

SUNDAY WORSHIP SERVICE

November 10, 2013 at * 9:30 and **11:30 a.m.

Today's flowers are given by Lois Day because "Flowers are the language of Nature."

~ Ralph Waldo Emerson

Centering Thought

"Out beyond ideas of wrong doing and right doing there is a field I'll meet you there; where the soul lies down in the grass, the world is too full to talk about." — Rumi

Gathering Bell

Opening Music

"Benedictus" ("Blessed") — Brian Lewis

First UU Women's Chorus
Lynn Mendoza-Khan, *Director*

Opening Words

Rev. Dr. Arvid Straube, *Lead Minister*

Church Hymn

(words in English and Spanish on screen)

Church Aspiration and Kindling of the Chalice

Welcome and Announcements

Recognition of Active and Reserve Military and Veterans

Opening Song

159 "This Is My Song"

Gabriel Brinton, *song leader*

Children's Affirmation

Liz Jones, *Director of Religious Ed. and Family Ministry*

Music

"Consecration"

— Kristina Langlois

Ken Herman, *Director of Music/Organist*

Generosity Offering

Music

"Abendlied" ("Evening Song")

— Josef Rheinberger

Chalice Choir

Daniel Ratelle, *Director*

Reading

From **"No Man Is An Island"**— Thomas Merton

Meditation Song

1010 "We Give Thanks"

Meditation

Music

"I Believe"

— Mark A. Miller

Combined Chalice Choir and

Voices In Unity Youth Choir

Darlane Wood, *soloist*

Message

"The Beginning of Love"

Rev. Jan Christian, *Pulpit Guest and Minister at the UU Church of Ventura*

Closing Song

131 "Love Will Guide Us"

Blessing and Extinguishing of the Chalice

Postlude

Fantasy on the "Te Deum Laudamus"

— Vaclav Nelhybel

Question for Reflection— Richard Rohr has written,

"If you don't transform your pain, you will always transmit your pain." How is this true?

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol
Surja esperanza fe, amor
Verdad, y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

El amor es la doctrina de esta iglesia,
La búsqueda de la verdad es su sacramento
Y el servicio es su oración.
Habitar juntos en paz,
Buscar la verdad con libertad,
Y servir a la humanidad juntos,
Esto es lo que pactamos unos con otros.

To hear today's and previous sermons online, scan this QR code.



Music Notes

The text to the anthem "I Believe" was discovered by victorious Allied troops written on a wall in a Cologne, Germany, basement sanctuary where Jews hid from the Nazi Gestapo. The composer, Mark A. Miller, is an American who teaches on the faculty of the School of Sacred Music at Yale University. The well-known tune by Finnish composer Jean Sibelius (1865 to 1957) that is the basis for the hymn "This Is My Song" comes from his 1899 tone poem "Finlandia," a stirring nationalist musical work that celebrates the Finns' struggle against their Russian rulers. Josef Rheinberger (1839 to 1901) was a conservative German organist and composer who taught important American composers such as Horatio Parker and George Chadwick. Vaclav Nelhybel (1919 to 1996), a Czech composer who studied in Switzerland and spent most of his life teaching at universities in Massachusetts, is remembered for his successful compositions for concert band. The familiar song "Love Will Guide Us" was written by Sally Rogers, an accomplished American folk-singer and composer who has written extensively for children.

— Ken Herman

Announcements

Winter Solstice News

The 17th Annual Winter Solstice Celebration will take place at the Hillcrest Campus on December 21 (Saturday) at 6:30 p.m. There will be magic and wassail on the patio starting at 5:30 p.m. Festive attire is encouraged and children are welcome! Suggested donation for tickets is \$10 for Adults and Children 12 years old and younger are \$5. There is no charge for infants. Tickets are available on the Hillcrest Campus patio on Sundays. The Winter Solstice Feast is a three-course gourmet meal to warm and fortify against the chill of winter. This dinner is the main fundraiser to help produce our Winter Solstice celebration. The suggested donation is \$35 a person and includes wine, coffee and tea, admission to the Winter Solstice Celebration, preferred seating, easy parking, and special entertainment. To get tickets to Winter Solstice, please click [here](#).

Food Handler Certification Classes

We have now scheduled two new food handler classes with a class size limit of 10 people. Upon receiving a passing grade of 70% or better, Chef Ray Evans, our Supervising Food Safety Kitchen Manager can issue the participant with a Food Handler Certification that is only good for working at our site. The classes are free. Next two offerings will be November 19 (Tuesday) from 6 to 9 p.m. and December 5 (Thursday) from 6 to 9 p.m. in Room 323. Please RSVP to Robie Evans, Director of Operations, at 619-398-4433.

Sunday, November 3

UU Christian Study Group "Red Letter Sunday"

November 10 (Sunday) at 1 p.m., Room 321

"I am the Bread of Life." "I am the light of the world." The "I Am..." statements found in John's Gospel are often seen as keys to the inner path. For this month's Red Letter Sunday, Arjay will lead our UU Christian Study Group through the meaning of "I Am" in a mini-workshop on self-image, self-esteem and self-knowledge.

Open Heart Buddhist Sangha

Sundays from 4 to 6 p.m., Room 323

Practicing in the tradition of Vietnamese Zen Master Thich Nhat Hanh. Most Sundays the group practices sitting meditation and walking meditation, has a short lesson, shares about the practice, and sings. Please bring a cushion or mat to sit on, or chairs will be available. Open to everyone; drop in, registration not required.

Monday, November 11

A Taste of Liberation Theologies with Elizabeth Bukey

November 11, 18, and 25 (Mondays) from 6:30 to 8 p.m., South Bay Campus

Join Elizabeth for coffee and Tea from 6:30 to 7 p.m. and the class from 7 to 8 p.m. to look at what faith has to do with the liberation of the oppressed. In three sessions, we'll look at liberation theology in Latin America, Black liberation theology in the United States, and Latina feminist theologies, and ask what these streams of thought have to say to Unitarian Universalism and our particular communities.

Tuesday, November 12

Daytime Discussions with Jim Grant:

Recovery From and Appreciation For My Childhood Religion

November 12 and 19 (Tuesdays) from 10 a.m. to 12 p.m., South Bay Campus

Participants are invited to share some of the "good and bad" from their religious pasts. Some of us have less than helpful memories from our childhood religion; we may be able to consider some good memories. Our lives are a mixture of "good and bad" from our childhood religious experiences. Let's talk about these. Drop in, registration not required.

SOLACE (*Souls Offering Loving And Compassionate Ears*)

November 12 (Tuesday) from 7 to 8:30 p.m., South Bay Campus

Please join us for the monthly meeting of the volunteers who have visited immigrants and asylum seekers at the Otay Detention Center. For more information, please contact Angela Garcia-Sims at 619-423-7248 or Penny P. Moreau at 858-384-6216.

Wednesday, November 13

Coffee Conversations with Arvid

A UU View of The Bible, Part IX: Completion -- Revelation

November 13 (Wednesday) at 6:45 p.m. for Coffee, 7 p.m. Discussion, Room 323

Drop in and join Arvid for his lecture and discussion.

Thursday, November 14

Daytime Discussions with Jim Grant:

Recovery From and Appreciation For My Childhood Religion

November 14 and 21 (Thursdays) from 10 a.m. to 12 p.m., Room 323

(Please see the description for this Series at the South Bay Campus above.)

Book Lovers Affinity Group

November 14 (Thursday) at 6 p.m., Room 321

Everyone is welcome to join us to discuss our November book selection "Heat and Dust" by Booker Prize winner Ruth Praver Jhabvala. Set in 1923, this is the story of a British colonial woman who moves into the palace of a minor Indian prince, humiliates her husband, and outrages the community. If you have any questions, please contact Maureen McNair at 619-427-1769.

Friday, November 15

UUuniforms Potluck and Meeting

November 15 (Friday) at 6 p.m., Bard Hall

All are welcome to join us for fellowship and to discuss ways in which we can support military service members, veterans, and their families. We will be discussing a group structure for UUuniforms and creating a collection box for Operation Paperback (a program that sends books to deployed troops and their families). Please bring a dish or beverage to share. Please see our Facebook page or by e-mail to uuniformssandiego@gmail.com for more information.