

Calendar of Events

Sunday, March 3, 2024

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall.
Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am,
bit.ly/FirstUUSocialHour, Meeting ID 824
042 297. Password: FUUSD.

Celebrate the Coming of Spring with a Dip

of Ice Cream, that is. The youth and Friends
of de Benneville Pines will be holding the
March Ice Cream Social in Bard Hall after the
service Sunday, March 3. Help send a youth
to camp this summer. Cash only.

Board Chat

March 3, first Sundays, 12:30 pm,
bit.ly/FirstUUBoardChat, Meeting ID: 863
0218 5062 Passcode: 203946.

Hillcrest Song Circle

March 3, first Sundays, 2 pm — 4 pm, Room
323. Bring your guitar/and or voice.
Wombated@gmail.com or
cmack5913@gmail.com.

First UU SD presents A Celebration of Song

March 3, Sunday, 4 pm, Meeting House. Join
us as our church's musical ensembles share
music to uplift and inspire. The concert will
feature Las Campanas Handbell Ensemble,
the South Bay Singers, the JUUL Tones, the
Women's Choir, and the Chalice Choir.
Refreshments will be served at intermission.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall.
margewur@gmail.com.

Monday, March 4, 2024

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, March 5, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm. Contact [Lara](#) for
location info.

Wednesday, March 6, 2024

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, March 7, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay
Campus Room 105. Join us putting together
bags of healthy food for Saturday's distribution.
foodpantry@firstuusandiego.org.

Upcoming Events

Memory Matters Gathering

March 8, second and fourth Fridays, 10 am —
11:30 am, online. This is a place for those who
worry about memory problems care partners.
Email hybertsen@att.net for the link.

Women Together Meeting

March 9, second Saturdays, 12 pm — 2 pm,
Bard Hall, (not the Common Room). Contact
Claudia obata.claudia@gmail.com.

Dances of Universal Peace

March 9, second Saturdays, 4 pm — 6 pm,
Bard Hall.

Kirtan Chanting

March 9, second Saturdays, 6 pm — 7 pm,
Common Room. Join Patita Pavana of Spirit
Soul And Friends along with our event host,
James Long, for an evening of uplifting Kirtan.

Rainbow Action Group's Koffee Klatch

March 10, second Sundays, 11:15 am — 12:15
pm, Room 323. All family, friends and allies are
invited.

Cosmos

March 10, second Sundays, 1 pm — 3 pm,
room 323. The only prerequisite is an open
heart and mind. Contact [James Long](#) for
information.

Coping With Chronic Conditions Support Group

March 11, Mondays (second & fourth), 1:30 pm
— 3 pm, Zoom. Contact Chris Smith at
619-300-7477 or [email](#).

Caregivers/Allies Support Group

March 11, second Mondays & fourth
Tuesdays, 4 pm — 5:30 pm, online. For
information contact [Les Vivian](#).

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.

Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

March's Monthly Theme: Transformation

"The Gifts of Transformation"

Rev. Kristen Kuriga, *Assistant Minister*

Marshall Voit, *Music Director*

Tomás Acosta, *Collaborative Pianist*

Sunday, March 3, 2024

10 am Hillcrest Meeting House with Patio Viewing



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit firstuusandiego.org for more information

Bell / Campana

— Rev. Kristen Kuriga, *Assistant Minister*

Prelude / Preludio

“Chorus Mysticus” — Wilhelm Peterson-Berger

Call to Worship and Chalice Lighting / Llamado a la adoración y encendido del cáliz

“Thresholds” — Arlen Goff

Gathering Hymn / Himno de reunión

#347 “Gather the Spirit”

Words of Welcome and Land Acknowledgment / Palabras de bienvenida y reconocimiento de tierra

Church Hymn and Aspiration / Himno y Aspiración de la iglesia

Time for All Ages & Affirmation / Tiempo para todas las edades y afirmación

“Peaceful Piggy Meditation” — Kerry Lee MacLean
~ Tony Bianca, *Director of Lifespan Faith Formation*

Offering Words / Ofrecimiento de palabras

Offering Music / Ofreciendo música

“E’s Nigun” — Dan Nichols

Invitation / Invitación

— Rev. Kristen Kuriga

Hymn / Himino

#1013 “Open My Heart”

Reading / Lectura

“A New Kind of Bucket List” — Andrea Gibson

Hymn / Himino

#388 “Dona Nobis Pacem”

Sharing / Intercambio

What is on your inner bucket list?

Labyrinth Meditation / Meditación Laberíntica

Hymn / Himino

#23 “El alma que anda en amor”

Prayer / Oración

“The Most Important Thing” — Julia Fehrenbacher

Closing Hymn / Himno de clausura

#1057 “Go Lifted Up”

Blessing and Extinguishing of the Chalice / Bendición y extinción del cáliz

Postlude / Postludio

“Adagio” — Eugenie Rocherolle

Church Hymn

From all who dwell
below the skies,
Let faith and hope
with love arise,
Let beauty, truth, and
good be sung,
Through ev’ry land,
by ev’ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian
Universalists, a people of
open minds, loving hearts,
and welcoming hands.

Somos Unitarios
Universalistas, personas de
mentes abiertas, corazones
amorosos, y manos que dan
la bienvenida.

Church Aspiration

May love be the spirit of this
church,
May the quest for truth be its
sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in
freedom,
And to help one another in
fellowship,
This is our Aspiration.

Que el amor sea la doctrina
de esta iglesia, la búsqueda
de la verdad su sacramento,
y el servicio su oración.
Vivir juntos en paz, buscar la
verdad con libertad,
y ayudarnos mutuamente en
comunidad, a eso aspiramos.

***Our sign language interpreter today is Paul Lambert
** Join us for In Person Hillcrest Social Hour after Worship*

*** Join us for Virtual Social Hour at 11 am
<https://bit.ly/FirtUUSocialHour>*