

# SUNDAY TRADITIONAL WORSHIP SERVICE

September 15, 2013 at 9:30 a.m.

*Today's flowers are given in honor of the 50th Wedding Anniversary of John and Peggy Holl.*

## Centering Thought

*"Advice is what we ask for when we already know the answer but wish we didn't."*

— Erica Jong

## Gathering Bell

Rev. Dr. Arvid Straube, *Lead Minister*

## Opening Music

**"Stella By Starlight"**

— Victor Young

Chase Pado, *guest pianist*

## Opening Words

Rev. Kathleen Owens, *Associate Minister*

## Church Hymn *(words in English and Spanish are on the back of this Service Order)*

## Church Aspiration and Kindling of the Chalice

## Welcome and Announcements

## New Member Blessing

## Opening Song

# 1020 **"Woyaya"**

Dave Karpinski, *song leader*

## Children's Affirmation

Liz Jones, *Director of Religious Education*

*and Family Ministry*

## Music

**"UU Children's Song"**

— Grace Lewis-McLaren

## Generosity Offering

## Music

**"How Sweet It Is"** — Holland-Dozier-Holland

## Reading

**"A Word on Statistics"** — Wislawa Szymborska

## Meditation Song

# 86 **"Blessed Spirit of My Life"**

## Extinguishing of the Chalice for Kay Yarnell

## Meditation

## Music

**"A Horse With Wings"**

— Ricky Ian Gordon

Women's Chorus

Lynn Mendoza-Khan, *Director*

## Message

**"Foolish Things Smart People Do"**

Rev. Dr. Arvid Straube, *Lead Minister*

## Closing Song

# 1026 **"If Every Woman in the World"**

## Blessing

## Postlude

**"Nardis"**

— Miles Davis

**Question for Reflection**— *What are the foolish things that I do that I could change now that I am aware of them?*

# SUNDAY CONTEMPORARY WORSHIP SERVICE

September 15, 2013 at 11:30 a.m.

*Today's flowers are given in honor of the 50th Wedding Anniversary of John and Peggy Holl.*

## Centering Thought

*"Advice is what we ask for when we already know the answer but wish we didn't."*

— Erica Jong

## Gathering Bell

Rev. Dr. Arvid Straube, *Lead Minister*

## Opening Music

**"These Foolish Things (Remind Me of You)"**

— Jack Strachey, words by Eric Maschwitz

## Opening Words

Alice King, *Young Adult and Campus Ministry Coord.*

## Opening Song

**# 347 "Gather the Spirit"**

Lorelei Isidro, *vocals*

Bill Shreeve, *instrumentalist*

Danny Green, *piano*

Dave Pschaida, *drums*

Dana Decker, *Associate Director of Music*

## Welcome and Announcements

**Church Hymn** (*words in English and Spanish are on the back of this Service Order*)

## Church Aspiration and Kindling of the Chalice

**Children's Affirmation** Liz Jones, *Director of Religious Education  
and Family Ministry*

## Reading

**"A Word on Statistics"** — Wislawa Szymborska

## Song

**# 1020 "Woyaya"**

## Generosity Offering

## Music

**"My Foolish Heart"**

— Victor Young, words by Ned Washington

## Meditation Song

**# 95 "There Is More Love Somewhere"**

## Extinguishing of the Chalice for Kay Yarnell

## Meditation

## Message

**"Foolish Things Smart People Do"**

Rev. Dr. Arvid Straube, *Lead Minister*

## Closing Song

**# 1017 "Building a New Way"**

## Blessing

## Postlude

**"Building a New Way"** (instrumental reprise)

— Martha Sandefer

*Our sign language interpreter is Paul Lambert.*

**Question for Reflection**— *What are the foolish things that I do that I could change now that I am aware of them?*

## Church Hymn

From all who dwell below the skies,  
Let faith and hope with love arise,  
Let beauty, truth, and good be sung  
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol  
surja esperanza fe, amor  
Verdad, y belleza cantando,  
de cada tierra, cada voz.

## Church Aspiration

May love be the spirit of this church,  
May the quest for truth be its sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in freedom,  
And to help one another in fellowship,  
This is our Aspiration.

El amor es la doctrina de esta iglesia,  
la búsqueda de la verdad es su sacramento  
y el servicio es su oración.  
Habitar juntos en paz,  
buscar la verdad con libertad,  
y servir a la humanidad juntos,  
Esto es lo que pactamos unos con otros.

To hear today's sermon online, please scan the QR code below.



# New Member Blessing

## **Congregation:**

To you who are now joining our religious community as new Members, we extend a warm welcome and our blessing. May the journey we take together nurture and enrich our lives.

Suzette: Now, will the new members please join in reading,  
as the congregation reaffirms its covenant of membership?

## **Congregation and New Members:**

As Members of the First Unitarian Universalist Church of San Diego, we respect the honest search for truth and meaning in all persons and all religions. We strive to accept differences as opportunities for growth in religious life. We celebrate and honor our common faith with a shared commitment to enhance the quality of life for all.

Please welcome the following New Members into this congregation:

Andrew Cooksy\*

Andy Dang Nguyen

Beverly Harju

Thomas Long

Carrie Sakai

Cathy Sang

Colleen Garrett

Darcy Rhodes

Doris Greenwald Milton\*

Helen Levinsky

Jandro Kirkish

Sussannah Taylor-Cook

J'anna Johnson\*

Marc Webb

Michael Turner-Ortega

\* Reactivated member

## **Notice of Special Congregational Meeting**

The Board of Trustees has called a Special Congregational Meeting on September 29 (Sunday) at 1 p.m. in the Meeting House on the Hillcrest Campus, so that the voting membership of this congregation can vote to Call the Reverend Kathleen Owens as our Lead Minister.

Absentee Ballots are available in the office following Services today, and will be available throughout the next two weeks, until 12:30 p.m. on September 29 (Sunday). If you are not able to attend the Special Congregational Meeting, please stop by the Church Office and cast your vote with Robie Evans, Our Director of Operations or Abby Koch our Office Manager.

Pledging Friends and Friends of the Church are not able to vote in this matter. If you are unsure of your Member or Friend status within First Church you are encouraged to stop by the Office to inquire.

## **First Church Constitution—Voting Membership**

### **Article II. Membership**

#### **Section 2. Voting Membership.**

Upon making a pledge to the current or upcoming operating fund of the Church, and subject to the provisions of Section 4, a member who has reached the age of 18 shall be designated a Voting Member.

If a financial contribution of record has not been received from that member (or that member's household) in the past 12 months, then the member shall not be considered a Voting Member until such time as a contribution of record has been received.

## Announcements

### **Count Down to the 2nd Annual Boogie Ball**

Last year was a blast, and this year promises to be even better. Get your tickets for this over 21 event on the Church patio or online at [uuboogieball.brownpapertickets.com](http://uuboogieball.brownpapertickets.com)! This is an important fundraiser for our operating budget. Tickets are \$35 in advance, which includes live rock and roll, heavy finger foods, non-alcoholic beverages, and a great time. A no-host bar of beer and wine and a silent auction will also be part of the fun. Credit and debit cards will be accepted the night of the event. For more information, contact Suzette Southfox at 619-398-4436.

A significant percentage (over 12%) of Americans suffer from **Multiple Chemical Sensitivity (MCS)**. For these people, as well as for those who have asthma; any sort of strong scent, including perfume or aftershave lotion, can be very difficult for them to tolerate. To accommodate those in our Church who have such sensitivity we are creating a fragrance-free zone, a section of the Meeting House where they can be comfortable. Please look for the sign designating this new zone. Thank you for your support to be welcoming to those with invisible disabilities.

The First Church Music Department is presenting our first *All-Star Benefit Concert*—including the Chalice Choir, Women's Choir, vocal soloists with our own jazz ensemble—in the Meeting House on October 12 (Saturday) at 7:30 p.m.

## Sunday, September 15

### **What is a faithful response in Syria?**

September 15 (Sunday) from 11:15 a.m. to 12:30 p.m., Room TBA

For many of us, our hearts and minds are struggling with the current situation in Syria. Join Rev. Kathleen Owens and Kristen Kuriga for a spiritually-grounded dialogue to explore the many facets of this situation. What's stirring in you? What concerns do you have? How might we respond and engage as a people of faith?

### **Singletarian Luncheon**

September 15 (Sunday) at 12:30 p.m., Olive Garden, 3215 Sports Arena Blvd.

Please contact Bob Graham at 858-560-4834 with any questions.

### **UU Christian Study Group "Red Letter Sunday"**

September 15 (Sunday) at 1 p.m., Room 321

Our UU Christian Study Group's "Red Letter Sunday" is our day to take one of the quotes or teachings of Jesus and examine it in the light of 21st Century UU spirituality. This will include meditation, sharing, discussion and a dharma talk. This weeks quote is from Mathew 5:38: "But I say unto you that ye resist not evil, but whosoever shall smite thee on thy right cheek, turn to him the other also."

### **Open Heart Buddhist Sangha**

Sundays from 4 to 6 pm, Room 323

Practicing in the tradition of Vietnamese Zen Master Thich Nhat Hanh; most Sundays the group practices sitting meditation and walking meditation, has a short lesson, shares about the practice, and sings. Please bring a cushion or mat to sit on, or chairs will be available. Open to everyone; drop in.

### **Friends of de Benneville Pines Meeting and Potluck**

September 15 (Sunday) for a 5 p.m. Social Hour, 6 p.m. Potluck, 7 p.m. Meeting, at the Finley Home

Join the Friends of de Benneville Pines on Sunday evening in Tierrasanta at the home of Jane and Clancy Finley. For directions or to RSVP, please call Jane and Clancy at 858 569-1291.

## Monday, September 16

### **Yoga and Meditation with Rolly Fanton**

September 16 (Monday) from 10 to 11:30 a.m., Bard Hall

This is a restorative yoga class with a focus on personal body awareness and self-care; to aide in stress relief for both mind and body, by mindfully practicing the poses, guiding our minds to focus on positive thoughts and lighting our lives with laughter and community. After our poses we have a 15-minute meditation. Bring a yoga mat and a blanket. Wear loose-fitting clothing. Avoid heavy scents. Come early to get comfortable. Drop in.

### **Monday Evening Meditation Sangha**

Mondays from 7 p.m. to 8:30 p.m., Room 323

All are welcome for a silent sitting meditation from 7 to 7:20 p.m., followed by an open discussion of our meditation or practice. The remainder will be focused on a recorded dharma talk and discussion. For more information, please e-mail John Holl or call 619-546-6525.

## Tuesday, September 17

### **Daytime Discussions with Jim Grant: The Final Years**

September 17 (Tuesday) from 10 a.m. to 12 p.m., Room 323

Daytime Discussions with Jim Grant: The Final Years, Hillcrest. We all know we will die, but we seldom prepare. Join Rev. Jim Grant for a direct discussion about preparing to die. No registration is necessary, just drop in.

### **Board of Trustees Meeting**

September 17 (Tuesday) from 6 to 9 p.m., Bard Hall

All First Church Members, Friends, and visitors are invited to attend our monthly Board Meetings on the third Tuesday of each month. "Open Mic" time is scheduled at every Board Meeting, because we're interested in your opinions and ideas. You may speak, uninterrupted, for a maximum of three minutes on any church-related topic that interests you, except personnel matters.

Wednesday, September 18

### **Wednesday Morning Meditation Sangha**

Wednesdays from 10 a.m. to 12 p.m., Room 323

All are welcome for a silent sitting meditation from 10 to 10:40 a.m., followed by a discussion of practice. The remainder of the time will be focused on a recorded dharma talk and discussion. For more information, please contact John Holl at 619-546-6525.

### **SDOP (San Diego Organizing Project) Potluck Celebration**

September 18 (Wednesday) from 6:30 to 8 p.m., SDOP Office

4305 University Avenue, 6th Floor, San Diego 92105

Everyone is invited to enjoy a potluck dinner and hear about the results of SDOP's Summer of Citizenship Campaign, including a recent bus trip to Bakersfield, for an immigration action. SDOP is a non-partisan, interfaith community organization representing 31 congregations and over 70,000 families throughout San Diego County, which First Church is one of their member congregations. Please e-mail or call Angela Garcia-Sims at 619-423-7248 or Nancy Toba-Laba at 619-407-0674 for more information and for suggestions regarding what to bring.

## Thursday, September 19

### **A Tour of Some of Europe's Synagogues with Rev. Kathleen, Part 2**

September 19 (Thursday) from 6:30 to 8 p.m., Room 323

Rev. Kathleen Owens will share various photos, booklets, and stories she has acquired from two of her trips to Europe, including Prague, Krakow, Florence, Budapest, Vienna, Rhodes, and more.

## Thursday, September 19

### **Daytime Discussions with Jim Grant: The Final Years**

September 19 (Thursday) from 10 a.m. to 12 p.m., South Bay Campus

Daytime Discussions with Jim Grant: The Final Years, Hillcrest. We all know we will die, but we seldom prepare. Join Rev. Jim Grant for a direct discussion about preparing to die. No registration is necessary, just drop in.

### **South Bay Campus Meditation Group**

Thursdays from 6:45 to 8 p.m., South Bay Campus

Most sessions the group practice will have a short lesson, sitting meditation and/or walking meditation, and sharing about the practice. Contact Kathleen Garcia-Horlor at 619-251-3331.

### **Movie Lovers Gabfest (Affinity Group)**

September 19 (Thursday) at 7 p.m., Room 113

Fall is here and new movies abound. A few that we recommend are: "Lee Daniel's, *The Butler*," "The Spectacular NOW," "Drinking Buddies," and "Short Term 12." What movies (new and old) have moved you or made you laugh? What are your favorite DVD's? We meet the third Thursday of every month. If you have any questions contact Bonnie Sattler at 619-265-1162.

## Saturday, September 21

### **Social Justice Service Project in September: CA Coastal Clean-up at Chula Vista Bayfront**

September 21 (Saturday) from 9 a.m. to 12 p.m., 1099 Marina Way, Chula Vista

Our congregation will be participating in the CA Coastal Clean-up at the J Street Marina in Chula Vista. Please bring your own gloves and a bucket if you have them. To signup, please come to the Social Justice Ministry Team Table on the Hillcrest Campus or the Get Involved Table at the South Bay Campus, or contact Kristen Kuriga at 619-298-9978, ext. 216.

### **Boogie Ball and Silent Auction**

September 21 (Saturday) from 6 to 10 p.m. at our Hillcrest Campus

This fabulous 21+ event will benefit our general operating budget, so we can continue our important work. Tickets are \$35 in advance, \$40 at the door, and are now available through Brown Paper Tickets.com. This year we are thrilled to add a wonderful silent auction. You can dress up or down as you choose and dance the night away to the live music of San Diego's *Night Shift* – classic rock with a modern twist. If you are interested in helping to throw this most excellent party, contact Suzette Southfox, Director of Membership and Development at 619-398-4436.

## Next Sunday, September 22

### **UU Humanist Study/Discussion Group**

September 22 (Sunday) at 1 p.m., Room 323

This month's documentary topic is "Eat, Fast, and Live Longer" with Michael Mosley a British physician and journalist, who acts as a human guinea pig and reveals the surprising recent medical research findings that dispel previous myths. Mosley then shows us practical ways to improve our health. Join us for a fascinating and informative afternoon.

### **New Neighborhood Group for Allied Gardens, Mission and Fashion Valley**

September 22 (Sunday) from 4 to 5:30 p.m., Bonnie Sattler's Home

Live in the Allied Gardens, Mission Valley, or Fashion Valley area? Interested in meeting fellow UUs? Please join us for fun and fellowship. Contact Bonnie Sattler at 619-508-3607 for more information or to RSVP.