

SUNDAY WORSHIP SERVICE

February 2, 2014 at * 9:30 and **11:30 a.m.

Centering Thought

"It is not necessary to change. Survival is not mandatory."

— W. Edwards Deming

Gathering Bell

Opening Music

"Chorale Prelude"

— J. S. Bach

Ken Herman, *Director of Music / Organist*

Opening Words

Jaq Morrill, *Worship Associate*

Church Hymn

(words in English and Spanish on screen)

Church Aspiration and Kindling of the Chalice

Welcome and Announcements

Opening Song

113 **"Where Is Our Holy Church?"**

Dave Karpinski, *song leader*

Story for All Ages

"Who Moved My Cheese for Kids"

— Spencer Johnson

Rev. Kathleen Owens, *Associate Minister*

Children's Affirmation

Liz Jones, *Director of Religious Education
and Family Ministry*

Music

"Where Have All the Flowers Gone?"

— Pete Seeger

Generosity Offering

Music

"Canzona"

— Domenico Zipoli

Meditation Song

1002 **"Comfort Me"**

Extinguishing of the Chalice for Virginia Huschke

Meditation

Music

"Will There Really Be a Morning?"

— Ricky Ian Gordon

Lynn Mendoza-Khan, *soprano*

Message

"Our Response to Religion's Demise"

Rev. Kathleen Owens, *Associate Minister*

Closing Song

116 **"I'm On My Way"**

Blessing

Postlude

"Concerto for Organ in A Minor: Allegro"

— G. Torelli, arr. J. G. Walther

** *Our sign language interpreter is Paul Lambert.*

Question for Reflection —

What connections have you made that help you thrive in this community?

Church Hymn

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung
Through ev'ry land, by ev'ry tongue.

De todos bajo el gran sol
Surja esperanza fe, amor
Verdad, y belleza cantando,
De cada tierra, cada voz.

Church Aspiration

May love be the spirit of this church,
May the quest for truth be its sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

El amor es la doctrina de esta iglesia,
La búsqueda de la verdad es su sacramento
Y el servicio es su oración.
Habitar juntos en paz,
Buscar la verdad con libertad,
Y servir a la humanidad juntos,
Esto es lo que pactamos unos con otros.

To hear today's and previous sermons online, scan this QR code.



Music Notes

Many American composers have been attracted to the work of the great New England pre-modernist poet Emily Dickinson (1830 to 1886). "Will There Really Be a Morning?" is the final song in a collection of 11 Dickinson poems by Ricky Ian Gordon (b. 1956) called "Too Few Mornings Be." Her text is an existential riddle disguised as a poem. Aaron Copland composed a selection of 12 different Dickinson poems in his song cycle of 1950, a number of which were used in our worship when Ava Liss was our regular soloist. The recent death of folksinger and political activist Pete Seeger (1919 to 2014) prompted the inclusion this morning of the anti-war song "Where Have All the Flowers Gone?" Seeger adapted the tune from the Russian folksong "Koloda Duda" and penned some of the lyrics in 1955, while the younger folksinger Joe Hickerson (b. 1935) added stanzas of his own several years later. In 2010, the British left-leaning periodical *The New Statesman* listed it as one of the "Top 20 Political Songs."

Announcements

Generosity Offering in February: Survivors of Torture International

Throughout the month of February, our Generosity Offering is being received in support of Survivors of Torture International (Survivors). Survivors was founded in 1997 to build a healing community for survivors of politically motivated torture living in San Diego County. The organization has served more than 1,600 torture survivors from at least 80 different countries. Their mission is to facilitate the healing of survivors and their families, educate professionals and the public about torture and its consequences, and advocate for the abolition of torture. To find out more about Survivors, you can find materials at the Social Justice Ministry Team Table on the Hillcrest Campus, or the Get Involved Table on the South Bay Campus, or go to their website <http://www.notorture.org/>.

Annual Men's Fellowship Spring Renewal

April 11 (Friday) to April 13 (Sunday), Camp de Benneville Pines

Registration is now open for our Annual UU Men's Fellowship Spring Renewal at Camp de Benneville Pines. All men of the Church are invited to join with others from the Pacific Southwest District to a weekend of fellowship, regeneration, and our search for deeper meaning and direction. For more information, please stop by the table on the patio or contact Mike Dorfi at 619-466-5952.

Flower donations are needed for February

Please consider donating flowers for our Sunday services. This is a wonderful way to honor a special occasion or event. Contact martha_woodworth@hotmail.com to arrange a date.

Sunday, February 2

Deep Conversations

Sundays from 10:45 to 11:15 a.m. and 12:45 to 1:15 p.m., in the Library

The sermon is only the beginning. Did you find yourself moved in some way by the sermon? Did the reflection question stir something in you? Join with others for a facilitated Deep Conversation around the sermon message.

South Bay Volunteer Sunday

February 2 (Sunday) at 10:30 p.m., South Bay Campus

Please plan to join us to find out more about how you can contribute to our beloved South Bay community through social hour, welcome table, Sunday technology, nursery or something else. If you will not be present, but want to sign up, please contact Kathleen Garcia-Horlor or Julie Schauble.

Tuesday, February 4

Chi Gung at South Bay with Lolly Brown

February 4, 11, 18, and 25 (Tuesdays) at 9 a.m., South Bay Campus

Incense Chi Gung (Xiang Gong), a Buddhist exercise consisting of 15 simple movements and 1 standing posture. This set is specifically designed to activate the meridians and improve health and harmony of mind and body. Xiang Gong is easy to learn and can be practiced by people of any age or physical condition, in standing, sitting or prone positions. The exercise uses breath, movement, postures and meditation techniques. Benefits can be felt from the very first time you practice. Please wear loose clothes.

The Future of Music at First Church

February 4 (Tuesday) at 6:30 p.m., Room 323

February 9 (Sunday) between Services on the Hillcrest Campus, Room 323 and

February 27 (Thursday) at 2:30 p.m., Room 323

Members and friends of the congregation who would like to discuss their aspirations and expectations for the direction of the music program are invited to meet with Associate Minister, Kathleen Owens and Director of Music and Organist, Ken Herman in a round-table discussion are welcome to attend.

Wednesday, February 5

Coffee Conversations with Arvid - Maps of The Soul:

Images of Spiritual Progress and Myth, Philosophy and Religion, Part III "The Tarot Deck"

February 5 (Wednesday) for Coffee at 6:45, Lecture followed by discussion at 7 p.m., Room 323

Friday, February 7

"Inequality for All" is Coming to First Church

February 7 (Thursday) at 7 p.m. in Bard Hall and

February 9 (Sunday) at 12:45 p.m., Room 323

This highly acclaimed film describes the degree of economic inequality in the U.S., the causes, and the devastating effect on our middle class and poor people. Come discuss with fellow UUs how inequality affects you and what we can do about it. Robert Reich was Labor Secretary in the Clinton administration and a renowned Harvard economist. This event will kick off the new Economic Justice Action Group in the Social Justice Ministry Team where we will study inequality in great detail over the next few months discovering ways we can act to change things. If you would like to receive email announcements about our events or suggest speakers or relevant films, please contact co-leaders Ron del Papa or John Schaubly.

Saturday, February 8

Dances of Universal Peace with Louise Jacobus

February 8 (second Saturdays) at 7 p.m., Bard Hall

The Dances of Universal Peace are an interfaith practice, inspired by and honoring the many wisdom traditions of the world. The Dances use sacred phrases, simple circle dances, and music to create an opportunity where hearts can open, spirits can soar, and a deeply-rooted peace can be experienced. Since The Dances are an experiential process, come ready to participate in some spiritual practice! No experience is necessary. Just bring your curiosity and your open heart and be prepared to dance. (Registration is not required.)

How to Become a Member in 3 Easy Steps.

1) Complete a membership form. You can get one today at the Becoming a Member Orientation, following each worship service, held upstairs in the Welcome Center at 10:45 & 12:45.



Rod Serling,
Writer & UU

2) Chat with a Membership Leader. This meeting is arranged to easily fit your schedule and takes less than an hour.



Clara Barton,
Activist & UU

3) Meet with a Minister. These wonderful meetings are offered twice a month, every month, on weekdays and weekends.

All members make a financial pledge to support the work of this church. While there is no minimum amount required, many members are working towards contributing 5% of their income. A pledge should be an amount that is *meaningful* to you and can be paid over a year.



Paul Newman,
Actor & UU

For more information contact
Suzette at 619.398.4436 or
suzette@firstuusandiego.org

NOW

California

2013

RUAUU2?

- I find myself looking forward to Sunday worship.
- I read through the weekly church bulletin, "*The Window*" and fantasize about getting involved.
- I often wonder how much better the world would be if more people knew about this church.
- I feel good when I contribute to the monthly offering.
- I have considered attending the "Becoming a Member Orientation."
- I think this church is becoming an important part of my life.

If you answered YES to any of the above....it's time to take the next step in developing your *Unitarian Universalist Identity*. Become a member of this church.

“It is not necessary to change.
Survival is not mandatory.”

— W. Edwards Deming



“Chorale Prelude”

by J. S. Bach

**Ken Herman, Director of Music
and Organist**



Please stand in body or spirit.

First Church Hymn

English:

From all who dwell below the skies,
Let faith and hope with love arise,
Let beauty, truth, and good be sung
Through ev'ry land, by ev'ry tongue.

First Church Hymn

Spanish:

De todos bajo el gran sol
surja esperanza fe, amor
Verdad, y belleza cantando,
de cada tierra, cada voz.

First Church Aspiration

English:

May love be the spirit of this church,
May the quest for truth be its
sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship,
This is our Aspiration.

First Church Aspiration

Spanish:

El amor es la doctrina de esta iglesia,
la búsqueda de la verdad es su
sacramento
y el servicio es su oración.

Habitar juntos en paz,
buscar la verdad con libertad,
y servir a la humanidad juntos,
Esto es lo que pactamos unos con otros.

Please be seated.



Please stand in body or spirit.

“Where Is Our Holy Church?”

Verse 1 of 5:

**Where is our holy church?
Where race and class unite
as equal persons in the search
for beauty, truth, and right.**

“Where Is Our Holy Church?”

Verse 2 of 5:

**Where is our holy writ?
Wher-e’re a human heart
a sacred torch of truth has lit,
by inspiration taught.**

“Where Is Our Holy Church?”

Verse 3 of 5:

**Where is our holy One?
A mighty host respond;
the people rise in every land
to break the captive’s bond.**

“Where Is Our Holy Church?”

Verse 4 of 5:

**Where is our holy land?
Within the human soul,
wherever free minds truly seek
with character the goal.**

“Where Is Our Holy Church?”

Verse 5 of 5:

**Where is our paradise?
In aspiration's sight,
wherein we hope to see arise
ten thousand years of right.**

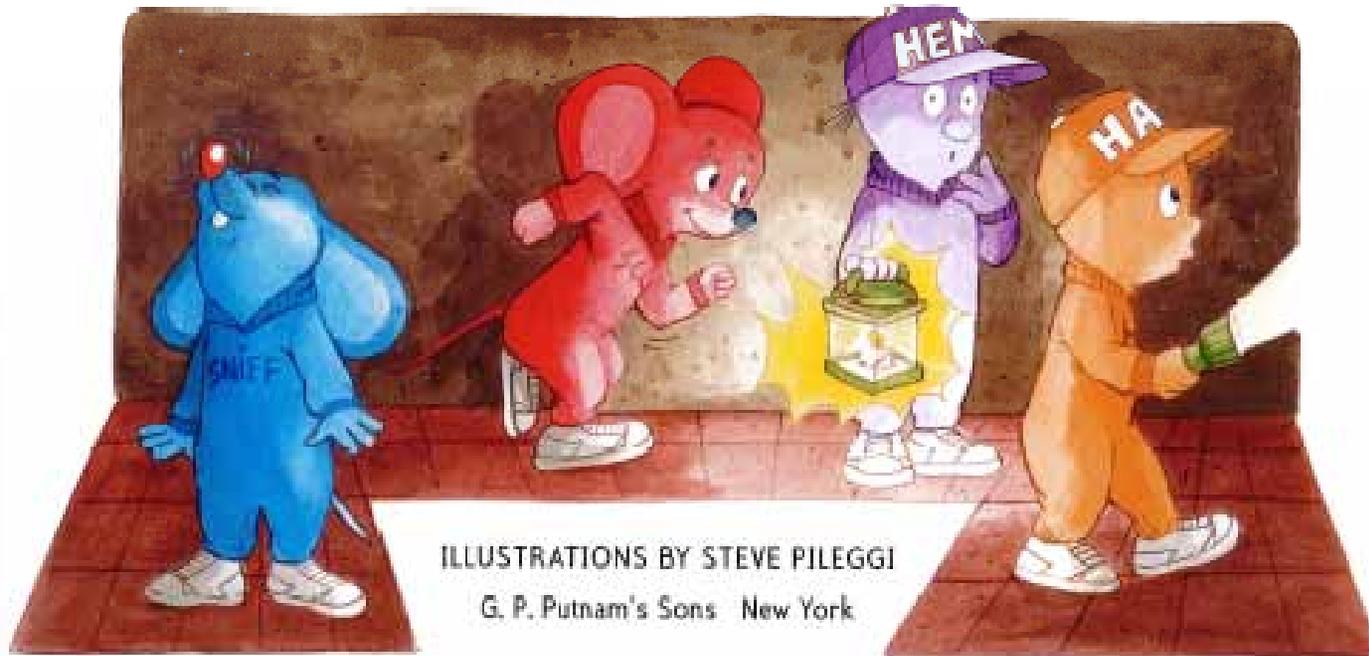
Please be seated.



Who Moved My Cheese? My Cheese?

An A-Mazing Way to Change and Win! for **Kids**

By the #1 Bestselling Author **SPENCER JOHNSON, M.D.**
and **CHRISTIAN JOHNSON**



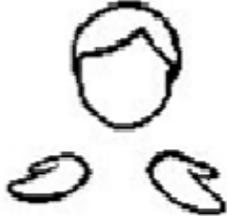


Children's Affirmation

We are Unitarian Universalists, 

a people of open minds, 

loving hearts, 

and welcoming hands. 



**“Where Have All the
Flowers Gone?”**

by Pete Seeger



Survivors of Torture International (SURVIVORS) was founded in 1997 to build a healing community for survivors of politically motivated torture living in San Diego County. Their mission is to facilitate the healing of survivors and their families, educate professionals and the public about torture and its consequences, and advocate for the abolition of torture. To find out more visit <http://www.notorture.org/>.

“Canzona”

by Domenico Zipoli

**Ken Herman, Director of Music
and Organist**



**Please remain seated for our
meditation hymn.**

“Comfort Me”

Verse 1 of 5:

**Comfort me, comfort me,
comfort me, oh my soul.**

**Comfort me, comfort me,
comfort me, oh my soul.**

“Comfort Me”

Verse 2 of 5:

**Sing with me, sing with me,
sing with me, oh my soul.**

**Sing with me, sing with me,
sing with me, oh my soul.**

“Comfort Me”

Verse 3 of 5:

**Speak for me, speak for me,
speak for me, oh my soul.**

**Speak for me, speak for me,
speak for me, oh my soul.**

“Comfort Me”

Verse 4 of 5:

**Dance with me, dance with me,
dance with me, oh my soul.**

**Dance with me, dance with me,
dance with me, oh my soul.**

“Comfort Me”

Verse 5 of 5:

**Comfort me, comfort me,
comfort me, oh my soul.**

**Comfort me, comfort me,
comfort me, oh my soul.**



**Extinguishing of the Chalice for
Virginia Huschke**



**“Will There Really Be a
Morning?”**

by Ricky Ian Gordon

Lynn Mendoza-Khan, soprano



“Our Response to Religion’s Demise”

**Rev. Kathleen Owens,
Associate Minister**



Please stand in body or spirit.

“I’m On My Way”

Verse 1 of 5:

I’m on my way, *I’m on my way*
to the freedom land.

to the freedom land.

(repeat two times)

I’m on my way, (*I’m on my way*)
great God, I’m on my way.

(I’m on my way.)

“I’m On My Way”

Verse 2 of 5:

I asked my sister, *I asked my sister*
come and go with me.

come and go with me.

(repeat two times)

I’m on my way, (*I’m on my way*)
great God, I’m on my way.

(I’m on my way.)

“I’m On My Way”

Verse 3 of 5:

I asked my brother, *I asked my brother*
come and go with me.

come and go with me.

(repeat two times)

I’m on my way, (*I’m on my way*)
great God, I’m on my way.

(I’m on my way.)

“I’m On My Way”

Verse 4 of 5:

If they say no, *If they say no*
I’ll go anyhow. *I’ll go anyhow.*
(repeat two times)

I’m on my way, (*I’m on my way*)
great God, I’m on my way.
(*I’m on my way.*)

“I’m On My Way”

Verse 5 of 5:

I’m on my way, *I’m on my way*
and I won’t turn back.

and I won’t turn back.

(repeat two times)

I’m on my way, (*I’m on my way*)
great God, I’m on my way.

(I’m on my way.)

**Please remain standing for the
blessing.**



**“Concerto for Organ in A
Minor: *Allegro*”**

**by G. Torelli,
arranged by J. G. Walther**

**Ken Herman, Director of Music
and Organist**