

2015 Sermon and Class Links

Table of Contents

January 2015

[She Calls for Justice, Rev Kathleen Owens, January 4 Hillcrest sermon](#)
[Just Us, Adam Dyer, Intern Minister, January 4 Hillcrest sermon](#)
[A House for Hope, Pt V, Rev Kathleen Owens, January 7 class](#)
[Ordinary Prophets, Rev Jennifer Channin, January 11 Hillcrest sermon](#)
[Rev. Dr. Martin Luther King, Jr., Rev Kathleen Owens, January 18 Hillcrest sermon](#)
[Justice and the Gentle Man, Adam Dyer, Intern Minister, January 18 Hillcrest sermon](#)
[A House for Hope, Pt VI, Rev Kathleen Owens, January 21 class](#)
[Exploring the Koran, Rev Kathleen Owens, January 25 Hillcrest sermon](#)

February 2015

[Love in the 21st Century, Rev Kathleen Owens, February 4 Hillcrest sermon](#)
[Conversations with the Spiritually Curious, Pt I, Rev Jim Grant, Feb 4 class](#)
[To Speak With the Bravest Fire, Rev Jennifer Channin, February 8 Hillcrest sermon](#)
[Conversations with the Spiritually Curious, Pt II, Rev Jim Grant, Feb 11 class](#)
[Full Spectrum ... Full Circle: Handing the Baton to the Next Generation, ROAR with Soul, Journey Toward Wholeness Sunday, Feb 15](#)
[Conversations with the Spiritually Curious, Pt III, Rev Jim Grant, Feb 18 class](#)

March 2015

[Welcoming Those Who Serve, Rev Kathleen Owens, March 1 Hillcrest sermon](#)
[Conversations with the Spiritually Curious, Pt IV, Rev Jim Grant, Mar 4 class](#)
[Turn and Face the Strange, Rev Jennifer Channin, Mar 8 Hillcrest sermon](#)
[Imagining the Beloved Community, Kristen Kuriqa, South Bay Coordinator, Mar 8 South Bay sermon](#)
[Conversations with the Spiritually Curious, Pt V, Rev Jim Grant, Mar 11 class](#)
[Experiencing Selma, Rev Kathleen Owens, March 15 Hillcrest sermon](#)
[Conversations with the Spiritually Curious, Pt VI, Rev Jim Grant, Mar 18 class](#)
[On Intuitions, Rev Kathleen Owens, Mar 22 Hillcrest sermon](#)
[Let It Go and Shake It Off, Adam Dyer, Intern Minister, Mar 22 South Bay sermon](#)

April 2015

[Easter Homily, Rev Kathleen Owens, Apr 5 Hillcrest sermon](#)
[Conversations with the Spiritually Curious, Pt VII, Rev Jim Grant, Apr 8 class](#)
[Earth Day: Not Waiting for a Miracle, Rev Jennifer Channin and the Climate Justice Team, Apr 5 Hillcrest sermon](#)
[Conversations with the Spiritually Curious, Pt VIII, Rev Jim Grant, Apr 15 class](#)
[Selma Reflections, Apr 16 panel discussion](#)
[A Challenge: Being Mortal, Rev Kathleen Owens, Apr 19 Hillcrest sermon](#)
[I've Been Here Before, Adam Dyer, Intern Minister, Apr 26 Hillcrest sermon](#)

May 2015

[Hopers Unite, Rev Dr Tom Owen-Towle, Minister Emeritus, May 3 Hillcrest sermon](#)
[Conversations with the Spiritually Curious, Pt IX, Rev Jim Grant, May 6 class](#)
[Living Our Seventh Principle, Rev Jennifer Channin, May 10 Hillcrest sermon](#)
[Trans*forming Love, Rev Kathleen Owens, May 17 Hillcrest sermon](#)
[The Good, the Bad and The Ugly, Adam Dyer, Intern Minister, May 17 South Bay sermon](#)
[Conversations with the Spiritually Curious, Pt X, Rev Jim Grant, May 20 class](#)
[At Play in the Web of Life, Rev Kathleen Owens, May 24 Hillcrest Memorial Day sermon](#)
[Wisdom from Black Canyon, Rev Jim Grant, May 31 Hillcrest sermon](#)

June 2015

[Do You Hear What I Hear?, Adam Dyer, Intern Minister, June 14 Hillcrest \(final\) sermon](#)
[Freedom As a Spiritual Practice, Rev Kathleen Owens, June 21 Hillcrest sermon](#)
[Sharing the Good News of General Assembly, Rev Kathleen Owens, June 28 Hillcrest sermon](#)

July 2015

[Contemplating Community, Rev Jennifer Channin, July 5 Hillcrest sermon](#)
[Making Space for Inspiration, Rev Jennifer Channin, July 12 Hillcrest sermon](#)
[Living with Pride, Rev Kathleen Owens, July 19 Hillcrest sermon](#)
[Summer Musings: I Wonder As I Wander, Rev Kathleen Owens, July 26 Hillcrest sermon](#)

August 2015

[Born Again and Again, Rev Kathleen Owens, August 2 Hillcrest sermon](#)
[I Brought My Spirit to the Sea: Return as Renewal, Rev Ian W Riddell, August 9 Hillcrest sermon](#)
[Healing a Broken World, Rev Roger Bertschausen, August 23 guest Hillcrest sermon](#)

2015 Sermon and Class Links

September 2015

[Laboring Together, Ministerial Staff, September 6 Hillcrest sermon](#)
[Invisible Harbors, Megan Dowdell, Intern Minister, September 13 Hillcrest sermon](#)
[A Time For Turning: Celebrating Rosh Hashanah, Rev Kathleen Owens, Lead Minister, September 20 Hillcrest sermon](#)
[Answer "Yes!", Rev Jennifer Owens, Assistant Minister, September 27 Hillcrest sermon](#)

October 2015

[Learning the Joy of Letting Go, Rev Kathleen Owens, Lead Minister, October 4 Hillcrest sermon](#)
[Fear and Love: The Doctor, the Gospel, and the Universalist", Rev. Ian W. Riddell, Minister of Music and Worship Arts, Oct 11 Hillcrest sermon](#)
[Growing our Caring Communities: Mental Health Awareness, Rev. Kathleen Owens, Lead Minister, October 18 Hillcrest sermon](#)
[Taking The Leap, Rev Jennifer Channin, Assistant Minister, October 25 Hillcrest sermon](#)

November 2015

[Come Spirit Come, Rev Jennifer Channin, Assistant Minister, November 1 Hillcrest sermon](#)
[The Giving of 4 Ts, Rev. Kathleen Owens, Lead Minister, November 8 Hillcrest sermon](#)
[Kindness as a Saving Spiritual Practice, Rev. Ian W. Riddell, Minister of Music and Worship Arts, Nov 15 Hillcrest sermon](#)
[Faith at Five Thousand Feet, Megan Dowdell, Intern Minister, Nov 29 Hillcrest sermon](#)

December 2015

[How Much Longer Must We Wait, Rev Jennifer Channin, Assistant Minister, Dec 6 Hillcrest sermon](#)
[Once Upon a Time, Rev Kathleen Owens, Lead Minister, Dec 20 Hillcrest Solstice sermon](#)

She Calls for Justice, Rev Kathleen Owens, January 4 Hillcrest sermon

- Video <https://vimeo.com/116688428>
- Justice (word etymology) <http://www.etymonline.com/index.php?term=justice>
- Lady Justice http://en.wikipedia.org/wiki/Lady_Justice
- Justice, Forgiveness, Stealing, Poverty, Judgment; James N McCutcheon (story) <http://www.spiritualityandpractice.com/quotes/quotes.php?id=24537>
- "... inescapable network of mutuality...", from Letter from a Birmingham Jail, MLK http://www.africa.upenn.edu/Articles_Gen/Letter_Birmingham.html
- Kathleen Owens' First Words Column, from January issue, page 2 <http://bit.ly/1zxCsn7>
- California Prop 47: Criminal Sentences. Misdemeanor Penalties. Initiative Statute. <http://www.voterguide.sos.ca.gov/en/propositions/47/>
- Three Strikes Project, Stanford University <http://stanford.io/1C3Inlc>
- Roe vs Wade http://en.wikipedia.org/wiki/Roe_v._Wade
- What is reproductive justice?, Darcy Baxter (UU World, Feb 2013) <http://www.uuworld.org/ideas/articles/284019.shtml>
- Reproductive Justice Group, First Church (web page) <http://www.firstuusandiego.org/reproductive-justice>
- Reproductive Justice, UUA <http://www.uua.org/reproductive/>
- Religious Coalition for Reproductive Choice <http://rcrc.org/>
- California Coalition for Reproductive Freedom <http://reproductivefreedomca.org/>

Just Us, Adam Dyer, Intern Minister, January 4 Hillcrest sermon

- Video <https://vimeo.com/116698238>
- Justice (word etymology) <http://www.etymonline.com/index.php?term=justice>
- Justice (web page) UUA <http://www.uua.org/justice/>
- Humanity a Plague on the Earth, David Attenborough (HuffPost) http://www.huffingtonpost.com/2013/01/23/sir-david-attenborough-na_n_2534078.html
- US Mexico Border Fence image <http://bit.ly/1CggYeY>
- The Lorax (Original Universal Studios animated TV special, 1972) <https://www.youtube.com/watch?v=8V06ZOQuo0k>

2015 Sermon and Class Links

A House for Hope, Pt V, Rev Kathleen Owens, January 7 class

- “The Welcoming Rooms” – Anthropology: What are our notions of human nature and the sacred spirit of life?
- Video <https://vimeo.com/116448163>
- A House for Hope : The Promise of Progressive Religion for the Twenty-first Century, John Buehrens and Rebecca Ann Parker (Amazon Affiliate) <http://amzn.to/1Djr6Vu>
- Jonathan Edwards, Sinners in The Hands of an Angry God (sermon)
 - Wiki http://en.wikipedia.org/wiki/Sinners_in_the_Hands_of_an_Angry_God
 - Online (complete) <http://digitalcommons.unl.edu/cgi/viewcontent.cgi?article=1053&context=etas>
- Make Your Soul Grow, Kurt Vonnegut (letter) <http://www.lettersofnote.com/2013/10/make-your-soul-grow.html>
- Excerpts from A Theology for the Social Gospel, Walter Rauschenbusch <http://www.historytools.org/sources/Rauschenbusch.pdf>

Ordinary Prophets, Rev Jennifer Channin, January 11 Hillcrest sermon

- Reflection Question: “From where does your courage come?”
- Video <https://vimeo.com/116787714>
- “prophet”, etymology of <http://www.etymonline.com/index.php?term=prophet>
- “prophets”, about <http://en.wikipedia.org/wiki/Prophet>
- Exodus 3: Moses and the Burning Bush <https://www.biblegateway.com/passage/?search=Exodus+3>
- Burning Bush, about http://en.wikipedia.org/wiki/Burning_bush
- Selma (movie, imdb) <http://www.pinterest.com/pin/327707310361051138/>
- Selma’s Challenge, Rev Mark Morrison Reed (article, UU World, Winter, 2014) <http://www.uuworld.org/ideas/articles/298756.shtml>
- James Luther Adams’s examined faith (UU World) <http://www.uuworld.org/2005/01/bookshelf.html>
- The conversion experience of James Luther Adams (UUA) <http://www.uua.org/re/tapestry/adults/movesus/workshop7/workshopplan/stories/282705.shtml>
- “... I call that church free ...”, James Luther Adams <http://www.uumontclair.org/sermon-archives/2002/03/i-call-that-church-free/>
- The Prophethood for all Believers, James Luther Adams, (book) <http://www.pinterest.com/pin/327707310361051319/>
- The Priesthood for all Believers, Martin Luther http://en.wikipedia.org/wiki/Universal_priesthood_%28doctrine%29 and <http://tifwe.org/resources/the-priesthood-of-all-believers/>

Rev. Dr. Martin Luther King, Jr., Rev Kathleen Owens, January 18 Hillcrest sermon

- Reflection question: What something good is your life dedicated to?
- Video <https://vimeo.com/117126196>
- MLK Day 2015 <http://www.nationalservice.gov/mlkday2015>
- Center Thought: “Not only must we be good, ... “ Henry David Thoreau <http://www.brainyquote.com/quotes/quotes/h/henrydavid105672.html>
- Story: The Children’s Crusade http://mlk-kpp01.stanford.edu/index.php/encyclopedia/encyclopedia/enc_childrens_crusade/
- Thoreau, Gandhi, and Martin Luther King, Jr. <http://bit.ly/1BQwss8>
- Gandhi on “Non-Violent, Non-Cooperation” <http://www.mkgandhi.org/momgandhi/chap35.htm>
 - About the movement <http://www.mkgandhi.org/momgandhi/chap35.htm>
- Selma (movie, imdb) <http://www.pinterest.com/pin/327707310361051138/>
- Selma (movie study guide) http://www.lincolnmemorialucc.com/Lincoln_-_Selma_Movie_Study_Guide.pdf
- The Sounds, Space And Spirit Of 'Selma': A Director's Take (Interview with Selma’s Director, Ava DuVernay) <http://n.pr/1DSaDKN>

2015 Sermon and Class Links

- Selma at the Cinema (UUA article) http://www.uuworld.org/ideas/articles/300705.shtml?utm_source=n
- Most of you have no idea what Martin Luther King actually did, Hamden Rice (Daily Koz) <http://bit.ly/1IYA5N>
- Stride Toward Freedom, MLK <http://bit.ly/1uh47EH>
- Five Bleak Facts on Black Opportunity (Brookings) <http://brook.gs/1BQAbpB>
- Transgender study looks at 'exceptionally high' suicide-attempt rate (LA Times) <http://lat.ms/1GghgbS>
- First Church Strategic Plan <http://bit.ly/16fhQBH>
- MLK, “ ... inescapable network of mutuality ...”, from Letter from Birmingham Jail http://www.africa.upenn.edu/Articles_Gen/Letter_Birmingham.html
- Don't Sleep Through the Revolution, by Dr. Martin Luther King, Jr. (Ware Lecture, UUA GA, 1966) (text) <http://www.uua.org/ga/past/1966/ware/>
- Siyahamba
 - (lyrics) <http://ingeb.org/spiritua/siyahamb.html>
 - (about) <http://en.wikipedia.org/wiki/Siyahamba>
 - (youtube, with Mwamba Children's Choir) <https://www.youtube.com/watch?v=N1KZbMprW8U>

Justice and the Gentle Man, Adam Dyer, Intern Minister, January 18 South Bay sermon

- Video <https://vimeo.com/117342013>
- MLK Day 2015 <http://www.nationalservice.gov/mlkday2015>
- The Romero Center <http://www.theromero-center.com/>
- C7 <http://www.theromero-center.com/who-we-are/c7-base-ecclesial-community/>
- Selma (movie, imdb) <http://www.pinterest.com/pin/327707310361051138/>
- Selma (movie study guide) http://www.lincolnmemorialucc.com/Lincoln_-_Selma_Movie_Study_Guide.pdf
- The Sounds, Space And Spirit Of 'Selma': A Director's Take (Interview with Selma's Director, Ava DuVernay) <http://n.pr/1DSaDKN>
- Selma at the Cinema (UUA article) http://www.uuworld.org/ideas/articles/300705.shtml?utm_source=n
- “I have a dream ...”, MLK (youtube) <https://www.youtube.com/watch?v=smEqnklfYs>
- The Art and Discipline of Non-Violence”, John Lewis <http://www.onbeing.org/program/john-lewis-the-art-discipline-of-nonviolence/transcript/7208>

A House for Hope, Pt VI, Rev Kathleen Owens, January 21 class

- “The Threshold” – Missiology: What is our sense of mission and sharing?
- Video <https://vimeo.com/118171714>
- A House for Hope : The Promise of Progressive Religion for the Twenty-first Century, John Buehrens and Rebecca Ann Parker (Amazon Affiliate) <http://amzn.to/1Djr6Vu>

Exploring the Koran, Rev Kathleen Owens, January 25 Hillcrest sermon

- Reflection question: To what or to whom are you willing to submit
- Video <https://vimeo.com/118171714>
- Centering Thought: The Qur'an, The Cow 83 <http://quran.com/2/83>
- Anti-Islam Protesters Plan Massive Rally In Leipzig, Germany; Krishnadev Calamur (NPR) <http://n.pr/1zL9OCb>
- The Qur'an (online, complete) <http://quran.com/>
- Koran, word etymology <http://www.etymonline.com/index.php?term=Koran>
- Quran (wiki) <http://en.wikipedia.org/wiki/Quran>
- Quran or Koran? <http://ajrarchive.org/Article.asp?id=4239>
- Muhammad: Life of a Prophet (PBS) <http://www.pbs.org/muhammad/>
- Life of Muhammad (PBS, on youtube) <https://www.youtube.com/watch?v=7FvfFSIQZnl>
- World Religions Today, Esposito (book) <http://www.pinterest.com/pin/327707310360073937/>

2015 Sermon and Class Links

- Links to websites and other media, about Islam
<http://global.oup.com/us/companion.websites/9780199759514/student/chapt5/webmedia/>
- Muslim, word etymology <http://www.etymonline.com/index.php?term=Muslim>
- Islam, word etymology <http://www.etymonline.com/index.php?term=Islam>
- Islam 101 <http://islam101.net/>
- The Five Pillars of Islam <http://www.islam101.com/dawah/pillars.html>
- The Battle for God, Karen Armstrong (book) <http://www.pinterest.com/pin/327707310357078768/>
- Mohammad: A Biography of a Prophet, Karen Armstrong (book)
<http://www.pinterest.com/pin/327707310361228621/>
- The Mosques of Mostar <http://wwwext.comune.fi.it/mostar/en/see/mosque.html>
- Islamic Center of San Diego <http://www.icsd.org/>

Love in the 21st Century, Rev Kathleen Owens, February 4 Hillcrest sermon

- Reflection question: How will you demonstrate the power of love today?
- Video <https://vimeo.com/118436415>
- To Fall In Love With Anyone, Do This, Mandy Len Catron (NTY Article) <http://nyti.ms/1tRfKHB>
- LA Affairs, LA Times <http://www.latimes.com/style/laaffairs/>
- The 10 Top Online Dating Sites <http://www.top10bestdatingsites.com/>
- Selective Search, "... down to a science..." (Ad in Southwest Magazine)
<http://paceco.imirus.com/Mpowered/book/vpco15/i1/p72>
- Couples With Right Chemistry Have Love Down to a Science (LA Times)
<http://articles.latimes.com/2001/jul/02/news/cl-17638>
- Chemistry – Love Explained <http://www.chemistry.com/datingadvice/LoveExplained>
- New Evangelical Group Supports Marriage Equality <http://bit.ly/18FFc9l>
- Racing Extinction (documentary), Louie Choyos
 - <http://www.imdb.com/title/tt1618448/>
 - <http://www.sundance.org/projects/racing-extinction>
 - <http://ecowatch.com/2015/01/30/racing-extinction-sundance/>
 - <http://bit.ly/1HFPczk>
- Climate Justice, First Church (web site) <http://www.firstusandiego.org/climate-justice>
- Strength to Love, MLK (book) <https://www.pinterest.com/pin/327707310361339587/>
- "Loving Your Enemies," MLK Sermon Delivered at Dexter Avenue Baptist Church, Nov 1957
<http://stanford.io/1EySFqF>

Love with the Proper Stranger, Adam Dyer, Intern Minister, February 1 South Bay sermon

- Video <https://vimeo.com/118438866>
- Love with the Proper Stranger (movie)
 - (wiki) http://en.wikipedia.org/wiki/Love_with_the_Proper_Stranger
 - (imdb) <http://www.imdb.com/title/tt0057263/>
- Our Seven Principles (UUA) <http://www.uua.org/beliefs/principles/>
- The Tawny Scrawny Lion (story) (youtube) <http://youtube.com/watch?v=tS1cJq63b7g>

Conversations with the Spiritually Curious, Pt I, Rev Jim Grant, Feb 4 class

- "What is 'real', anyway?"
- Video <https://vimeo.com/118873566>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- "To see a world ...", William Blake (poem, complete)
http://www.poetryloverspage.com/poets/blake/to_see_world.html
- Reading/Handout: A Sunset in My Soul, A. Powell Davies <http://bit.ly/1zoORLC>
- Transrational, Forrest Church
 - From "The Invention and Discovery of God" (sermon)
<http://www.allsoulsnyc2.org/publications/sermons/fcsermons/invention-discovery-god.html>
 - In "A Theology for the 21st Century" <http://www.uuworld.org/2001/05/feature1.html>

2015 Sermon and Class Links

- The Heisenberg Effect <http://www.businessdictionary.com/definition/Heisenberg-effect.html>
- The Observer effect http://simple.wikipedia.org/wiki/Observer_effect
- Fuzzy Logic http://www.webopedia.com/TERM/F/fuzzy_logic.html
- The Little Book of Atheist Spirituality by Andre Comte-Sponville
<https://www.pinterest.com/pin/327707310361417162/>

To Speak With the Bravest Fire, Rev Jennifer Channin, February 8 Hillcrest sermon

- Reflection Question: “How do we remain loving, while we hold others accountable?”
- Video <https://vimeo.com/119079310>
- If you don't have anything to say, SAY IT ALL IN CAPS, NPR, This American Life Radio Archives, Interview with Lindy West <http://bit.ly/16Bzu7a>
 - Transcript of <http://www.thisamericanlife.org/radio-archives/episode/545/transcript>
 - Article on <http://bit.ly/1EQAiE3>
- Ladies and Gentlemen, Lindy West (blog) <http://lindywest.net/blog>
- First Church Covenant of Good Relations <http://www.firstuusandiego.org/covenant-of-good-relations>

Conversations with the Spiritually Curious, Pt II, Rev Jim Grant, Feb 11 class

- “Mystics and Mysticism”
- Video <https://vimeo.com/119514113>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- “To see a world ...”, William Blake (poem, complete)
http://www.poetryloverspage.com/poets/blake/to_see_world.html
- The Subtle Sensations of Faith, David Brooks (NYT) <http://nyti.ms/1zdauLs>
- The Life and Times of Elijah the Prophet <http://bit.ly/1yy5lad>
- The Myth of Sisyphus <http://www.nyu.edu/classes/kefer/hell/camus.html>
- The Myth of Penelope and Odysseus <http://www.talesbeyondbelief.com/myth-stories/penelope-odysseus.htm>
- Unitarian Universalist Principles <http://www.uua.org/beliefs/principles/>
- Handout: A Quieter Now, Kim Catley (University of Richmond Reflection) <http://bit.ly/1yCf9Gw>

Full Spectrum ... Full Circle: Handing the Baton to the Next Generation, ROAR with Soul, Journey Toward Wholeness Sunday, Feb 15

- Video <https://vimeo.com/120318078>
- Infinity Leah Goodwin's original poem “Remember”
<http://leahscreations.com/2015/02/06/remember/>
- Michele Casella Collier's original poem “My Holy Day of Sadness”
<http://www.elephantjournal.com/2015/01/my-holy-day-of-sadness-poem/>
- ROAR with SOUL website <http://www.roarwithsoul.com>

Conversations with the Spiritually Curious, Pt III, Rev Jim Grant, Feb 18 class

- “Four Paths, Same Goal”
- Video <https://vimeo.com/120331848>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- “To see a world ...”, William Blake (poem, complete)
http://www.poetryloverspage.com/poets/blake/to_see_world.html
- Pt II Handout: A Quieter Now, Kim Catley (University of Richmond Reflection)
<http://bit.ly/1yCf9Gw>
- Sitting Meditation (Guided), Jon Kabat-Zinn (YouTube Audio)
<https://www.youtube.com/watch?v=rGKe7b8NVWA>
- What is Mindfulness-Based Stress Reduction?
<http://www.mindfullivingprograms.com/whatMBSR.php>
- Deer Park Monastery <http://deerparkmonastery.org/>

2015 Sermon and Class Links

- The Little Book of Atheist Spirituality by Andre Comte-Sponville
<https://www.pinterest.com/pin/327707310361417162/>
- The Subtle Sensations of Faith, David Brooks (NYT) <http://nyti.ms/1zdauLs>
- The Cathedral of The World, Forest Church <http://www.uuworld.org/ideas/articles/151706.shtml>
- Guided Mindfulness Meditation Series 1 Audio CD – Audiobook, by Jon Kabat-Zinn (Amazon)
<http://amzn.to/1A1bpxP>
- Three Domains of Learning – Cognitive, Affective, Psychomotor (Behavioral)
<http://thesecondprinciple.com/instructional-design/threedomainsoflearning/>
- Free-Thinking Mystics With Hands, Tom Owen-Towle
<https://www.pinterest.com/pin/327707310361673961/>

Heart and Hand: UU and Islam, Rev Kathleen Owens, February 22 Hillcrest sermon

- Reflection question: How do you seek and find common ground with a perceived other?
- Video <https://vimeo.com/120424651>
- Islam: A Short History, Karan Armstrong <https://www.pinterest.com/pin/327707310361675112/>
- Reading (from): The Bostan of Saadi
http://www.iranchamber.com/literature/saadi/books/bostan_saadi.pdf
- Reading (from): Poems, Allama Muhammad Iqbal
http://www.poemhunter.com/i/ebooks/pdf/allama_muhammad_iqbal_2012_3.pdf
- World Religions Today, John Esposito (book)
<https://www.pinterest.com/pin/327707310360073937/>
- “... agents of anger ... and mercy ...”, Wendell Berry (quoted in) <http://bit.ly/1Ep3r8e>
- Love and Compassion in Islam <http://www.wccm.org/content/love-and-compassion-islam>
- Three Stories of Religious Freedom (UUA) <http://bit.ly/1zAQaE7>
- Children of the Same God: Unitarianism in Kinship with Judaism and Islam, Minns Lectures, 2009, Rev. Dr. Susan Ritchie <http://www.minnslectures.org/archive/Ritchie/RitchieLecture2.pdf>
- Gandhi and Comparative Religion <https://www.bu.edu/wcp/Papers/Comp/CompBaru.htm>
- Islamic Center of San Diego <http://www.icsd.org/>
- The Pilgrimage of Faith, Rev Jim Grant (sermon) <http://www.uusm.org/sundays-and-services/sermons/pilgrimage-of-faith>
- Handout: The Pilgrimage of Faith, Gene Ackerman
http://www.firstuusandiego.org/Websites/firstuusandiego/images/Pilgrimage_of_Faith.pdf

Welcoming Those Who Serve, Rev Kathleen Owens, March 1 Hillcrest sermon

- Reflection question: What can you do to help make our church more welcoming to Service Members?
- Video <https://vimeo.com/120980508>
- Military Ministry Toolkit (UUA Education)
<http://www.uua.org/re/adults/curricularresources/militaryministry>
- Military Ministry – Quest for Meaning (Church of the Larger Fellowship [CLF])
<http://www.questformeaning.org/programs/military/>
- UUniforms at First Church (Facebook page) <https://www.facebook.com/UUUniforms>
- UUniforms at First Church (Pinterest Board) <https://www.pinterest.com/firstuusandiego/uuniforms/>

Conversations with the Spiritually Curious, Pt IV, Rev Jim Grant, Mar 4 class

- “Pitfalls On the Path”
- Video <https://vimeo.com/121411676>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- Reading: Cherish Your Doubts, Robert Weston <http://bit.ly/1Bgdn1l>
- Reading: Views of the Sacred, Judith Meyer (page 2)
<http://www.uuabookstore.org/Assets/PDFs/3046.pdf>
- Handout: The Pilgrimage of Faith, Gene Ackerman <http://bit.ly/1wMMUtM>
- Sermon: The Pilgrimage of Faith, Rev Jim Grant <http://bit.ly/17YMqFb>
- Know Your Faith, Nels Ferre <http://www.religion-online.org/showbook.asp?title=579>

2015 Sermon and Class Links

Turn and Face the Strange, Rev Jennifer Channin, Mar 8 Hillcrest sermon

- Reflection Question: “What versions of yourself have you let go? What versions of yourself are you open to becoming?”
- Video <https://vimeo.com/121622223>
- “I don’t know where I’m going from here ...”, David Bowie http://www.brainyquote.com/quotes/authors/d/david_bowie.html
- “Ziggy Stardust and the Spiders from Mars”, David Bowie (full concert) <https://www.youtube.com/watch?v=aLihS7KVvqI>
- “Changes”, David Bowie <https://www.youtube.com/watch?v=zbnJo88kuP8>
- Quarter-Life Crisis http://en.wikipedia.org/wiki/Quarter-life_crisis
- Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life, Jon Kabat-Zinn (book) <https://www.pinterest.com/pin/327707310361862471/>
- Strategic Plan, First Church <http://bit.ly/GLFWfg>
- “... let it go ...”, In Blackwater Woods, Mary Oliver (poem) <http://bit.ly/1A5LSE2>

Imagining the Beloved Community, Kristen Kuriga, South Bay Coordinator, Mar 8 South Bay sermon

- Reflection Question: How do we imagine the beloved community, growing out of, but not limited to, our current reality?
- Video: <https://vimeo.com/121932903>
- Mural: Solidarity, Breaking Down Barriers (images and history of) http://foundsf.org/index.php?title=HOMEY_Mural_24th_and_Capp
- HOMEY (Homies Organizing the Mission to Empower Youth) <http://www.homey-sf.org/>
- Industrial Areas Foundation <http://www.industrialareasfoundation.org/>
- Be | Art | Now <http://www.psr.edu/beartnow>
- Reading: Walking Along Side, from Memorializing Ritual and Art, Cinder Hypki <http://bit.ly/1C6iing> (scroll down)
- Native American Flute Heartsongs (youtube) <https://www.youtube.com/watch?v=nyXZnZBWf50>
- Moral Imagination: : The Art and Soul of Building Peace by John Paul Lederach (book) <https://www.pinterest.com/pin/327707310361902541/>
- John Paul Lederach, Kroc Institute for International Peace Studies <http://kroc.nd.edu/facultystaff/faculty/john-paul-lederach>

Conversations with the Spiritually Curious, Pt V, Rev Jim Grant, Mar 11 class

- “Stages on the Journey”
- Video <https://vimeo.com/122188781>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- Sing Out Praises for The Journey (Hymn #295)
 - (sheet music) <http://bit.ly/1BCAEvN>
 - (organ accompaniment) <http://bit.ly/18I7a46>
 - (info about) <http://bit.ly/1CdRXUI>
- Christian Socialism in America http://www.jstor.org/stable/2762617?seq=1#page_scan_tab_contents
- Reinhold Niebuhr, Founder of Fellowship of Socialist Christians <http://www.religion-online.org/showarticle.asp?title=988>
- Morphological Fundamentalism <http://www.briantvirtue.org/2010/03/morphological-fundamentalism/>
- American Baptist Association http://en.wikipedia.org/wiki/American_Baptist_Association

2015 Sermon and Class Links

Experiencing Selma, Rev Kathleen Owens, March 15 Hillcrest sermon

- Reflection question: What bridge do you need to cross?
- Video <https://vimeo.com/122262092>
- Selma Bridge (Edmund Pettus Bridge) (images) <http://bit.ly/1BCAEvN>
- Living Legacy Project (UUA) <http://www.uulivinglegacy.org/living-legacy-pilgrimage.html>
- Selma Sunday 2015 (UUA) <http://www.uua.org/multiculturalism/297858.shtml>
- Birmingham Civil Right Institute <http://www.bcri.org/index.html>
- Spider Martin Gallery of Photographs (online) <http://www.spidermartin.com/>
- 16th Street Baptist Church bombing (wiki) http://en.wikipedia.org/wiki/16th_Street_Baptist_Church_bombing
- Civil Rights Memorial Center / Southern Poverty Law Center <http://www.splcenter.org/civil-rights-memorial>
- Rosa Parks Library and Museum <http://www.troy.edu/rosaparks/>
- Rosa Parks bio <http://www.biography.com/people/rosa-parks-9433715>
- Dexter Avenue Baptist Church <http://www.nps.gov/nr/travel/civilrights/al7.htm>
- Viola Gregg Luizzo, bio <http://www.biography.com/people/viola-gregg-liuzzo-370152> and bio with image of marker <http://www.encyclopediaofalabama.org/article/h-1377>
- Rev Mark Morrison-Reed's Selma 50th Anniversary Event Keynote Speaker
 - (video) <https://vimeo.com/58929344>,
 - (earlier roundtable interview, audio) <http://bit.ly/1BJhUe4>
- The Selma Awakening, Mark Morrison-Reed (amazon book) <https://www.pinterest.com/pin/327707310361960828/>
- Call to Selma, 18 Day of Witnessing, Richard Leonard (amazon book) <https://www.pinterest.com/pin/327707310361960867/>
- Bloody Sunday, March 7, 1965 <http://bit.ly/1DpcTcU>
- Rev James Reeb and the Global Freedom Struggle <http://stanford.io/1baS88O>
- Selma (movie, imdb) <http://www.pinterest.com/pin/327707310361051138/>
- Selma (movie study guide) http://www.lincolnmemorialucc.com/Lincoln_-_Selma_Movie_Study_Guide.pdf
- The Sounds, Space And Spirit Of 'Selma': A Director's Take (Interview with Selma's Director, Ava DuVernay) <http://n.pr/1DSaDKN>
- Selma at the Cinema (UUA article) http://www.uuworld.org/ideas/articles/300705.shtml?utm_source=n
- Student Nonviolent Coordinating Committee <http://stanford.io/1Eo3X5b>
- MLK on Leadership: Inspiration and Wisdom for Challenging Times by Donald T. Phillips (amazon book) <https://www.pinterest.com/pin/327707310361962297/>
- San Diego Organizing Project (SDOP) <http://www.sdop.net/>

Conversations with the Spiritually Curious, Pt VI, Rev Jim Grant, Mar 18 class

- "Know Yourself"
- Video <https://vimeo.com/122699842>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- "I look about me ..." Antoine de Saint-Exupéry <http://bit.ly/1MVPn6T>
- The Five Delusory Ps, William Houff <http://bit.ly/1Ofvhbr>
- "I ...Thou" Philosophy, Martin Buber <http://www.iep.utm.edu/buber/#SH2b>
- "... still point of the turning world ...", taken from TS Eliot Poems, Four Quartets, Burnt Norton I, 2nd stanza <http://www.coldbacon.com/poems/fq.html>
- "Three Practical Rules", William Houff <http://bit.ly/1GARb3k>
- "Human beings are not born once ..." Gabriel García Márquez <http://bit.ly/1xn5WqQ>

2015 Sermon and Class Links

On Intuitions, Rev Kathleen Owens, Mar 22 Hillcrest sermon

- Reflection question: Where will you focus your intention for a more fulfilled life?
- Video <https://vimeo.com/123031730>
- The Power of Intention <http://healing.about.com/od/marciawieder/a/powerintention.htm>
- Ghost
 - (movie) <https://www.pinterest.com/pin/327707310362075336/>
 - (trailer) <https://www.youtube.com/watch?v=4cOb3gfe4tQ>
- On Intention, Dharma Talk, Gil Fronsdal (audio)
http://www.audiodharma.org/talks/audio_player/4977.html
- If Only We Would Listen, Parker Palmer
http://thesunmagazine.org/issues/443/if_only_we_would_listen
- Unitarian Universalist Men's Fellowship (UUMF) (webpage) <http://www.firstuusanidiego.org/mens-fellowship>
- Intention, Wisdom Commons <http://www.wisdomcommons.org/virtue/77-intention/lifestories>
- Cesar Chavez
- (bio) <http://www.biography.com/people/cesar-chavez-9245781>
- (history) <http://www.history.com/topics/cesar-chavez>
- Sal Si Puedes (Escape If You Can): Cesar Chavez and the New American Revolution by Peter Matthiessen <https://www.pinterest.com/pin/327707310362075524/>
- United Farm Workers (UFW) History
http://www.ufw.org/_page.php?menu=research&inc=history/03.html
- The Cesar Chavez Foundation <http://www.chavezfoundation.org/>
- Beannacht, John O'Donohue's Blessing
 - (read by author, youtube audio) <https://www.youtube.com/watch?v=ZfvS2LYbZLQ>
 - (text) <http://www.poetry-chaikhana.com/blog/2014/06/06/john-odonohue-beannacht-blessing-2/>

Let It Go and Shake It Off, Adam Dyer, Intern Minister, Mar 22 South Bay sermon

- Reflection question: What do we on hold to?
- Video <https://vimeo.com/123038908>
- Shake It Off, Taylor Swift
 - (youtube video) https://www.youtube.com/watch?v=nfWlot6h_JM
 - (lyrics) <http://www.directlyrics.com/taylor-swift-shake-it-off-lyrics.html>
- Let It Go, from Frozen
 - (youtube video) <https://www.youtube.com/watch?v=moSF1vxnbgk>
 - (lyrics) <http://www.azlyrics.com/lyrics/idinamenzel/letitgo.html>
- Penal Code 182.5
 - (text) <http://codes.lp.findlaw.com/cacode/PEN/3/1/7/8/s182.5>
 - (analysis of) <http://www.shouselaw.com/conspiracy.html>
- Aaron Harvey's Story, Aaron Harvey (facebook)
<https://www.facebook.com/SDBlackAgenda/posts/338701049669926:0>
- The New Jim Crow, Mass Incarceration in an Age of Colorblindness, Michelle Alexander. (book)
<https://www.pinterest.com/pin/327707310355035388/>

Easter Homily, Rev Kathleen Owens, Apr 5 Hillcrest sermon

- Reflection question: How will you celebrate new life?
- Video <https://vimeo.com/124166742>
- The History of Our Flower Communion <http://bit.ly/1DOrwpg>
- Who We are at Easter, Barbara Pescan <http://bit.ly/1xTI3bl>
- Resurrections, Barbara Pescan <http://bit.ly/1azks4S>
- The Morning Watch, Barbara Pescan (meditations) (amazon book)
<https://www.pinterest.com/pin/327707310362254595/>
- Walking Toward Morning (reading), Victoria Stafford
<http://www.uua.org/re/tapestry/adults/harvest/workshop2/141984.shtml>

2015 Sermon and Class Links

- Walking Toward Morning: Meditations, Victoria Safford (amazon book) <https://www.pinterest.com/pin/327707310359235845/>

Conversations with the Spiritually Curious, Pt VII, Rev Jim Grant, Apr 8 class

- “Whoops! More Pitfalls! (Mysticism and Spirituality)”
- Video <https://vimeo.com/124929932>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- Readings (handout), Living Better Through Mysticism <http://bit.ly/1CidyaF>
- UU principles and Sources <http://www.uua.org/beliefs/what-we-believe/principles>
- “immanent” (etymology) http://www.etymonline.com/index.php?term=immanent&allowed_in_frame=0
- “transcendent” (etymology) http://www.etymonline.com/index.php?term=transcendent&allowed_in_frame=0
- Viktor Frankl and Logotherapy <http://www.viktorfrankl.org/e/logotherapy.html>
- From Psychotherapy to Logotherapy, Viktor Frankl <http://bit.ly/1HorDJe>
- “I have learned to be content ...” Philippians 4:11-13 <http://bit.ly/1FM4Rfm>
- The Little Book of Atheist Spirituality by Andre Comte-Sponville <https://www.pinterest.com/pin/327707310361417162/>
- Goose Bumps, play based on Exodus 3:1-15 and Lily Tomlin’s character in The Search for Signs of Intelligent Life in the Universe (text) http://www.aspencommunitychurch.com/sermons/Goose_Bump.pdf
- Wind in the Willows, Kenneth Grahame (Chapter 7, “Then suddenly the Mole felt a great Awe fall upon him ...”) <http://classclit.about.com/library/bl-etexts/kgrahame/bl-kgrahame-wind-7.htm>
- The End of Faith: Religion, Terror, and the Future of Reason by Sam Harris (amazon book) <https://www.pinterest.com/pin/327707310362381859/>
- On the end of faith, Sam Harris (you tube) <https://www.youtube.com/watch?v=4MU6JsdjHls>
- Waking Up: A Guide to Spirituality Without Religion by Sam Harris (amazon book) <https://www.pinterest.com/pin/327707310362381884/>
- Sam Harris - 'Waking Up' A Guide To Spirituality Without Religion (youtube) <https://www.youtube.com/watch?v=DxzAQRYYqIk>
- Breakfast at the Victory: The Mysticism of Ordinary Experience by James P. Carse (amazon book) <https://www.pinterest.com/pin/327707310362381936/>
- The Religious Case Against Belief by James P. Carse. (amazon book) <https://www.pinterest.com/pin/327707310362381954/>
- On “The Religious Case Against Belief”, McGrath, Pathos blog <http://bit.ly/1DfdHPO>
- The 5th Dimension Age of Aquarius 1969 (you tube) <https://www.youtube.com/watch?v=kjxSCAalsBE>
 - Lyrics <http://bit.ly/1labLZa>
- A Chosen Faith, John A. Buehrens, Forrest Church <https://www.pinterest.com/pin/327707310355045930/>
 - UUA Study Guide <http://www.beacon.org/Assets/ClientPages/AChosenFaithdgd.aspx>
- “religion” (etymology) http://www.etymonline.com/index.php?term=religion&allowed_in_frame=0
- Reading (handout), Anne Lamott (from facebook post) <https://www.facebook.com/AnneLamott/posts/662177577245222>

Earth Day: Not Waiting for a Miracle, Rev Jennifer Channin and the Climate Justice Team, Apr 12 Hillcrest sermon

- Reflection question: What is the spiritual grounding for our action to protect the planet?
- Video <https://vimeo.com/124770236>
- 00:09 E.L. Lotecka, Climate Justice Team Member
 - Redwood Canaries (youtube) <https://www.youtube.com/watch?v=6IFZ4HVojug>
 - Climate Justice Team, First Church (webpage) <http://www.firstuusandiego.org/climate-justice>
 - Sierra Club San Diego <http://sandiegosierraclub.org/>

2015 Sermon and Class Links

- 03:45 Laura Todd, Climate Justice Team Member
 - Friends Committee on National Legislation: Spring Lobby Weekend <http://fcnl.org/events/slw/>
- 06:06 James Long, Climate Justice Team Member
- 09:01 Message: Not Waiting for a Miracle, Rev Jennifer Channin
 - Men in Black II
 - Agent K: When you get sad, it always seems to rain.
 - Laura: Lots of people get sad when it rains!
 - Agent K: It rains because you're sad, baby.
 - Laura: It's not fair.
 - Agent J: [Sad smile] Never is .
 - "I think, therefore I am ..." René Descartes <http://deakinphilosophicalsociety.com/texts/descartes/discourse.pdf>
 - "Freedom from nature ...", The Philosophies of Enlightenment (John Lock), http://www.csudh.edu/phenom_studies/western/lect_8.html
 - "... ego enclosed in a bag of skin ..." The Book: On The Taboo Against Knowing Who You Are, Alan Watts (preface) http://www.beezone.com/alanwatts/taboobook/the_book_chap_1.html
 - The Book: On The Taboo Against Knowing Who You Are, Alan Watts (amazon books) <https://www.pinterest.com/pin/327707310362353445/>
 - Climate Change Action, San Diego 350 <http://sandiego350.org/>
 - Deep Ecology, Joanna Macy <http://www.joannamacy.net/deepeecology.html>
 - A Wild Love for the World, Joanna Macy (On Being) <http://www.onbeing.org/program/joanna-macy-a-wild-love-for-the-world/61>

Conversations with the Spiritually Curious, Pt VIII, Rev Jim Grant, Apr 15 class

- "Roots Hold Me Close, Wings Set Me Free. (The Sunday Worship Experience)"
- Video <https://vimeo.com/125409482>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- "immanent" (etymology) http://www.etymonline.com/index.php?term=immanent&allowed_in_frame=0
- "transcendent" (etymology) http://www.etymonline.com/index.php?term=transcendent&allowed_in_frame=0
- "worship" (etymology) <http://www.etymonline.com/index.php?term=worship>
- "worthy" (etymology) http://www.etymonline.com/index.php?term=worthy&allowed_in_frame=0
- Blue Boat Home, Peter Mayer
 - Youtube, photo essay <https://www.youtube.com/watch?v=YtZUM0JhLvc>
 - Lyrics <http://www.thegreatstory.org/songs/blueboat.html>
- Thin Places: Where Heaven and Earth Come Closer (NYT) <http://nyti.ms/1aLVC0P>
- Sacred Destinations: Iona Abbey <http://www.sacred-destinations.com/scotland/iona-abbey>
- Black Canyon, Colorado, Images <http://bit.ly/1zDz60z>
- "A person will worship something ...". from The Power Of Prayer, Ralph Waldo Emerson <http://uuroanoke.org/sermon/prayer.htm>
- Returning: A Spiritual Journey by Dan Wakefield <https://www.pinterest.com/pin/327707310362473591/>

Selma Reflections, Apr 16 panel discussion

- A First Church Panel Reflecting on the 50th Anniversary of the Selma Voting Rights Campaign
- Hosted by Rev Kathleen Owens, Lead Minister
- Video <https://vimeo.com/129702660>
- Panelists
 - 00:00:00 Susan Weaver
 - 00:09:50 Rev Carolyn Owen-Towle
 - 00:16:10 Rev Tom Owen-Towle

2015 Sermon and Class Links

- 00:25:40 Jan Gallo
- 00:39:50 Q&A
- 01:07:03 Closing
- Selma Sunday 2015 <http://www.uua.org/multiculturalism/297858.shtml>
- UU Living Legacy Project <http://www.uulivinglegacy.org/>

A Challenge: Being Mortal, Rev Kathleen Owens, Apr 19 Hillcrest sermon

- Reflection question: How might you choose to age into a new and different life?
- Video <https://vimeo.com/125408693>
- Centering Thought: “ If you’re wise like the seed ...”, from Unafraid of the Dark (UUA) <http://www.uua.org/worship/words/homily/unafraid-dark>
- Reading from The United Nations Environmental Sabbath Service, Earth Prayers <http://earthministry.org/the-united-nations-environmental-sabbath-service/>
- Earth Day 2015 <http://www.earthday.org/>
- Deep Ecology, Joanna Macy <http://www.joannamacy.net/deepecology.html>
- Otherwise (poem), Jane Kenyon <http://www.loc.gov/poetry/180/050.html>
- Being Mortal: Medicine and What Matters in the End by Atul Gawande (book) <https://www.pinterest.com/pin/327707310362457429/>
- Aging as a Spiritual Practice: A Contemplative Guide to Growing Older and Wiser by Lewis Richmond. (book) <https://www.pinterest.com/pin/327707310362457507/>

I’ve Been Here Before, Adam Dyer, Intern Minister, Apr 26 Hillcrest sermon

- Video <https://vimeo.com/127317116>
- “I’ve Been Here Before”, from Closer Than Ever
 - YouTube (at 03:00) <https://www.youtube.com/watch?v=OWb7ngIVcB8>
 - Lyrics <http://bit.ly/1b10HmP>
- Paul Robeson, Civil Rights Activist <http://www.biography.com/people/paul-roberson-9460451>
- Report Points To 'Dangerous Militarization' Of U.S. Law Enforcement (NPR) <http://n.pr/1CH1nEH>
- Soldier’s Creed <http://www.army.mil/values/soldiers.html>
- Covenant of Goods Relations, First Church <http://bit.ly/1E0tmVO>
- Remarks of First Lady Michelle Obama for White House Convening on Creating Opportunity for Native Youth <http://1.usa.gov/1DgoND9>
- Luke 15:11-32, The Story of the Prodigal Son <https://www.biblegateway.com/passage/?search=Luke+15%3A11-32>

Hopers Unite, Rev Dr Tom Owen-Towle, Minister Emeritus, May 3 Hillcrest sermon

- Reflection question: What must I do, at this point in my life, to become a full-fledged hoper?
- Video <https://vimeo.com/128081971>
- Tom Owen-Towle (website) <http://www.tomo-t.com/>
- A Herstory of the #BlackLivesMatter Movement <http://thefeministwire.com/2014/10/blacklivesmatter-2/>
- Black Lives Matter (website) <http://blacklivesmatter.com/>
- William Ellery Channing’s Public Faith <http://www.uuworld.org/2005/02/lookingback.html>
- The Moral Bucket List, David Brooks (NYT) <http://nyti.ms/1Rsjqbv>
- “Service is the rent we pay ,,,”, Shirley Chisholm <http://www.uua.org/re/tapestry/children/windows/session10/143713.shtml>
- Kids at Heart (tutoring program) <http://www.kidsatheart.info/>
- Uptown Interfaith Service Center <http://uptownfaith.org/>
- Mature Masculinity Movement: Save the Males – Changing the Men, Changing the World; Tom Owen-Towle (lecture, text of) <http://www.minnslectures.org/archive/owen-towle/lecture1.pdf>

2015 Sermon and Class Links

Conversations with the Spiritually Curious, Pt IX, Rev Jim Grant, May 6 class

- Evil: The Problem of “Doing Good”.
- Video <https://vimeo.com/127643334>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- “Farther Along”, Brad Paisley (hymn) (youtube, with lyrics) <https://www.youtube.com/watch?v=I-Y0eH2QHo>
- “When Bad Things Happen to Good People”, Harold S. Kushner
 - Book <https://www.pinterest.com/pin/327707310355043208/>
 - Excerpt <https://www.spiritualityandpractice.com/books/excerpts.php?id=14139>
 - Discussion of, with Kushner (youtube) <https://www.youtube.com/watch?v=AKx-iJG5qrE>
- “... the eye goes blind ...”, Rumi www.goodreads.com/quotes/57103-an-eye-is-meant-to-see-things-the-soul-is
- Process and Reality, Alfred North Whitehead
<https://www.pinterest.com/pin/327707310362770336/> and
<http://www.giffordlectures.org/books/process-and-reality>
- On The Problem of Evil and Process Theology (CUNY) <http://bit.ly/1H1L6eS>
- The eight best things you can say to someone who is grieving, (HuffPost) <http://huff.to/1PgXaCL>
- “Hopers Unite”, Tom Owen-Towle sermon (audio)
<http://firstuusandiego.bandcamp.com/track/hopers-unite>
- The Book of Job <http://www.biblestudytools.com/job/>
- “... dung heap ...”, from JB, A Play in Verse, Archibald MacLeish
<http://reasonsociety.blogspot.com/2009/02/from-job-to-jb.html> and
http://www.americancentury.org/ag_jb.pdf
- Luke 15: 11-32, The Parable of the Lost Son
<https://www.biblegateway.com/passage/?search=Luke+15%3A11-32>

Living Our Seventh Principle, Rev Jennifer Channin, May 10 Hillcrest sermon

- Reflection question: On whom, or what, do you depend?
- Video <https://vimeo.com/127535963>
- Our UU Principles (UUA) <http://www.uua.org/beliefs/what-we-believe/principles>
- Seventh Principle <http://www.uua.org/beliefs/what-we-believe/principles/7th>
- Self-Reliance, Ralph Waldo Emerson (essay) <http://www.emersoncentral.com/selfreliance.htm>
 - Analysis of http://www.transcendentalists.com/self_reliance_analysis.htm
- The Wampanoag People (wiki) http://en.wikipedia.org/wiki/Wampanoag_people
- The Lucy Stone Cooperative <http://uucommunitycoops.org/lsc/>

Trans*forming Love, Dr Melissa James and Rev Kathleen Owens, May 17 Hillcrest sermon

- Reflection question: How will you live Trans*forming Love this week?
- Video <https://vimeo.com/128090977>
- 00:00 Dr Melissa James, Dir of Children and Family Ministries
 - 10000 Dresses
 - Book <https://www.pinterest.com/pin/327707310361520077/>
 - Article on <http://bit.ly/1KePDRx>
 - Commentary on <https://sites.google.com/site/thesisactivities/10-000-dresses>
 - Transgender (wiki, extensive) <http://en.wikipedia.org/wiki/Transgender>
 - Radical Love, Beverly Weldung Harrison, <http://www.lgbtran.org/Profile.aspx?ID=350>
 - Twilight People, Rabbi Ruben Zellman (pdf, bottom of pg 1) <http://bit.ly/1KeQn9a>
 - “This is what ‘cisgender’ means” (Time) <http://time.com/3636430/cisgender-definition/>
- 05:20 Rev Kathleen Owens, Lead Minister
 - A Mixing Gesture, Rev Dr Susan Ritchie, Guest Minister, Oct 6 sermon video <https://vimeo.com/76287092>
 - Bruce Jenner: ‘I’m a Woman’ (ABC News) <http://abcn.ws/1JqVzFT>
 - Identity Formation (PBS) <http://to.pbs.org/1bYOBKu>
 - Is gender identity biologically hardwired? (PBS) <http://to.pbs.org/1EdhZmU>

2015 Sermon and Class Links

- Story videos
 - The Whittington Family: Ryland's story (youtube) <https://www.youtube.com/watch?v=yAHCqnuX2fk>
 - Parents Allow Transgender Child to Choose Gender (youtube) <https://www.youtube.com/watch?v=pjKBnFtmKKA>
 - I Am Jazz – A Family in Transition (youtube)
 - Part 1 https://www.youtube.com/watch?v=_Wh6NecfMiE
 - Part 2 <https://www.youtube.com/watch?v=nuoJEy70XjE>
 - Part 3 <https://www.youtube.com/watch?v=KwoYrYLtkJA>
 - How To Be a Girl: A Mother And Her Transgender Daughter Explore Gender (youtube) <https://www.youtube.com/watch?v=DlfwJ2reGDU>
- Congregations welcome transgender people (UUWorld) <http://www.uuworld.org/news/articles/50599.shtml>
- Sean Parker Dennison
 - Transfaith <http://bit.ly/1bYPu5R>
 - Article on <http://www.dailyherald.com/article/20120916/news/709169915/>
- Two North County transgender teens take own lives <http://bit.ly/1A8Fpit>
- Transgender News (HuffPost) <http://www.huffingtonpost.com/news/transgender/>
- Allies of Transgender People (GLAAD) <http://www.glaad.org/transgender/allies>
- TransTorah (Transgender Resources) <http://www.transtorah.org/resources.html>

The Good, the Bad and The Ugly; Adam Dyer, Intern Minister, May 17 South Bay sermon

- Video <https://vimeo.com/129694550>
- Our Six Sources (Sources of Our Living tradition) (UUA) <http://www.uua.org/beliefs/what-we-believe/sources-our-living-tradition>
- The Good, The Bad and The Ugly (movie)
 - IMDB <http://www.imdb.com/title/tt0060196/>
 - Wiki http://en.wikipedia.org/wiki/The_Good,_the_Bad_and_the_Ugly
 - Full Movie (online) http://www.dailymotion.com/video/x21wucy_the-good-the-bad-and-the-ugly-1966_shortfilms
- San Diego Multicultural LGBT Literary Foundation <http://www.sdliteraryfoundation.org/>
- Paul Gunn Allen (website) <http://www.paulagunnallen.net/>
- Janice Gould <http://www.hanksville.org/storytellers/jgould/>

Conversations with the Spiritually Curious, Pt X, Rev Jim Grant, May 20 class

- "Questions for a Beautiful Self"
- Video <https://vimeo.com/128935585>
- Infinity in Your Hand: A Guide for the Spiritually Curious, William H. Houff <http://amzn.to/1zVGrx1>
- Handout: Brief Review / Outline of Course <http://bit.ly/1e7ACUp>
- If there is to be peace, Lao Tzu http://www.worldprayers.org/archive/prayers/meditations/if_there_is_to_be_peace.html
- When Evil is Cool, Roger Shattuck
 - Pt I <http://www.theatlantic.com/magazine/archive/1999/01/when-evil-is-cool/377385/>
 - Pt II <http://www.theatlantic.com/past/docs/issues/99jan/evil2.htm>
- White Fragility <http://www.overcomingracism.org/resources/White-Fragility.pdf>
- "You made him lower ...", Psalm 8 <http://www.biblestudytools.com/psalms/8.html>
- Acedia (wiki) <http://en.wikipedia.org/wiki/Acedia>
- George Lucas on Mentors and Faith, Bill Moyers Interview <http://bit.ly/1cYpsQY>
- God in the World, Alfred North Whitehead <http://www.anthonypflood.com/whiteheadgodandtheworld.htm>
- Rabbi Kushner on Mendel's "human beings are god's language..." <http://bit.ly/1GBRzS4>

2015 Sermon and Class Links

At Play in the Web of Life, Rev Kathleen Owens, May 24 Hillcrest Memorial Day sermon

- Video <https://vimeo.com/128925828>
- The 1st Amendment (wiki) http://en.wikipedia.org/wiki/First_Amendment_to_the_United_States_Constitution
- Neely Bruce's musical setting of the Bill of Rights, 1st Amendment (youtube) <https://www.youtube.com/watch?v=lvwckZ0fx2g>
- "... vagueness about liberty ..." Rev Victoria Safford, from sermon Safe and Profoundly Unsound, in UUA's United States Immigration: Theological Reflection and Discussion, pg 4 http://www.uua.org/sites/live-new.uua.org/files/documents/lfd/dg_immigration_sermons.pdf
- "... we take our liberty for granted ..." Naomi Wolf, in The End of America: Letter of Warning to a Young Patriot http://www.thirdworldtraveler.com/Fascism/End_Of_America.html
- "Oh, mother earth ..." from Loneliness (poem), in Blue Horses, Mary Oliver (next to last entry) <http://www.goodreads.com/work/quotes/40167110-blue-horses-poems>
- Revealed: The Ocean's Tiniest Life At The Bottom Of The Food Chain (NPR) <http://n.pr/1Asi8ls>
- UUA Ministry for the Earth <http://uuministryforearth.org/>
- UU 7th Principle <http://www.uua.org/beliefs/what-we-believe/principles/7th>
- We Belong to the Earth, attributed to Chief Noah Sealth (Singing the Living Tradition hymnal #550) <http://bit.ly/1Ky6TBq>
 - Taken from Chief Seattle's letter "To All the People" <http://www.barefootsworld.net/seattle.html>
- Wells We Did Not Dig, John M Walton (sermon) <http://www.fpcnyc.org/media/sermons-pdf/2011/110703.pdf>

Wisdom from Black Canyon, Rev Jim Grant, May 31 Hillcrest sermon

- Video <https://vimeo.com/129564902>
- Reflection Question: Have you had an experience of awe which you will share with others?
- The Search for Signs of Intelligent Life in the Universe, Jane Wagner and Lily Tomlin <http://www.whysanity.net/monos/soupart.html>
- The Little Book of Atheist Spirituality by Andre Comte-Sponville <https://www.pinterest.com/pin/327707310361417162/>
- Thin Places: Where Heaven and Earth Come Closer (NYT) <http://nyti.ms/1aLVC0P>
- Black Canyon, Colorado, Images <http://bit.ly/1zDz60z>
- Black Canyon National Park <http://www.nps.gov/blca/index.htm>
- Advise from Black Canyon <https://www.yourtruenature.com/canyon-tshirt>
- Why Do We Experience Awe, NYT <http://www.nytimes.com/2015/05/24/opinion/sunday/why-do-we-experience-awe.html>
- Is Religion Built on Lies? Sam Harris <http://www.samharris.org/blog/item/sam-harris-vs.-andrew-sullivan>
- From 'Aurora Leigh', Elizabeth Barrett Browning <http://www.bartleby.com/236/86.html>
- Waiting for God, the French philosopher, Simone Weil, suggests that attention is the chief means by which our souls encounter God. The Question of God, PBS <http://www.pbs.org/wgbh/questionofgod/voices/weil.html>
- "...mystical wonders not how the world is but that it exists ...", James R. Atkinson, The Mystical in Wittgenstein's Early Writings (review of) <https://ndpr.nd.edu/news/24116-the-mystical-in-wittgenstein-s-early-writings/>
- What is Pentecost? Why does it matter? <http://www.patheos.com/blogs/markroberts/series/what-is-pentecost-why-does-it-matter/>
- Shavu'ot: Giving the Torah <http://www.jewfaq.org/holidayc.htm>
- Transrational, Forrest Church
 - From "The Invention and Discovery of God" (sermon) <http://www.allsoulsnyc2.org/publications/sermons/fcsermons/invention-discovery-god.html>
 - In "A Theology for the 21st Century" <http://www.uuworld.org/2001/05/feature1.html>

2015 Sermon and Class Links

- “ ... as for Unitarians ...” from My Father’s Tears, John Updike (The New Yorker) <http://www.newyorker.com/magazine/2006/02/27/my-fathers-tears>
- Unitarian Universalist Jokes (scroll down ¾), on A Prairie Home Companion, Garrison Keillor, <http://prairiehome.publicradio.org/programs/2007/02/03/scripts/showjokes.shtml>

Do You Hear What I Hear?. Adam Dyer, Intern Minister, June 14 Hillcrest (final) sermon

- Reflection Question: “What is your calling?”
- Video <https://vimeo.com/130700788>
- The Sweetest Sounds, from Richard Rodgers “No Strongs”
 - youtube w Diahann Carroll, Richard Kiley <https://www.youtube.com/watch?v=meVFZbXqc1k>
 - lyrics <http://www.metrolyrics.com/the-sweetest-sounds-lyrics-perry-come.html>
- Nothing, from A Chorus Line
 - youtube 1975 Broadway Cast <https://www.youtube.com/watch?v=Ob4ZmHKbD28>
 - lyrics <http://www.metrolyrics.com/nothing-lyrics-a-chorus-line.html>
- Darkening the Doorways: Black Trailblazers and Missed Opportunities in Unitarian Universalism, Mark D. Morrison-Reed <https://www.pinterest.com/pin/327707310363240247/>
- Elite: Uncovering Classism in Unitarian Universalist History, Mark W. Harris <https://www.pinterest.com/pin/327707310363240273/>
 - UUA Discussion Guide http://www.uua.org/sites/live-new.uua.org/files/documents/tapestry/discuss_guide_elite.pdf
 -
- Remaining Awake Through a Great Revolution, Martin Luther King <http://stanford.io/1KQAC7V>
- Remarks By The First Lady (Michelle Obama) at Oberlin College Commencement Address (2015) <http://1.usa.gov/1TmbHNh>
- California Equity Ministry
 - (Faithify) <http://www.faithify.org/projects/exploring-equity-ministry-in-california/>
 - (facebook) <https://www.facebook.com/californiaequityministry>
 - (UUJM) <http://uujmca.org/our-work/equity-justice/>

Freedom As a Spiritual Practice, Rev Kathleen Owens, June 21 Hillcrest sermon

- Reflection Question: What can be a practice toward freedom for you?
- Video <https://youtu.be/1jyFIGcsZfk>
- Our Unitarian Heritage, Earl Morse Wilbur
 - (complete online, pdf) <http://www.sksm.edu/wp-content/uploads/2014/04/ouh.pdf>
 - (sermon reading, from above text) <http://www.uua.org/re/tapestry/adults/resistance/workshop6/182360.shtml>
- Responsive Reading: The Free Mind (from Spiritual Freedom), William Ellery Channing <http://uuchristian.org/Articles/Freedom.html>
- Who Speaks of Liberty, Francis Wright <http://bit.ly/1TIN1i1>
- Opening Song: If Every Woman in the World, by Karen MacKay, Hymn #1026 in Singing the Journey. For background, see Karen MacKay’s article “A Matter of Tradition,” published in HOT WIRE, July 1985, pg 14. http://www.hotwirejournal.com/pdf/hw_v1_n3.pdf
- “spiritual”, etymology of http://www.etymonline.com/index.php?term=spiritual&allowed_in_frame=0
- How to Measure Spiritual Commitment (Gallup) <http://bit.ly/1dZYcC4>
- Invictus
 - about Nelson Mandela (The Economist) <http://econ.st/1GjtFa3>
 - the poem, William Ernest Henley <http://www.poetryfoundation.org/poem/182194>
 - Morgan Freeman recites <http://bit.ly/1Fxilpb>
- Essential Spirituality: The 7 Central Practices to Awaken Heart and Mind by Roger Walsh
 - Book (Amazon) <https://www.pinterest.com/pin/327707310355095647/>
 - The seven practices listed (scroll down) <http://bit.ly/1NfFSBt>
 - Podcast <http://bit.ly/1Jfa1Cm>

2015 Sermon and Class Links

Sharing the Good News of General Assembly, Rev Kathleen Owens, June 28 Hillcrest sermon

- Reflection Question: How can you begin to Live this good news?
- Video <https://youtu.be/Km-E4MWnZRE>
- UUA General Assembly <http://www.uua.org/ga>
- Financial Advisor's Report, Larry Ladd <http://www.uua.org/sites/live-new.uua.org/files/finadvisor2015report.pdf>
- Rev. Marlin Lavanhar, UUA GA Service of the Living Tradition (sermon begins at time mark 1:28:36) <http://www.uua.org/ga/virtual/2015/worship/slt>
- President Obama Delivers Eulogy at Charleston Shooting Funeral of Clementa Pinckney [Full Speech] (youtube) <https://youtu.be/RK7tYOvd0Hs>
- UUA Mosaic Makers: Leading Vital Multicultural Congregations <http://www.uua.org/multiculturalism/introduction/mosaic-makers>
- UUA GA Ware Lecture, Rev Dr Cornell West
 - program notes <http://www.uua.org/ga/program/highlights/ware-lecture>
 - video <http://www.uua.org/multiculturalism/ga/ware-west>
- UUA Distinguished Service Award to Rev Clark Olsen (at time mark 1:40:00) <http://www.uua.org/ga/virtual/2015/business/iv>
- UUA District Map <http://bit.ly/1KolBv5>
- UUA Annual Program Fund <http://www.uua.org/giving/apf>
- UUA Amplifying Unitarian Universalism, Rev Mary Katherine Mourn (at time mark 2:11:43) <http://www.uua.org/ga/virtual/2015/business/iv>
- Our Whole Lives (OWL): Lifespan Sexuality Education <http://www.uua.org/re/owl>
- UUA GA 2016 <http://bit.ly/1LRsAKk>

Contemplating Community, Rev Jennifer Channin, July 5 Hillcrest sermon

- Video <https://vimeo.com/132662429>
- Reading (from) The New Colossus, Emma Lazarus
 - Poem <http://www.libertystatepark.com/emma.htm>
 - Wiki https://en.wikipedia.org/wiki/The_New_Colossus
 - Image of <http://www.uh.edu/engines/newcolossus.jpg>
- A Chosen Faith, John A. Buehrens, Forrest Church.
 - (amazon book) <https://www.pinterest.com/pin/327707310355045930/>
 - UUA study guide
- UUA discussion guide <http://www.beacon.org/Assets/ClientPages/AChosenFaithdg.aspx>
- "I Choo-Choo-Choose You"
 - The Simpsons: Season 4, Episode 15, I Love Lisa (11 Feb. 1993) (imdb) <http://www.imdb.com/title/tt0773648/>
 - Video Clip https://www.youtube.com/watch?v=yY_LtUQIHKs
 - Full Episode <http://www.animetoon.eu/the-simpsons-season-4-episode-15>
 - Valentine's Day card <http://blog.deconcept.com/images/2005/02/choo.jpg>
- Fredrick Douglass, The Hypocrisy of American Slavery, July 4 1852 <http://www.historyplace.com/speeches/douglass.htm>
- "This Land is Your Land", Woody Guthrie (song)
 - Lyrics https://www.woodyguthrie.org/Lyrics/This_Land.htm
 - Audio (youtube) <https://www.youtube.com/watch?v=wxiMrvDbq3s>
 - About the song, a PBS interactive documentary <http://www.pbs.org/wnet/americanmasters/this-land/about-the-song/>
 - The Story of ... (NPR) <http://www.npr.org/2000/07/03/1076186/this-land-is-your-land>

2015 Sermon and Class Links

Making Space for Inspiration, Rev Jennifer Channin, July 12 Hillcrest sermon

- Video <https://vimeo.com/133290244>
- Reflection question: How do you create space in your life for contemplation?
- “Our minds are like crows ...”, Thomas Merton, from New Seeds of Contemplation <http://bit.ly/1UUPeHR>
- Mindfulness Meditation (wiki) https://en.wikipedia.org/wiki/Mindfulness#Mindfulness_meditation
- Mindfulness In The Corporate World: How Businesses Are Incorporating The Eastern Practice; (HuffPost) <http://huff.to/1gvRQvP>
- Mindfulness with Jon Kabat-Zinn (youtube) https://www.youtube.com/watch?v=3nwwKbM_vJc
- Anne Lamott on How We Endure and Find Meaning in a Crazy World <http://www.brainpickings.org/2015/01/26/anne-lamott-stitches-hope-1/>
- On Anne Lamott: Put the puppy back on the paper (Merlin Mann) <http://bit.ly/1dUzDX2>
- Yes, Running Can Make You High (NYT) http://www.nytimes.com/2008/03/27/health/nutrition/27best.html?_r=0
- Runner’s High and Creativity <http://bit.ly/1TuKsyW>

Living with Pride, Rev Kathleen Owens, July 19 Hillcrest sermon

- Reflection Question: What is the one thing you can do to grow “good pride”?
- Video <https://vimeo.com/133919761>
- Center Thought, “ ... two kinds of pride ...”, from Pride: A Leader's Greatest Problem, John C Maxwell http://www.stma.org/sites/stma/files/pdfs/pride_a_leaders_greatest_problem.pdf
- Mattachine Society
 - Wiki https://en.wikipedia.org/wiki/Mattachine_Society
 - FBI Archives <https://vault.fbi.gov/mattachine-society>
- The Stonewall Uprising (KPBS) <http://www.pbs.org/wgbh/americanexperience/features/introduction/stonewall-intro/>
- The Stonewall Riots http://www.glbtc.com/social-sciences/stonewall_riots.html
- Did Judy Garland Start a Riot? <http://bit.ly/1HDnWpd>
- San Diego LGBT Pride <https://sdpride.org/>
- Pride, etymology of <http://www.etymonline.com/index.php?term=pride>
- The Normal Heart, Larry Kramer
 - Wiki https://en.wikipedia.org/wiki/The_Normal_Heart
 - Complete play, online (pdf) http://www.jccrochester.org/pdfs/centerstage/Normal_Heart.pdf
- Sweet Darkness (poem), from The House of Belonging, David White http://www.davidwhyte.com/french_sweetdarkness.html
- Let Your Life Speak: Listen for the Voice of Vocation, Parker J Palmer (book) <https://www.pinterest.com/pin/327707310355977913/>

Summer Musings: I Wonder As I Wander, Rev Kathleen Owens, July 26 Hillcrest sermon

- Reflection Question: This week, when can you let yourself wander and wonder”?
- Video <https://vimeo.com/134562340>
- Centering Thought: from Journal of Solitude, May Sarton <http://nothingbythebook.com/2015/04/30/interlude-may-sarton-on-fallowness/>
 - Journal of Solitude (amazon books) <https://www.pinterest.com/pin/327707310363937983/>
- Slavery by Another Name: The Re-Enslavement of Black Americans from the Civil War to World War II, Douglas A. Blackmon (amazon books) <http://amzn.to/1euOVbZ>
- Living Beautifully with Uncertainty and Change, Pema Chodron
 - (amazon books) <https://www.pinterest.com/pin/327707310363938077/>
 - (excerpt) <http://www.dailyom.com/library/000/003/000003022.html>
 - (youtube) <https://www.youtube.com/watch?v=qidBbvU8TXI>
- Wanderlust: A History of Walking, Rebecca Solnit
 - (amazon books) <https://www.pinterest.com/pin/327707310363938147/>

2015 Sermon and Class Links

- (interview with) http://www.believmag.com/issues/200909/?read=interview_solnit
- (article on) <http://www.brainpickings.org/2015/06/03/wanderlust-rebecca-solnit-walking/>
- Benefits of Labyrinth Walking <http://bit.ly/1SK8yn6>
- Walking the Labyrinth: An Exercise in Self-Healing <http://bit.ly/1S9nZdx>

Born Again and Again, Rev Kathleen Owens, August 2 Hillcrest sermon

- Reflection Question: How can you prepare to be born again?
- Video <https://vimeo.com/135200190>
- Centering Thought: "I had seen birth and death but had thought they were different", T.S. Eliot
 - From The Poet as a Christian <http://bit.ly/1IEDUdu>
- Jesus Teaches Nicodemus, John 3 <https://www.biblegateway.com/passage/?search=John+3>
- The Gospel of Nicodemus (Gnostic) <http://www.gnosis.org/library/gosnic.htm>
- Nicodemus (wiki) <https://en.wikipedia.org/wiki/Nicodemus>
- In the beginning was the word: John 1
 - <https://www.biblegateway.com/passage/?search=John+1&version=KJV>
 - John's Prologue as Midrash, from JANT <http://bit.ly/1DjLSsz>
 - The Jewish Annotated New Testament (JANT) (amazon) <http://www.amazon.com/dp/0195297709>
- Of Water and The Spirit, The Duality of Baptism <http://www.onearthsinheaven.com/monkarticle1.html>
- The Kingdom of God
 - Christian [https://en.wikipedia.org/wiki/Kingdom_of_God_\(Christianity\)](https://en.wikipedia.org/wiki/Kingdom_of_God_(Christianity))
 - Christian (denominational variations) [https://en.wikipedia.org/wiki/Kingdom_of_God_\(Christian_denominational_variations\)](https://en.wikipedia.org/wiki/Kingdom_of_God_(Christian_denominational_variations))
 - Unitarian [https://en.wikipedia.org/wiki/Kingdom_of_God_\(Christian_denominational_variations\)#Anabaptists.2C_Early_Unitarians.2C_Dissenters](https://en.wikipedia.org/wiki/Kingdom_of_God_(Christian_denominational_variations)#Anabaptists.2C_Early_Unitarians.2C_Dissenters)
- The First Principle (UUA) <http://www.uua.org/beliefs/what-we-believe/principles/1st>
- The Four Steps to Forgiveness <https://www.psychologytoday.com/blog/in-therapy/200909/four-elements-forgiveness>

I Brought My Spirit to the Sea: Return as Renewal, Rev Ian W Riddell, August 9 Hillcrest sermon

- Reflection Question: What familiar things in my life do I need to see with new eyes?
- Video <https://vimeo.com/135814753>
- Centering Thought: "We shall not cease from exploration/And the end of all our exploring/ Will be to arrive where we started/ And know the place for the first time." T.S. Eliot
 - From Little Gidding <http://www.columbia.edu/itc/history/winter/w3206/edit/tseliotlittlegidding.html>
- Reading from "The Dispossessed," Ursula K. Le Guin
 - Complete, on line <http://theanarchistlibrary.org/library/ursula-k-le-guin-the-dispossessed>
 - Amazon book <https://www.pinterest.com/pin/327707310364109773/>
- Lewis C. K (comedian)
 - "We can't stand being along ..." <https://www.youtube.com/watch?v=5HbYScIlf1c>
 - youtube channel https://www.youtube.com/results?search_query=Louis+C.K.
- Music references:
 - "Promenade" from "Pictures At An Exhibition", Modest Mussorgsky <http://bit.ly/1J1zmzW>
 - "The Old Castle" from "Pictures At An Exhibition", Modest Mussorgsky, <http://bit.ly/1eYbxLB>
 - "Rondo" by W.A. Mozart, Divertimento in C major <https://www.youtube.com/watch?v=sdsjYIBlswU>
- Staying Awake, Ursula K L Guin (Harper's Mag article, pdf) <http://bit.ly/1OZTqRC>
- James Baldwin
 - A Letter to My Nephew <http://www.progressive.org/news/2014/12/5047/letter-my-nephew>
 - Amazon book <https://www.pinterest.com/pin/327707310364110036/>

2015 Sermon and Class Links

- Between the World and Me, Ta-Nehisi Coates
 - (Amazon book) <https://www.pinterest.com/pin/327707310364110100/>
 - Atlantic Magazine <http://theatlntc.com/1Tb15Wg>

Healing a Broken World, Rev Roger Bertschausen, August 23 guest Hillcrest sermon

- Reflection Question: What is a revolutionary love was our only creed? – Rev Jaqui Lewis
 - Lewis, Huff Post Blogs <http://www.huffingtonpost.com/the-rev-jacqueline-j-lewis-phd/>
- Guest Rev Roger Bertschausen: advocate for change and inclusion <http://post.cr/1V303GK>
- Video <https://vimeo.com/137077375>
- Centering Thought: “From too much love of living, hope and desire set free, even the weariest river winds somewhere to sea.” – Denise Levertov
<https://twitter.com/carlolight/status/362777482065215488>
- Reading from Beginners, Denise Levertov (complete poems) <http://kzoo4peace.org/?p=354>
- Black Live Matter (we site) <http://blacklivesmatter.com/>
- Rev Jaqui Lewis http://day1.org/4522-the_rev_dr_jacqueline_lewis
- Appleton’s Black History Exhibition <http://www.wpr.org/appleton-unveil-museum-exhibit-devoted-regions-black-history>
- “Never doubt ...”, Mead <http://www.brainyquote.com/quotes/quotes/m/margaretme100502.html>
- “Impatient with justice ...”, from Letter from a Birmingham Jail, MLK
http://www.africa.upenn.edu/Articles_Gen/Letter_Birmingham.html
- “We are given ...”, Nishmat (poem), from The Art of Blessing the Day, “ Marge Piercy (2nd poem)
<http://www.thelanterngroup.org/epiphany-words.html>

Laboring Together, Ministerial Staff, September 6 Hillcrest sermon

- Rev Kathleen Owens, Lead Minister; Rev Ian W Riddell; Minister of Music and Worship Arts; Dr Melissa James, Director of Children and Family Ministry; Megan Dowdell and Tania Marquez, Interns
- Sermon Video <https://vimeo.com/138473199>
- Gathering Thought: Quotes by William Sloan Coffin
https://en.wikiquote.org/wiki/William_Sloane_Coffin
- Reflection Question: With whom will you join to make a difference?
- ¡Si, Se Puede! / Yes, We Can!: Janitor Strike in L.A. (English and Spanish Edition), Diana Cohn (amazon) <https://www.pinterest.com/pin/327707310364490424/>
- History of ¡Si Se Puede! (UFW)
http://www.ufw.org/board.php?mode=view&b_code=cc_his_research&b_no=5970

Invisible Harbors, Megan Dowdell, Intern Minister, September 13 Hillcrest sermon

- Gathering Thought: “Would you harbor me? Would I harbor you?”
- Reflection Question: How can we harbor each other?
- Sermon Video <https://vimeo.com/139144646>
- Song: Would you Harbor Me?, Ysaye Barnwell
 - Youtube; <https://www.youtube.com/watch?v=ChkDvZXFTys>
 - Lyrics <http://www.uua.org/re/tapestry/adults/river/workshop2/175666.shtml>
- UUA: Belonging: The Meaning of Membership – A Report by the Commission on Appraisal
<http://www.uua.org/sites/live-new.uua.org/files/documents/coa/belonging.pdf>
- Solitude and Community, a frequent topic of Parker Palmer blogs
<http://www.couragerenewal.org/podcast/>
- The Big Lebowski, Ashes Scene (youtube) <https://www.youtube.com/watch?v=u44D3qKKGPU>

2015 Sermon and Class Links

A Time For Turning: Celebrating Rosh Hashanah, Rev Kathleen Owens, Lead Minister, September 20 Hillcrest sermon

- Gathering Thought: “Forgiveness does not change the past, but it does enlarge the future.” – Paul Boese
- Reflection Question: Who do you need to talk with?
- Sermon Video <https://vimeo.com/139873768>
- Reading: “On Turning, (adapted), Jack Riemer (pdf) <http://bit.ly/1KoJNeB>
- What is Rosh Hashanah? <http://bit.ly/1Ks1JTM>
- What is Yom Kippur? <http://bit.ly/1FVTgpK>
- World Religions Sermon Series (videos) <https://vimeo.com/album/3573303>
- The Jewish Covenant <http://www.faithology.com/beliefs/the-jewish-covenant>
- Sources of Our Faith, Kathleen Rolenz (book) <https://www.pinterest.com/pin/327707310359640047/>
- “... like the string of a harp ...”, Jacob Trapp (in A Chosen Faith) <http://bit.ly/1NMGgKW>
- Covenants are Foundational, UUA <http://www.uua.org/governance/covenant>
- Seven Principles of UU (UUA) <http://www.uua.org/beliefs/what-we-believe/principles>
- Our Sources (UUA) <http://www.uua.org/beliefs/what-we-believe/sources>
- A Jewish Perspective on Forgiveness (pdf) <http://bit.ly/1NMMH3f4>
- Matthew 5-7: Sermon on The Mount <https://www.biblegateway.com/passage/?search=Matthew+5-7&version=NIV>
- What are the High Holy Days? <http://bit.ly/1QRwYfa>
- What is The Book of Life (wiki) https://en.wikipedia.org/wiki/Book_of_Life
- The Book of Common Prayer (online, complete) <http://www.bcponline.org/>
- “... we have left undone ...” Confession from Morning Prayer, Book of Prayer <http://www.episcopalnet.org/1928bcp/FBSMP.html>
- New Year at the Pier: A Rosh Hashanah Story, April Halprin Wayland (book) <https://www.pinterest.com/pin/327707310364685097/>

Answer “Yes!”, Rev Jennifer Channin, Assistant Minister, September 27 Hillcrest sermon

- Gathering Thought: “When you are discontent, you always want more, more, more. Your desire can never be satisfied. But when you practice contentment, you can say to yourself, Oh yes - I already have everything that I really need.” — Dalai Lama
- Reflection Question: To what does your heart say “yes”?
- Sermon Video <https://vimeo.com/140598059>
- Yom Kippur <http://bit.ly/1FVTgpK>
- Genesis I: The Creation Story <https://www.biblegateway.com/passage/?search=Genesis+1>
- The Serenity Prayer (original, full text) <http://www.sandersweb.net/ed/OriginalSerenityPrayer.html>
- What is Goth? <http://www.whatisgoth.com/>
- San Diego Organizing Project <http://www.sdop.net/>
- Encyclical Letter “Laudato Si” of the Holy Father Francis on “Care For Our Common Home” <http://bit.ly/1OBp37e>
 - Summary <http://bit.ly/1WnHjTb>

Learning the Joy of Letting Go, Rev Kathleen Owens, Lead Minister, October 4 Hillcrest sermon

- Gathering Thought: “Some of us think holding on makes us strong; but sometimes it is letting go.” — Hermann Hesse
- Reflection Question: What will you let go of this week?
- Sermon Video <https://vimeo.com/141348868>
- Let It Go, Sing-Along, from Frozen (youtube) <https://www.youtube.com/watch?v=L0MK7qz13bU>
- A Time For Turning: Celebrating Rosh Hashanah (Forgiveness), Rev Kathleen Owens, Lead Minister, September 20 Hillcrest Sermon Video <https://vimeo.com/139873768>
- “Muhammad did not create a new religion ...”, from Muhammad and the Quran: Messenger and Message, (mich.edu) <http://bit.ly/1iWSFP7>
- The Five Pillars of Islam, <http://bit.ly/1FQM6YZ>

2015 Sermon and Class Links

- The Salaat (Prayer) (youtube) <https://www.youtube.com/watch?v=kScrL8m1qMs>
- The Meaning and Evolution of the Word 'Mosque', <http://bit.ly/1FQNKdg>
- California Proposition 8, history of <http://bit.ly/1WGAQD4>
- The Book of Jonah
 - Chapter 1: Jonah Flees from the Lord
<https://www.biblegateway.com/passage/?search=Jonah+1>
 - Chapter 2: <https://www.biblegateway.com/passage/?search=Jonah+2>
 - Chapter 3: Jonah Goes to Nineveh
<https://www.biblegateway.com/passage/?search=Jonah+3>
 - Chapter 4: Jonah's Anger at the Lord's Compassion
<https://www.biblegateway.com/passage/?search=Jonah+4>
- Forrest Church, PBS, Religion and Ethics
 - Forrest Church Profile <http://to.pbs.org/1Lrtul0>
 - Interview by Bob Abernathy (text of) <http://to.pbs.org/1WGBFM9>
- Freedom From Fear: Finding The Courage to Act, Love, and Be; Forrest Church (book)
<https://www.pinterest.com/pin/327707310364876372/>

Fear and Love: The Doctor, the Gospel, and the Universalist, Rev. Ian W. Riddell, Minister of Music and Worship Arts, Oct 11 Hillcrest sermon

- Gathering Thought: "Don't lie, and don't do what you hate, because all things are disclosed before heaven. After all, there is nothing hidden that will not be revealed, and there is nothing covered up that will remain undisclosed" — The Gospel of Thomas
- Reflection Question: What do you see inside that you can bring out with love?
- Sermon Video <https://vimeo.com/142083900>
- The Matrix, The Pill Scene (youtube) <https://www.youtube.com/watch?v=s-rKWkVecJ4>
 - Analysis of <http://matrix.wikia.com/wiki/Redpill>
- Lenses of Analysis http://www.wwnorton.com/college/polisci/lenses/protect/main_intro.htm
- Forrest Church
 - Love and Death: My Journey Through the Valley of the Shadow, 2008 UUA GA
<http://www.uua.org/ga/past/2008/commonthreads/115714.shtml>
 - Sermons
 - Freedom From Fear
<http://www.allsoulsnyc2.org/publications/sermons/fcsermons/freedom-from-fear.html>
 - Fear Itself <http://www.allsoulsnyc2.org/publications/sermons/fcsermons/fear-itself.html>
- The danger of a single story: Chimamanda Ngozi Adichie (TEDTalk) <http://bit.ly/1jpcBdW>
- Religion and Doctor Who: Time and Relative Dimensions in Faith (book) <http://amzn.to/1PoD1ZK>
- "You don't know what's going to be in your room until you see it." Dr Who: The God Complex
 - Script <http://www.planetclaire.tv/quotes/doctorwho/series-six/the-god-complex/>
 - Youtube full episode <https://www.youtube.com/watch?v=yDke6cKMtnY>
- The Gospel of Thomas
 - History of (wiki) https://en.wikipedia.org/wiki/Gospel_of_Thomas
 - Full text <http://gnosis.org/naghamm/gthlamb.html>
- Beyond Belief, The Secret Gospels of Thomas, Elaine Pagels
<https://www.pinterest.com/pin/327707310359179726/>

Growing our Caring Communities: Mental Health Awareness, Rev. Kathleen Owens, Lead Minister, October 18 Hillcrest sermon

- Gathering Thought: "Mental health is often missing from public health debates even though it's critical to well being." — Diane Abbott
- Reflection Question: How can you be part of growing this caring community?
- Sermon <https://vimeo.com/142811417>
- Mental Illness Awareness Week <https://www.nami.org/miaw>

2015 Sermon and Class Links

- Mental Illness (sermon), Rev Sharon Dittmar <http://www.firstuu.com/sermons/2013/04/040713.pdf>
- Seven Principles (UUA) <http://www.uua.org/beliefs/what-we-believe/principles>
- Bringing Mental Illness Into Light, Higher Education and Ministry <http://www.gbhem.org/article/bringing-mental-illness-light>
- Mental Illness and Families of Faith: Rev Susan Gregg-Schroeder <http://bit.ly/1Ki8Ufu>
- Mental Health Ministries (brochure), Rev Susan Gregg-Schroeder <http://bit.ly/1GddnoY>
- Standing on The Side of Love <http://www.standingonthesideoflove.org/>
- Boldly Co-Existing with Mental Illness, Rev Adam Gerharpstein's story <http://bit.ly/1MN3PIS>
- Caring Ministry Team and Practical Care Network at First Church (webpage) <http://www.firstuusandiego.org/caring>
- Malcom Boyd quotes http://www.brainyquote.com/quotes/authors/m/malcolm_boyd.html

Taking The Leap, Rev Jennifer Channin, Assistant Minister, October 25 Hillcrest sermon

- Gathering Thought: "As great scientists have said and as all children know, it is above all by the imagination that we achieve perception, and compassion, and hope" — Ursula K. Le Guin
- Reflection Question: How is the world different from what you once expected?
- Sermon Video https://youtu.be/l646kGIWC_s
- Reading from Aniara, Harry Martinson
 - About <http://www.zenker.se/Books/aniara.shtml>
 - Wiki <https://en.wikipedia.org/wiki/Aniara>
 - Summary and analysis http://www.ips-planetarium.org/?page=a_ottandbroman1988
 - Book (at Amazon) <https://www.pinterest.com/pin/327707310365171836/>
- Paradises Lost, Ursula Le Guin
 - Excerpts http://www.ursulaklequin.com/Birthday_Excerpts.html#Paradises
 - Video clips from opera <http://www.stephenandrewtaylor.net/paradiseslost.html>
 - From The Birthday of The World, book at Amazon <https://www.pinterest.com/pin/327707310365171992/>
- Seven Generation Sustainability / Principle
 - Wiki https://en.wikipedia.org/wiki/Seven_generation_sustainability
 - Our Mother Earth, Oren Lyons http://www.worldwisdom.com/public/viewpdf/default.aspx?article-title=Our_Mother_Earth_by_Oren_Lyons.pdf
 - Fund for Indigenous Peoples, Oren Lyons <http://www.7genfund.org/oren-lyons>
 - A New Myth https://www.nas.org/articles/Seventh_Generation_Sustainability_-_A_New_Myth
- Martha Nussbaum
 - Poetic Justice: The Literary Imagination and Public Life, book at Amazon <https://www.pinterest.com/pin/327707310365172175/>
 - Review of, NYT <http://www.nytimes.com/1996/04/07/books/moral-fiction.html?pagewanted=all>
 - Interview with Bill Moyers <https://www.brainpickings.org/2014/03/14/martha-nussbaum-bill-moyers-world-of-ideas/>
- Utopian and Dystopian Fiction (wiki) https://en.wikipedia.org/wiki/Utopian_and_dystopian_fiction and <http://www.tor.com/2011/04/11/dystopian-fiction-an-introduction/>
- The Hunger Games, Trilogy ((books at Amazon) <https://www.pinterest.com/pin/327707310365172443/>
- Current Dystopian Movies:
 - Martian <http://www.imdb.com/title/tt3659388/>
 - Interstellar <http://www.imdb.com/title/tt0816692/>
 - The Traveler <http://www.imdb.com/title/tt4352220/>
 - Visit our First Church Muovies Pinterest page <https://www.pinterest.com/firstuusandiego/muovies/>
- An Interfaith Forum of Climate Justice <http://sandiegofreepress.org/2015/09/answering-earths-call-an-interfaith-forum-on-climate-justice/>

2015 Sermon and Class Links

- Mars One (website) <http://www.mars-one.com/>

Come Spirit Come, Rev Jennifer Channin, Assistant Minister, November 1 Hillcrest sermon

- Gathering Thought: “Some people are you relatives but others are your ancestors, and you chose the ones you want to have as ancestors. You create yourself out of those values.” — Ralph Ellison
- Reflection Question: Which spirits would you call forth for guidance, wisdom, and protection?
- Sermon Video <https://vimeo.com/144301308>

The Giving of 4 Ts, Rev. Kathleen Owens, Lead Minister, November 8 Hillcrest sermon

- Gathering Thought: ““Reconsider your definitions. We are prone to judge success by the index of our salaries or the size of our automobiles rather than by the quality of our service and relationship to humankind” — Rev. Dr. Martin Luther King, Jr., 1929 – 1968
- Reflection Question: Which “T” will you invest in during this season?
- Sermon Video <https://vimeo.com/145163985>
- Time, Talent, and Treasure (origin) http://www.answers.com/Q/Where_did_phrase_time_talent_and_treasure_come_from
- “Reconsider ...”, MLK <http://quodid.com/quotes/2626/martin-luther-king-jr/reconsider-your-definitions-we-are-prone-to-judge>
- Our Second Principle (UUA) <http://www.uua.org/beliefs/what-we-believe/principles/2nd>
- Our Generosity Offerings (complete list) <https://www.pinterest.com/firstuusandiego/our-generosity-donations/>
- UUniforms at First Church
 - Facebook <https://www.facebook.com/UUUniforms>
 - Pinterest <https://www.pinterest.com/firstuusandiego/uuniforms/>
- Gratitude Circle, Jane E Mauldin (UUA) <http://www.uua.org/worship/words/reading/110052.shtml>
- Breathe In My Life, Breathe Out My Gratitude, Parker Palmer (Wendell Barry’s On Being) <http://www.onbeing.org/blog/parker-palmer-breathe-in-my-life-breathe-out-my-gratitude/7799>

Kindness as a Saving Spiritual Practice, Rev. Ian W. Riddell, Minister of Music and Worship Arts, Nov 15 Hillcrest sermon

- Gathering Thought: “When I was young, I admired clever people. Now that I am old, I admire kind people.” — Abraham Joshua Heschel
- Reflection Question: How would kindness change this situation?
- Sermon Video <https://vimeo.com/145808872>
- Friendship, Ralph Waldo Emerson (essay) <http://www.emersoncentral.com/friendship.htm>
- “kindness”, etymology of <http://bit.ly/1SuQrCq>
- The Velveteen Rabbi (blog) <http://velveteenrabbi.blogs.com/blog/>
- Resources for Happiness, Love, and Wisdom, Rick Hanson <http://www.rickhanson.net/writings/wise-brain-bulletin/>
 - On Kindness <http://www.rickhanson.net/kindness/>
- Micah 6:8, “... walk humbly with your god ...” <https://www.biblegateway.com/passage/?search=Micah%206&version=NIV>
- Loving Kindness in the Torah <http://bit.ly/1RXMXs8>
- Hasidism (wiki) <https://en.wikipedia.org/wiki/Hasidim>
- Karaniya Metta Sutta: The Buddha’s Words on Loving-Kindness <http://www.accesstoinight.org/tipitaka/kn/snp/snp.1.08.amar.html>
- Lovingkindness, Pema Chödrön <http://noaimiloa.livejournal.com/6121.html>
- 1st Principle (UUA) <http://www.uua.org/beliefs/what-we-believe/principles/1st>
- Kindness (poem) from Words Under the Words, Naomi Shihab Nye <https://www.poets.org/poetsorg/poem/kindness>
- Quotes on Love and Hate, Neil Gaiman <http://blog.gaiam.com/quotes/authors/neil-gaiman>
- Street Loving Kindness, Sharon Salzberg (video) <http://www.sharonsalzberg.com/street-lovingkindness-video-meditation/>

2015 Sermon and Class Links

The Name of The Tree, Multigenerational Service, Nov 22 Hillcrest

- Leaders: Rev Ian W. Riddell, Minister of Music and Worship Arts; Dr Melissa James, Director Children and Family Ministry
- Today's Story: The Name of the Tree: A Bantu Tale, Retold by Celia Barker Lottridge.
 - (Amazon Affiliate Book) <https://www.pinterest.com/pin/327707310365528783/>
 - (As told by Odds Bodkin, YouTube Video)
 - Pt I <https://www.youtube.com/watch?v=j5-f3heo1hl>
 - Pt II <https://www.youtube.com/watch?v=e7hWO2Slj2w>

Faith at Five Thousand Feet, Megan Dowdell, Intern Minister, Nov 29 Hillcrest sermon

- Gathering Thought: "To look back on the stony plain along the road, which led one to that place is not at all the same thing as walking on the road: the perspective, to say the least, changes only with the journey" — James Baldwin, Go Tell It On the Mountain
- Reflection Question: Who is traveling with you on your life's journey?
- Sermon Video <https://vimeo.com/147263643>
- Go Tell It On the Mountain, James Baldwin (Amazon Affiliate Book) <https://www.pinterest.com/pin/327707310365641930/>
- The Barstow Station <http://www.barstowstation.net/>

How Much Longer Must We Wait, Rev Jennifer Channin, Assistant Minister, Dec 6 Hillcrest sermon

- Gathering Thought: "We must accept finite disappointment, but never lose infinite hope." - MLK
- Reflection Question: What has gotten you through times when you felt hopeless?
- Sermon Video <https://vimeo.com/148031013>
- Theodore Parker
 - and the Moral Universe (NPR) <http://www.npr.org/templates/story/story.php?storyId=129609461>
 - quotation origins <http://quoteinvestigator.com/2012/11/15/arc-of-universe/>
 - Ten Sermons on Religion (complete, online) <http://babel.hathitrust.org/cgi/pt?id=hvd.32044014665814;view=1up;seq=7>
 - "... the arc ..." quote <http://babel.hathitrust.org/cgi/pt?id=hvd.32044014665814;view=1up;seq=80>
- Interfaith Shelter Network of San Diego <http://interfaithshelter.org/>

Once Upon a Time, Rev Kathleen Owens, Lead Minister, Dec 20 Hillcrest Solstice sermon

- Sermon Video <https://vimeo.com/152776924>

A New Life Dawns, Rev Kathleen Owens, Lead Minister, Jan 3 2016 Hillcrest New Year's sermon

- Gathering Thought: "I have always delighted at the prospect of a new day, a fresh try, one more start, with perhaps a bit of magic somewhere behind the morning." — JB Priestly
- Reflection Question: How shall you begin?
- Sermon Video <https://vimeo.com/152779223>

Embracing Welcome, Megan Dowdell, Intern Minister, Jan 10 2016 Hillcrest sermon

- Sermon Video <https://vimeo.com/152780831>

#BlackLivesMatter, One Year Later, Rev Jennifer Channin, Assistant Minister, Jan 17 2016 Hillcrest sermon

- With Roar With SOUL members Tony Brumfield and Jan Carpenter Tucker
- Gathering Thought: "When Black people get free, everybody gets free" — Alicia Garza, one of three black women who created #BlackLivesMatter
- Reflection Question: How has Black Lives Matter touched your life?
- Sermon Video <https://vimeo.com/152781819>

2015 Sermon and Class Links

The Diversity of Evil, Rev Kathleen Owens, Lead Minister, Jan 24 2016 Hillcrest sermon

- Gathering Thought: “There is some good in the worst of us and some evil in the best of us. When we discover this, we are less prone to hate our enemies.” — Martin Luther King, Jr.
- Reflection Question: What help you expand the good?
- What is Evil, UU World <http://www.uuworld.org/articles/stub-56531>
- The Stanford Prison Experiment (movie, IMDB) <http://www.imdb.com/title/tt0420293/>
- Self-Culture, William Ellery Channing <http://www.americanunitarian.org/selfculture.htm>
- Sermon Video <https://vimeo.com/152916502>

Visit the First Church website at <http://www.firstuusandiego.org>

To financially support our values, please go to <http://bit.ly/k5NVRm>. Thank you.

End of List