
- The Moody Cow, Karen Lee MacLean (book)
<http://www.pinterest.com/pin/327707310359015489/>
- The Moody Cow Meditation Mind Jar <http://bit.ly/1zzarMT>
- Taizé Worship http://www.bbc.co.uk/religion/religions/christianity/priests/taize_1.shtml
- Taizé Community (wiki) http://en.wikipedia.org/wiki/Taiz%C3%A9_Community
- Quaking Aspen (National Park Service)
<http://www.nps.gov/brca/naturescience/quakingaspen.htm>
- "religion", etymology of http://www.etymonline.com/index.php?term=religion&allowed_in_frame=0

Pack a Tambourine, Elizabeth Bukey, Summer Assistant Minister, July 27 sermon

- Reflection question: What would happen if you expected joy in the middle of change?
- Video <http://vimeo.com/101875281>
- Centering Thought and Order of Service <http://bit.ly/1kFmEWh>
- The Book of Exodus <http://bit.ly/UDSdZO>
- Exodus: 15-20, "Miriam took a tambourine..." (with context and commentaries)
<http://biblehub.com/exodus/15-20.htm>
- Exodus with Rashi's Commentary
http://www.chabad.org/library/bible_cdo/aid/9862#showrashi=true
- The Particulars of Rapture: Reflections on Exodos, Avivah Gottlieb Zornberg
<http://www.pinterest.com/pin/327707310359160595/>
- Avivah Zornberg; Exodus, Cargo of Hidden Stories (On Being podcast and interview with)
<http://www.onbeing.org/program/exodus-cargo-hidden-stories/96>
- The Power of Vulnerability, Brené Brown (TED Talk)
http://www.ted.com/talks/brene_brown_on_vulnerability
- Brené Brown: 'Joy Is The Most Vulnerable Emotion We Experience' (huffpost video)
<http://huff.to/1nwDxrq>
- Sometimes (from A Year's Risings), 4th Verse, Instructions for Living a Life, Mary Oliver (poem, in its entirety) <http://yearsrisingmaryoliver.blogspot.com/2010/11/sometimes.html>
- Religious Terrorism meets Religious Liberalism: And The Stones Shall Cry (UU New Orleans church invaded by Operation Save America, a fundamentalist anti-abortion organization)
<http://bit.ly/1q636NZ>

Here We Go, Rev Kathleen Owens, August 3 sermon

- Reflection question: What might be the next step on your path?
- Video <http://vimeo.com/102479158>
- Centering Thought and Order of Service <http://bit.ly/1mZO8WI>
- Come, Come, Whoever You Are, Rumi (poem) <http://bit.ly/1pzmTa1>
- Eleven Rings: The Soul of Success, Phil Jackson (book)
<http://www.pinterest.com/pin/327707310358908894/>
- Eleven Rings (in-depth breakdown) <http://ble.ac/1s5DghZ>
- Story: The Ten Virgins: What It Means to Be Ready (Matthew 25:1-13) (with analysis)
<http://bit.ly/1xYtigu>
- "I can repeat over ...", from Song of the Open Road (5th stanza), Walt Whitman (poem, complete)
<http://www.poetryfoundation.org/poem/178711>
- "When patterns are broken, new worlds emerge" – Tuli Kupferberg
<http://boingboing.net/2010/07/12/tuli-kupferberg-rip.html>
- "Here's where I found my voice ...", from Map of a Journey in Progress, Victoria Stafford (poem)
<http://on.fb.me/1o718A8>
 - Also in Walking Towards Morning: Meditations (see pg 57)
<http://www.pinterest.com/pin/327707310359235845/>

2014 Sermon and Class Links

Bridging as Way of Life, Rev Kathleen Owens, August 10 sermon

- Reflection question: Where in your life are you in transition?
- Video <https://vimeo.com/103287243>
- Centering Thought and Order of Service <http://bit.ly/1qJ2piQ>
- On Bridging (UUA):
 - Transitioning from Youth to Young Adulthood <http://www.uua.org/re/youth/build/bridging/index.shtml>
 - Celebrating the Bridging Ceremony <http://www.uua.org/worship/holidays/174649.shtml>
 - Rituals of Passage, Stages <http://prevos.net/humanities/sociology/ritual/> and <http://proteuscoven.com/passages/Rituals.html> and https://web.cn.edu/kwheeler/documents/Rites_of_Passage.pdf
- Reading, From Generation to Generation, Antoine de Saint-Exupéry
 - Text <http://www.poemhunter.com/poem/generation-to-generation/>
 - Video <https://vimeo.com/72460193>
- The Fault in Our Stars.
 - <http://www.pinterest.com/pin/327707310359315010/>
 - Book online http://www.quia.com/files/quia/users/stvarraso/The-Fault-In-Our-Stars/TFIOS_JG_English.pdf
 - Study Guide <http://www.shmoop.com/fault-in-our-stars/>
- "... the privilege of a lifetime ...", from Reflection on the Art of Living, Joseph Campbell
 - Quote <http://www.brainyquote.com/quotes/quotes/j/josephcamp378372.html>
 - Book <http://www.pinterest.com/pin/327707310359315084/>

The Transient and the Permanent Remade, Rev Leslie Takahashi Morris, Guest Pulpit, August 17 sermon

- Reflection question: "As Theodore Parker asked, 'Will you cling to what is fleeting or will you embrace what is eternal?'"
- Rev Leslie Takahashi Morris, Minister, Mt Diablo UU Church <http://www.mduuc.org/about-mduuc-/ministers-and-staff>
- Video <https://vimeo.com/103663657>
- Centering Thought and Order of Service <http://bit.ly/1o9CqZT>
- A Discourse of the Transient and Permanent in Christianity, Theodore Parker (sermon, 1841) (pdf, full text) <http://digitalcommons.unl.edu/cgi/viewcontent.cgi?article=1013&context=etas>
- The Arc of the Universe Is Long: Unitarian Universalists, Anti-Racism, and the Journey from Calgary, Leslie Takahashi Morris
 - Book <http://www.pinterest.com/pin/327707310359360260/>
 - UUA 2009 GA Presentation (video) <http://www.uua.org/economic/ga/144237.shtml>
 - Discussion Guide https://www.uua.org/documents/skinner/arc_discussion.pdf
- Darwin's Dilemma
 - The film Creation, review of (based on Annie's Box book) <http://www.imdb.com/title/tt0974014/>
 - Review of film Creation <http://www.theguardian.com/science/blog/2009/sep/21/creation-charles-darwin-evolution>
 - Annie's Box: Charles Darwin, His Daughter And Human Evolution Randal Keynes, (book) <http://www.pinterest.com/pin/327707310359360499/>
 - Annie's Box (book review) <http://www.theguardian.com/books/2002/jun/08/featuresreviews.guardianreview42?uni=Article:in%20body%20link>
- "Religion", Etymology of http://www.etymonline.com/index.php?term=religion&allowed_in_frame=0
- Suggestions for a Second Axial Age, Karen Armstrong (youtube) <http://www.youtube.com/watch?v=uKi7bB4Xgxl>
- A New Axial Age, interview with Karen Armstrong http://www.adishakti.org/_a_new_axial_age_by_karen_armstrong.htm

2014 Sermon and Class Links

When We've Been Here 10,000 Years, Rev Jennifer Channin, August 24 sermon

- Reflection question: "What is the thread that weaves through this faith, connecting our past to our future?"
- Video <http://vimeo.com/104260534>
- Centering Thought and Order of Service <http://bit.ly/1BMcJEx>
- A Discourse of the Transient and Permanent in Christianity, Theodore Parker (sermon, 1841) (pdf, full text) <http://digitalcommons.unl.edu/cgi/viewcontent.cgi?article=1013&context=etas>
- Amazing Grace, hymn, John Newton
 - lyrics http://www.constitution.org/col/amazing_grace.htm
 - background on hymn and composer http://en.wikipedia.org/wiki/Amazing_Grace

Labor in the Pulpit, Rev Kathleen Owens, August 31 sermon

- Reflection question: "Where have labor issues touched your life?"
- Video <http://vimeo.com/104877653>
- Centering Thought and Order of Service <http://bit.ly/1klbNgk>
- Centering Thought, complete text from William Sloane Coffin: Sayings on Social and Economic Justice <http://bit.ly/1pZTTdc>
- Love is the Measure, Dorothy Day in The Catholic Worker Movement, 1946 <http://www.catholicworker.org/dorothyday/daytext.cfm?TextID=425&SearchTerm=poor>
- Opening Song: Step by Step,
 - lyrics and interview with John McCutcheon (singer / songwriter) <http://ro.uow.edu.au/cgi/viewcontent.cgi?article=1001&context=unity>
 - YouTube (performed by John McCutcheon) <https://www.youtube.com/watch?v=lqNFxQ6Yw8w>
 - Union Songs <http://unionsong.com/songs.html>
- Click, Clack, Moo – Cows That Type, Doreen Cronin
 - Amazon <http://www.pinterest.com/pin/327707310359494597/>
 - YouTube Read Aloud <https://www.youtube.com/watch?v=MC3zIXfi98Y>
 - PBS Kids <http://pbskids.org/lions/cornerstones/click/story/hypertext/>
- I've Been Working So Hard ("Tired"), Shel Silverstein <http://www.inspirationpeak.com/cgi-bin/poetry.cgi?record=35>
- Poor Laws, Poverty, and Labor, Oliver Twist: A Virtual Case Book in Child Labor <http://twist2012.weebly.com/poor-laws-poverty--labor.html>
- Exploitation of Child and Class Social in Oliver Twist <http://kyuwenn.blogspot.com/2011/10/exploitation-of-child-and-class-social.html>
- Child Labor Public Education Project https://www.continuetolearn.uiowa.edu/laborctr/child_labor/
- A History of Child Labor <http://www.scholastic.com/teachers/article/history-child-labor>
- Child Labor (History Channel) <http://www.history.com/topics/child-labor/print>
- Report to the (San Diego) City Council: Improving Wages and Working Conditions in San Diego http://docs.sandiego.gov/councilcomm_agendas_attach/2014/edir_140324_2.pdf
- Making Ends Meet, Center on Policy Issues (CPI) http://www.onlinecpi.org/making_ends_meet
- Earned Sick Days and Minimum Wage (CPI) http://www.onlinecpi.org/earned_sick_days_and_minimum_wage
- Interfaith Committee for Worker Justice (ICWJ) <http://icwj.org/>
- San Diego Organizing Project (SDOP) <http://www.sdop.net/>
- Raise Up San Diego <http://www.raiseupsandiego.org/>
- Power to the workers: How grocery chain employees saved beloved CEO (LA Times) <http://lat.ms/1pxZjgh>
- Blessing: "Because of those who came before ..." <http://sideoflovmn.org/because-of-those-who-came-before/>

2014 Sermon and Class Links

We All Need a Little Help, Adam Dyer, Intern Minister, September 7 sermon

- Reflection question: “How do we maintain our independence while living the truth of an interdependent web?”
- Video <http://vimeo.com/105507784>
- Centering Thought and Order of Service <http://bit.ly/1oK5hVj>
- Seventh Principle of Unitarian Universalism <http://www.pinterest.com/pin/327707310358285505/>

One Truth, Many Names: The Intersection of Hinduism and UUism, Rev Kathleen Owens, September 14 sermon

- Reflection question: “How do you keep your heart and mind open in the face of differences?”
- Video <https://vimeo.com/106143072> (3rd Source Series)
- Centering Thought and Order of Service <http://bit.ly/1stuusd>
- UU Principles and Sources <http://www.uua.org/beliefs/principles/>
- Can UUs Really Believe Anything They Want? <http://bit.ly/1uCZ3ME>
- Beyond Belief, UUA President Rev Peter Morales <http://bit.ly/1qPk0DJ>
- Sources of Our Faith, Rev Kathleen Rolenz <http://www.pinterest.com/pin/327707310359640047/>
- Celebrating Who We Are (event) <https://www.facebook.com/events/771209656258558/>
- Swami Vivekananda's address at the World Parliament of Religions, Chicago, 1893
 - Text (pdf) http://arunshanbhag.files.wordpress.com/2009/07/vivekananda_chicagospeech.pdf
 - Audio, Part I (youtube) <http://www.youtube.com/watch?v=p4Nmvm4WYM>
 - Audio, Part II (youtube) <http://www.youtube.com/watch?v=xvxF4gGRKAY>
- Ganesh, Lord of Success and Beginnings
 - About <http://hinduism.about.com/od/lordganesha/a/ganesha.htm>
 - Images <http://bit.ly/1y4irqU>
- Shiva, The Destroyer, The Dancer
 - About <http://bit.ly/1uO7wM4>
 - Images <http://bit.ly/1BEQXGC>
- The Vedas
 - What are? <http://hinduism.about.com/cs/vedasvedanta/a/aa120103a.htm>
 - Full text, online <http://www.sacred-texts.com/hin/#vedas>
- The Upanishads
 - What are? <http://hinduism.about.com/od/scripturesepics/a/upanishads.htm>
 - Full text online <http://www.sacred-texts.com/hin/#upan>
- The Bhagavad Gita
 - About <http://hinduism.about.com/library/weekly/extra/bl-gitatext.htm>
 - Full text online <http://www.sacred-texts.com/hin/#gita>
- The Asian Soul of Transcendentalism <http://www.asian-studies.org/aaa/aaa-16-2-lewis-bicknell.pdf>
- Hippies, Hindus, and Transcendentalists <http://watershedonline.ca/emerson/page11/page11.html>
- William Ellery Channing's Theology: God, Christ, Humanity, and Self-Culture <http://transcendentalism-legacy.tamu.edu/authors/wechanning/channingtheology.html>
- Hinduism and Human Rights <http://religionhumanrights.com/Religion/Hindu/hindu.fhr.htm>
- What Would Krishna Do? Or Shiva? Or Vishnu? (NYT OpEd) <http://opinionator.blogs.nytimes.com/2014/08/03/what-would-krishna-do-or-shiva-or-vishnu/>

2014 Sermon and Class Links

The Great End in Religious Instruction, Rev Kathleen Owens, September 21 sermon (Honoring Liz Jones, DRE)

- Reflection question: “Who has helped you awaken to a richer life?”
- Video <http://vimeo.com/106868897>
- Centering Thought and Order of Service <http://bit.ly/1r4JsFX>
- William Ellery Channing
 - Info on <http://uudb.org/articles/williamellerychanning.html>
 - “The great end in religious instruction ...”, short quote <http://bit.ly/1DttNVD>
 - “The Great End in Religious Instruction”, complete text, from Singing the Living Tradition, #652) http://www.icuu.net/resources/downloads/unit6a_sgw.pdf
 - Unitarian Christianity (sermon, 1819) http://www.transcendentalists.com/unitarian_christianity.htm
 - On the Duties of Children (sermon) <http://bit.ly/1C5NwZL>
- Education Reformers
 - Elizabeth Peabody <http://uudb.org/articles/peabodysisters.html>
 - Bronson Alcott <http://uudb.org/articles/bronsonalcott.html>
 - Dorothea Dix <http://uudb.org/articles/dorotheadix.html>
 - Horace Mann <http://uudb.org/articles/horacemann.html>
- Elements of religion and morality in the form of a catechism, Channing and Thacher (1875) (complete text online) https://archive.org/details/cihm_06916
- Living Liberal Religion: 125 years in the life of the First Unitarian Universalist Church of San Diego, 1873-1998, Elbert (Jim) Boone <http://www.pinterest.com/pin/327707310359717530/>
- Sophia Lyon Fahs, celebrating the life of ... http://www.michellcomputing.com/unitarians/media/2010.05.30.Sophia_Lyon_Fahs.pdf
- The Unitarians and The Universalists, David Robinson (book) <http://www.pinterest.com/pin/327707310355103736/>
- Parker Palmer (books)
 - The Courage to Teach: Exploring the Inner Landscape of a Teacher's Life, <http://www.pinterest.com/pin/327707310359707459/>
 - Let Your Life Speak: Listening for the Voice of Vocation, <http://www.pinterest.com/pin/327707310359707540/>
 - A Hidden Wholeness: The Journey Toward an Undivided Life <http://www.pinterest.com/pin/327707310359717160/>
- Things for UU Parents and Kids, First Church Pinterest Board <http://www.pinterest.com/firstuusandiego/things-for-uu-parents-kids/>
- UUA, Religious Education <http://www.uua.org/re/index.shtml>
- Meadville Lombard Theological School: The MacLean Religious Education Collection and Archives <http://meadville.edu/The-Religious-Education-Collection>
- Liberal Religious Educators Association <http://www.lreda.org/>
- Benediction: “May we have faith in life ...”, V. Emil Gudmundson <http://bit.ly/1v9drLW>

We Begin Again in Love, Rev Jennifer Channin, September 28 sermon

- Reflection question: “In what ways do you feel un-reconciled – to your loved ones, to God, to yourself? What is required for reconciliation?”
- Video <http://vimeo.com/107656364>
- Centering Thought and Order of Service <http://bit.ly/1wNKBSF>
- “The Hardest Word,” Jacqueline Jules (book) <http://www.pinterest.com/pin/327707310359778315/>
- “Sorry Seems To Be The Hardest Word”, Elton John (youtube) <https://www.youtube.com/watch?v=c3nScN89Klo>
- Traveling Mercies: Some Thoughts on Faith Anne Lamott (book) <http://www.pinterest.com/pin/327707310359778653/>
- Anne Lamott on Facebook <https://www.facebook.com/AnneLamott>
- The Forgiveness project (website) <http://theforgivenessproject.com/>

2014 Sermon and Class Links

Living in Chaos, Rev Kathleen Owens, October 5 sermon

- Reflection question: Where is chaos in your life and what is the next step toward a place of calm?
- Video
- Centering Thought and Order of Service <http://bit.ly/1sRMkIF>
-

http://www.slate.com/articles/life/low_concept/2012/06/what_kind_of_muppet_are_you_chaos_or_order_.html

<http://www.npr.org/blogs/monkeysee/2012/06/16/155111925/explaining-muppet-theory-are-you-an-ernie-or-a-bert>

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